Archbishop Holgate's School

A Church of England Academy Founded 1546

Pathfinder Multi Academy Trust

School Newsletter 457

Values – Care – Achievement

Thursday 1 December 2022

Executive Head's Introduction

Dear Parents and Carers,

I would like to thank everyone who attended the Year 8 Progress Evening yesterday, we appreciate all the positive feedback received during the evening, not least for the efforts of our Student Leaders who assisted with the Parent View survey.

We understand that many families may be facing financial pressures at the moment. If you would like to discuss anything money related which could include trips, meals, school uniform or access to computers, please email the school, confidentially, via financialsupport@ahs.pmat.academy where we will try our best to support families through these difficult times.

A reminder about our pre-loved uniform shop and the school Unity Fund. The pre-loved uniform shop can be accessed via the link below and if families require support from the Unity Fund please email either gstainsby@ahs.pmat.academy or krobinson@ahs.pmat.academy for more information: https://app.uniformd.co.uk/items/172

Everyone is invited to our Minster Carol Service next Wednesday, 7 December, in York Minster. We plan to open the doors at 7.00pm for a 7.30pm start.

During the final week of term, we will be running a whole-school roller skating event for students as a reward for all their hard work. If you wish for your child to take part, please consent by following the link here before Wednesday 7 December.

AHS wins prestigious School of the Year Award at the 2022 BTEC Awards

We are pleased to announce that the school has been recognised and awarded for its contribution to vocational learning by being awarded BTEC School of the Year 2022. During the award ceremony in London, SVP for Vocational Qualifications and Training, Freya Thomas Monk, stated:

'This year's BTEC School of the Year is blazing a trail. Archbishop Holgate's School is a true pioneer in bringing vocational learning to life outside the classroom, enriching student life in countless ways.

The judges were especially impressed with the school's dedication to deepening the learning experience by integrating it into the wider world, bringing students into the community and local businesses and services into the classroom.

Recently described by Ofsted as 'an exceptional place for pupils to learn' with 'compassion, forgiveness and trust' at the heart of its values.'

Head of Vocational Learning, Mrs Kitney, was extremely proud to collect the award on behalf of the school and stated how proud she was to work alongside staff who really go above and beyond to provide exceptional learning experiences for students.

A range of outstanding vocational courses can be undertaken at Archbishop Holgate's School, both at GCSE and A Level equivalent levels. Vocational learning at AHS widens the skills that students have and enables them to develop a range of transferable skills away from a traditional classroom environment.'

Food for Thought

This week during Form Tutor Collective Worship we have used material produced by the Archbishops' Young Leaders Award for the Advent journey to Christmas. Our daily quotes this week have focussed on 'an Invitation to Search' - searching for Truth.

"One must know oneself. If this does not serve to discover truth, it at least serves as a rule of life and there is nothing better."

Blaise Pascal, 17C French mathematician, physicist, inventor, philosopher and Catholic writer

To receive the daily Thought for the Day straight to your phone or other electronic device sign up to @AHSChaplaincy on Twitter.

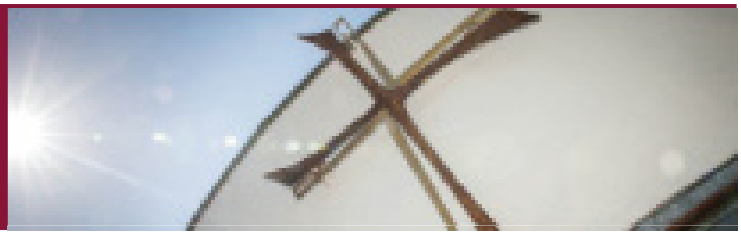
AHS Feedback

We welcome all feedback and thank all parents for their valuable contributions. If you have a query or simply an observation about the school please complete the form online.

Social Media

Please follow us on Twitter @AHSYork or Facebook to keep up to date with the latest news and events!

This Week's School News



York Civic Trust
Secondary Public Speaking Competition

Last week, Simeon Dean (8SMf) and Hannah Birkinshaw (9ECe) represented Archbishop Holgate's in the York Civil Trust Secondary Public Speaking Competition. The participants were provided with a list of topic questions, and Hannah and Simeon chose the following to investigate...

'When the Amazon Rainforest is being destroyed, is there any point in aiming for zero carbon emissions in a small city like York?'

Hannah and Simeon argued that whilst York may be a small city, it could and should be a beacon of hope for other cities across the world in helping to reverse the impacts of climate change. Furthermore, the pair discussed how we can take inspiration from York's past, present and future to promote green sustainability across the UK and beyond.

Both Simeon and Hannah had worked very hard in preparation for the event; researching, structuring, writing and rehearsing their speech. We are so proud of their performance and they were outstanding ambassadors for the school! As you can appreciate, public speaking is something that takes a lot of courage, Hannah and Simeon not only performed exceptionally well, but they took a lot of confidence out of the experience. Following the event, both students received a certificate from the Lord Mayor of York for their participation.

Their speech was also an introduction to a recent York Press article about the event, which can be found here.

We are incredibly proud of both Hannah and Simeon and they represented the school superbly throughout the course of the evening.

Upcoming Events

Fri 2 Dec	Christmas Fayre, 5.00-7.00pm
Wed 7 Dec	Carol Service, York Minster, 7.00 for 7.30pm
Thu 8 Dec	Christmas Dinner
Wed 14 Dec	Y13 Progress Evening
Fri 16 Dec	School finishes for Christmas Holidays, 12.15pm
Tue 3 Jan	Students return

Liverpool Gallery Trip

Last week 58 Year 10 GCSE Art & Design students visited The Tate and Walker galleries in Liverpool. They were treated to a wide range of artworks, seeing pieces from Pablo Picasso, Salvador Dali and Claude Monet through to modern masters such as David Hockney and Lucian Freud. Many of the students enjoyed the Art of the Terraces exhibition which saw a range of modern artists responding to football fashion. The highlight of the day was the opportunity to experience the Turner Prize exhibition at The Tate with the work of Heather Phillipson being a particular favourite amongst our students who all voted for their favourite at the end of the exhibition.

Physical Wellbeing

As part of our afternoon registration sessions last week, we were discussing habits and goals in relation to our levels of exercise. Students were trying to find easy ways of implementing more exercise into their daily lives to meet the recommended amount of exercise for their age group, which is an average of 60 minutes a day over a week. They were given several options to consider depending on whether they preferred trying a new class, joining a school club, finding something completely different to try or getting around in a more active way. They set themselves 6 things to try and complete for 30 days to see if they could develop a new healthy habit. As part of their options, they could try to complete the Archbishop's 30 day Physical Wellbeing Challenge. A copy is included with this newsletter, so maybe families could try and complete them together. Choose appropriate exercises from each of the three sections and complete one every day in December. Leading a healthy, active lifestyle has a significant impact on physical, social and mental wellbeing and, therefore, we feel it important for students to think carefully about how they can create these healthy habits.

Next half term our focus will be on Attention and Awareness when we look at how healthy our diets are and how they can be improved.

WOW! word of the week

Advent: noun - The arrival of a notable person or thing. "The advent of television."

Tweet OF THE WEEK

@AHSChaplaincy - Lots of thoughtful questions from @AHS_Year9 to @john59thomson. Everything from his faith journey and calling as a Bishop, to a wide variety of moral issues.

Message from Head of Year 11

This week has seen Year 11 undertake their first week of mock exams. This has been a very challenging and tiring week for the students, but they have conducted themselves very well and shown real resilience to the very demanding exam timetable. It's been lovely to see so many arrive early to have a cup of coffee, tea or hot chocolate in the morning before their exams. I know many have been grateful for the time with their friends, or to do some last-minute revision. I am pleased having spoken with them that many of the students have not found the exams to be as gruelling as they had thought, and many seem to have taken confidence from their experience in this first week. I know they will build on this excellent foundation in the second week of exams, and continue to access the support where needed.

Away from mocks it was brilliant to see students competing in the cross-country competition last week. Archbishop's did exceptionally well, winning both the girls' and boys' events in Year 11. The conditions were cold and wet yet everyone ran with exceptional skill and discipline. I am really proud of the students involved and delighted for their achievements. I also know many Year 11 students are hard at work practising for involvement in the Minister service. I managed to get a sneak peak at a rehearsal earlier this week and it sounds excellent. I am looking forward to seeing their performance next week.

I am delighted to announce that as a very well-deserved end of term treat, Year 11 will have the opportunity to take part in a roller-disco! I know that many enjoyed this experience last year and I hope they get as much enjoyment out of it this year. This will take place in the final week of term before the Christmas break and consent forms have been sent home to parents via google link. Should you have any trouble accessing this then please contact school as your child will not be able to take part without the required consent.

Over the last few weeks I have been really pleased with students' engagement in the IAG meetings that have been held with SLT (which will continue over the coming weeks). Feedback has been very encouraging, with many colleagues telling me how mature and focussed students have been while discussing their next steps. I hope students found it useful and have cleared up some questions they may have about their options post GCSE. Linked to this it was lovely to see so many students and families attending the Sixth Form Open Evening earlier this term. I hope everyone found the information useful and that the discussions with subject teachers led to more informed choices regarding next year. If you were unable to make the evening, or require more support about your child's post Year 11 options, please contact either myself or a member of the Sixth Form team.

As I am sure you are aware, there is now opportunity to pay for your child's end of Year Hoodie and Prom ticket via ParentPay online. We have launched this early to give opportunity for the cost to be spread over a longer period of time. We will also be providing each student with a year book at the end of the academic year, with pictures of their journey through school and some messages from students, teachers and even the Headteacher! We are determined the cost of these events will not stop students from attending, and therefore should there be an issue with paying for these events please contact the school Finance Team and we will look to help in any way we can.

As always, thank you for all the hard work you are doing at home to continue to support your child, this is having a very significant impact toward their success at school. The Year 11 pastoral team are always available to help with any questions or queries you may have.

Mr Avery, Miss Johnstone and Miss Stocks

Year 7 trip to York Theatre Royal - Update

Thank you for all the Expression of Interest forms. The trip has proven to be very popular. All those who have been successful in getting a place should have received an email from Mrs Holmes. All other students remain on the reserve list.

We understand that a number of students will be disappointed in not accessing a place. We can see the clear interest students have in visiting the theatre and we will look to find other opportunities for this year group later in the year. Mrs Holmes

Careers Corner

Government Economic Service — Amazing apprenticeships

CAREERS EDUCATION: APPRENTICESHIP, UNIVERSITY, EMPLOYMENT, GAP YEAR

Economist Degree Apprenticeship Programme 2023

The Government Economic Service are hosting a webinar on Wednesday 7 December (3.30-4.30pm) as an opportunity for students and parents to find out more about the Economist Degree Apprenticeship programme 2023, which is opening for applications on 19 December. Hear from colleagues at the Government Economic Service who will give an overview of the programme, explore what it is like to be an economist apprentice and will give insight into the application process. For more information and to sign up, please follow this link.

Year 7 and 8 Accelerated Reader

Over the next few weeks, we look forward to seeing which Year 7 and Year 8 students and form groups are our readers/quizzers of the term – if your child has just finished reading a novel, please remind them to quiz on it.

Accelerated Reader

If you are looking for book recommendations (and some stocking fillers!) the following novels have been quizzed on the most and received the highest ratings this term: The Hunger Games by Suzanne Collins; the Harry Potter series by JK Rowling; the Percy Jackson series by Rick Riordan and His Dark Materials series by Philip Pullman.

We also have many students in Year 7 and 8 enthusiastically recommending the Eerie on Sea series by Thomas Taylor and the Frostheart series by Jamie Littler. If you're looking for a Christmas read, JK Rowling's The Christmas Pig is a wonderful story! Ms Evans,

Anti-bullying and Discrimination

What is online bullying? Online bullying (often referred to as cyberbullying) is any form of bullying that is carried out through the use of electronic media devices, such as computers, laptops, smartphones, tablets, or gaming consoles.

What makes online bullying different? We know there is a strong link between online bullying and face-to-face bullying. Research has shown (please see Focus On briefing in the Tools and Research section below) that 80% of victims of online bullying were also bullied face-to-face.

Prevalence of online bullying Bullying is far more wide spread now it is online - it's not just your time in school. It affects your social life. Your social life is online. How many people like your status or your picture. Social pressures are just made worse. There are some things that make online bullying different to 'traditional' bullying:

24-7 nature - The nature of online activity means you can be in contact at any time. There is the potential for a wider audience and bullying incidents can stay online, for example, a photo that you can't remove.

Evidence - A lot of online bullying incidents allow those experiencing it to keep evidence - for example, take a screen shot - to show to school staff or police if needed.

Potential to hide your identity - It is possible to hide your identity online which can make online bullying incidents very scary.

Degree of separation - People who cyberbully often don't see the reaction of those experiencing it so it can sometimes be harder for them to see the impact of their actions.

Prevalence of online bullying There are many statistics relating to levels of online bullying. In the briefing in the Tools and Research section you will see our Focus On briefing which outlines current research on bullying including (please see briefing for references):

- 24% of children and young people will experience some form of online bullying
- 17% of children and young people will online bully others
- Name calling is the most common type of online bullying

5Rights AHS is signed up to 5Rights, a framework of five simple principles for how we should engage with children and young people (under 18s) in the digital world. Supported by a broad coalition of partners representing both adults and young people. 5Rights puts young people's needs at the centre of how everyone can behave when they design, deliver and consume digital content and services. The 5Rights framework contains five simple principles:

- The right to remove.
- The right to know.
- The right to safety and support.
- The right to make informed and conscious choices.
- The right to digital literacy

PLEASE SHARE: If you would like to share students' achievements and events in the community, please email jsissons@ahs.pmat.academy. It's always nice to celebrate our school community.

Attendance

York launches 'Going In, Not Missing Out' campaign - York schools have launched a campaign to remind parents of the importance of regular school attendance, highlighting the long term positive impacts of regular attendance, together with the potential negative implications linked to poor attendance.

MFL Stars of the Week

Students were nominated by Language staff to receive an Effort merit, a postcard home and appear on the 'Stars Wall' for all their hard work:

KS3 French – Dilil Kiribamuna, 9EV
KS3 German – Masal Altun, 7CSt
KS3 Spanish - Grace Lister, 8CBn
KS4 French – Erin Childs, 10RDn
KS4 German – Charlie Marron, 10JLi
KS4Spanish – Matthew Martindale, 10JLi

AHS Chaplaincy YouTube Channel

Archbishop Holgate's School Chaplaincy YouTube channel has material connected to whole school worship and Collective Worship. There are also moments of Reflection from the school Chaplain and items reflecting our School Values. The address is:

https://www.youtube.com/@archbishopholgatesschoolch7749 or you can search for it by name.

There you'll find the latest weekly reflection written by Rev Richard Nihill, part of the Chaplaincy team. In this reflection he talks about the Christian season of Advent and preparation for Christmas, thinking about what messages come across to us in the Christmas advertising of big retailers and how this contrasts with the real meaning of Christmas. You can find the reflection here.

Student's Musical Success

Congratulations to Zach Dunne, 7JHe, who passed his Grade 1 Drum exam with Distinction last weekend. Well done!

This Week's Sixth Form News

Messages from Mrs Williams, Head of Year 13 and Mr Charlton, Head of Year 12

REMINDER Mock Results - Please be reminded that those students in Year 12 and 13 that sat BTEC mock exams will receive these promptly to allow preparation for the real external assessments in January. Year 13 students that sat A Level mock exams will receive results on Monday 12 December followed by Year 13 Parents' Evening on Wednesday 14 December. Students requiring meetings to discuss intervention to support progression plans will take place w/c 5 December.

UCAS - These are now flying in and lots have been sent off. Students must make sure they keep an eye on their emails for offers and invitations to interview. Well done to those picking up offers! For those still to submit - we urge you to do so as soon as possible to give staff the chance to check it at least once before the holidays.

Attendance - There are still some ongoing concerns about students who are missing lessons. We are keen to minimise absence and will arrange meetings with those for whom attendance is of concern.

Year 11 Sixth Form Applications - Thank you to all those that have applied to date. Late applications are welcome this week. Receiving applications early means we can gauge subject numbers. It does not mean that applicants are obligated to take up their place if they are still undecided and applicants can change their subject choices if, and when they wish.

Sixth Form Sleep Rough - A big well done to all those who have volunteered to 'sleep rough' on Friday night! It will be a chilly one, but all in aid of a good cause. Thank you!

School Christmas Menu - w/c 5 December

This year's festive feast will be served on Thursday 8 December (£2.50 for a main course and a dessert). On the day itself we will only be offering the hot Christmas dinner from Archies Kitchen. The Food Hub and Courtyard Cafe will be serving a limited menu of cold sandwiches and fresh fruit.

We would appreciate your co-operation and please remind children of these arrangements.

The kitchen team look forward to cooking Christmas lunch and enjoying the festive atmosphere wearing their Christmas aprons, facemasks and hats.

MONDAY
Chicken Curry / Vegetable Curry & Rice
TUESDAY
All Day Breakfast
WEDNESDAY
Pasta Bake
THURSDAY
Christmas Dinner
FRIDAY
Fish & Chips

Physical Education Department

"Equipping students with the knowledge, skills and motivation to live active, healthy lives."

Newsletter

Cross Country

A big well done to all those who represented the school at this year's cross-country event last week at the Sports Village. Some superb individual performances, especially the girls, across each year group led to a brilliant overall performance. Archbishop's finished first overall in the girls' competition, after winning the Year 7 Girls, Inter Girls and finishing 3rd in the Junior event. Congratulations!

Tweet us @ @AHSPhysEd

Loaned PE Kit

If any student has borrowed school PE kit, please can it be returned to a member of the PE department.

School PE kit is usually labelled "AHS".

If you have any unwanted school PE kit, we would be extremely grateful for any donations.

Google Classroom

On Google Classroom students can access general PE information, their Programme of Study, the Extra-Curricular Programme, Community Links and a curriculum map outlining what students study each year.

Extra-curricular PE

Please see our new extra-curricular programme for this half term. Remember that our clubs are a relaxed environment with a focus on participation and enjoyment, students don't have to be selected in teams. Fixtures are also back on, so if students would like to be a part of a team, they will need to attend training to be eligible for selection.

MONDAY

LUNCHTIME (12.15-12.50pm)
- Y8 & 9 Basketball (Gym)

AFTER SCHOOL (3.15-4.00pm)
- Y7-9 Girls' Football (Back Field)
- Y11 Basketball (Gym)
- Y7-9 Badminton (Sports Hall)

TUESDAY

AFTER SCHOOL (3.15-4.00pm)
- Y11 GCSE PE Badminton (Gym)
- Y7 Netball (Sports Hall)
- Boxing Academy - invite only (Studio)
- Y10 Fitness (Fitness Suite)

WEDNESDAY

LUNCHTIME (12.15-12.50pm)
- Y8/9/SF Detentions (PE1)

LUNCHTIME (1.15-1.50pm)
- Y7 Roundnet (Gym)

AFTER SCHOOL (3.15-4.00pm)
- Y11 GCSE PE P6 (PE1)
- All years Volleyball (Gym)

THURSDAY

LUNCHTIME (1.15-1.50pm)
- Y7/10/11 Detentions (PE1)

AFTER SCHOOL (3.15-4.00pm)
- Y8 Basketball (Gym)

FRIDAY

LUNCHTIME (12.15-12.50pm)
- Y8/9 Netball (Gym)

AFTER SCHOOL (3.15-4.15)
- Y7 Rookie Lifeguard - invite only (Swimming Pool)

New PE Policy Update

In order to ensure a smooth transition from the changing rooms to PE lessons, we have made a change to the current PE kit policy. Starting from this Monday, 31 October, there will be a new policy for Key Stage 3 (Y7-9) students and a separate policy for Key Stage 4 (Y10-11).

If a KS3 student forgets an item of their PE kit it will result in a PE code. This will be repeated in the second instance they forget an item of kit. If a student forgets an item of kit for a third time, this will result in a lunchtime detention. A lunchtime detention will be triggered from that point onwards each time an item of kit is forgotten. This is then reset each half term.
The policy regarding a student failing to bring in all of their PE kit (which results in a lunch detention) will continue as normal.

If a KS4 student forgets an item of their PE kit it will result in a PE code. If a student forgets an item of kit for the second time, this will result in a lunchtime detention. A lunchtime detention will be triggered from that point onwards each time an item of kit is forgotten. This is then reset each half term.
The policy regarding a student failing to bring in all of their PE kit (which results in a lunch detention) will continue as normal.

For KS3 (Y7-9) who have two lessons per week, this means for each half term:
- When a student forgets an item of PE kit = PE code
- Student forgets PE kit for the second time = PE code
- Student forgets an Item of PE kit for the third time = lunchtime detention
- If a student forgets all of their PE kit for a lesson = lunchtime detention
- This process is reset each half term.

For KS4 (Y10-11) who have one lesson per week, this means for each half term:
- When a student forgets an item of PE kit = PE code
- Student forgets an Item of PE kit for the second time = lunchtime detention
- If a student forgets all of their PE kit for a lesson = lunchtime detention
- This process is reset each half term

School PE Kit

A reminder that all PE kit should be clearly named. If a student misplaces any PE kit, this makes it easier to return items to their rightful owner.

Reminder that students will be asked to remove ALL jewellery for PE lessons. This is a health and safety precaution and must be adhered to.

The department would like to clarify that the optional PE hoodie can be used for PE lessons, but we encourage students to wear the reversible PE top as this is safer for rugby.

THE ARCHBISHOP'S 30-DAY PHYSICAL WELLBEING CHALLENGE

AEROBIC ENDURANCE

- [ ] 10 JUMPS IN AIR

- [ ] 10 JUMP ROPES

- [ ] 10 JUMP SQUATS

- [ ] 10 BURPEES

- [ ] 10 CLAPPING PUSH-UPS

- [ ] 10 EXPLOSIVE PUSH-UPS

- [ ] RUN IN PLACE 20 SECONDS

- [ ] 10 EXPLOSIVE LEAPS

- [ ] 10 HOPS ON RIGHT FOOT

- [ ] 10 JUMPING IN & OUT OF HULA HOOP

MUSCULAR ENDURANCE

- [ ] 60 SECOND BRIDGE HOLD

- [ ] 20 STRAIGHT ARM CURL-UPS

- [ ] 45 SECOND UPWARD PLANK

- [ ] 45 SECOND DOWNWARD PLANK

- [ ] 15 BURPEES

- [ ] 10 LUNGES EACH LEG

- [ ] 20 SECOND ELBOW PLANK

- [ ] 25 PUSH-UPS

- [ ] 25 CROSSED ARM CURL-UPS

- [ ] 20 CRAB WALK PUSH-UPS

FLEXIBILITY

- [ ] 10 SECOND HALF SPLIT EACH SIDE

- [ ] 10 SECOND LOTUS POSE

- [ ] 10 SECOND HAPPY BABY

- [ ] 10 SECOND CHILD POSE

- [ ] 10 SECOND WIND POSE

- [ ] 10 SECOND LOCUST POSE

- [ ] 10 SECOND MOUNTAIN POSE

- [ ] 10 SECOND LOW LUNGE EACH SIDE

- [ ] 25 CAT-COWS

- [ ] 10 SECOND SIDE BEND EACH SIDE

How many of these exercises can you complete in the next 30 days?
You can do an exercise twice if you really like it.

OUR SCHOOLS ARE RECRUITING

Support Staff Vacancies

For details and to apply, visit our website or scan the QR code

Job	Casual Exam Invigilators
School	Archbishop Holgate's School
Details	£10.00 per hour – This is a casual position and, due to the nature of the role, will provide flexible working hours at the convenience of both the school and invigilator. Further details available on request.
Closes	N/A

Job	After School Club Assistant
School	Hempland Primary School
Details	Grade 2 Level 1 - £19,100 per annum reduced pro rata. Permanent, Part time (term time only). 15 hours per week from 3.00pm to 6.00pm, Monday to Friday.
Closes	N/A

Job	Business Admin Apprentice
School	Pathfinder Multi Academy Trust
Details	Apprentice national minimum wage 37 hours per week - Term time only 1 day per week release time to attend college.
Closes	N/A

Job	School Cleaner
School	Heworth Primary School
Details	£10.50 per hour Permanent—Part time, 15 hours per week Term time + 2 weeks
Closes	N/A

Pathfinder Multi Academy Trust is an equal opportunities employer, committed to safeguarding and promoting the welfare of children. Enhanced DBS check required.

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