Are you sinking into despair and gloom?
Well don’t give up – just own the room!
Goodbye to sinking, hello to syncing.

#ThatSyncingFeeling

All you have to do is record a video of yourself lip syncing for less than a minute, post it on Instagram, Twitter, Facebook or TikTok and challenge a friend to do the same.

We ask each contributor to donate a minimum of £5 to our Appeal on Just Giving: https://www.justgiving.com/campaign/thatsyncingfeeling so that we can continue to provide a service to local families schooling a sight impaired child and to vulnerable adults with sight and hearing loss who need help to cope during this crisis.

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