



# School Newsletter 464

Values – Care – Achievement

Thursday 2 February 2023

## Executive Head's Introduction

Dear Parents and Carers,



As we move into February I would like to take this opportunity to thank families for their ongoing support. As always, please do not hesitate to contact school if there is anything you would like to discuss, we very much value the input we receive both positive and in terms of things which we could develop further. Thank you.

## Food for Thought

This week our Form Tutor Collective Worship is entitled 'Unique'. It encourages us to consider how God created each of us uniquely and equally, and that he loves us just as we are. We will look at the story of Nick Vujcic and also Psalm 139. Our daily quotes continue this theme.

"Isn't it amazing that we are all made in God's image, and yet there is so much diversity among his people?"



Archbishop Desmond Tutu

To receive the daily Thought for the Day straight to your phone or other electronic device sign up to @AHSChaplaincy on Twitter.

## World Book Day

### Book in a Jar Competition

Do you enjoy reading? Are you feeling creative? Are you looking for something to do over half term? Then why not enter our competition and create a 'book in a jar'.

Think of a favourite book, then put items, images or quotes into any see-through jar to represent the title, plot or characters from the book. Entries should be handed in to the Library by Wednesday 22 February.



Winners will be announced on World Book Day - Thursday 2 March.

## Family Matters York

A free event provided by Family Matters York: 'A Mind Of Their Own' Building Children's Emotional Wellbeing. Is your child.....

Anxious? Stressed? Unmotivated?  
Feeling down? Lacking confidence?

Knowing how to support the emotional and mental wellbeing of our children and young people is one of the biggest challenges parents and carers face today. In light of this, Family Matters York would like to introduce a new event to support parents and carers in building their children's emotional wellbeing. Join Family Matters York for 'A Mind of Their Own' for a single session parenting event to share, discuss and learn strategies to equip children and support them more effectively as they face the challenges and opportunities of the 21st Century. Event is on Saturday 11 March, 9.30-12 noon at The Belfrey Hall, 52a Stonegate, YO1 8AS - click [HERE](#) to book your free place.



## Upcoming Events

Wed 8 Feb	Y9 Progress Evening
13-17 Feb	Half Term
Mon 20 Feb	Students return
Tue 7 Mar	Y10 Careers Fair
Thu 9 Mar	Y11 Careers Fair
Wed 15 Mar	Y12 Progress Evening

**PLEASE SHARE:** If you would like to share students' achievements and events in the community, please email [jsissons@ahs.pmat.academy](mailto:jsissons@ahs.pmat.academy). It's always nice to celebrate our school community.

## AHS Feedback

We welcome all feedback and thank all parents for their valuable contributions. If you have a query or simply an observation about the school please complete the form online.



## Social Media



Please follow us on Twitter @AHSYork or Facebook to keep up to date with the latest news and events!



# This Week's School News



## Careers Corner



The 16th annual National Apprenticeship Week (NAW) will take place from 6-12 February 2023.

NAW 2023 aims to shine a light on the amazing work being done by apprentices, employers and their training providers across the country.

The theme for NAW 2023 is 'Skills for Life'. The annual week-long celebration of apprenticeships, taking place across England, will reflect on how apprenticeships can help individuals to develop the skills and knowledge required for a rewarding career, and businesses to develop a talented workforce that is equipped with future-ready skills.

For more information about national events taking place during the week, please visit: [naw.appawards.co.uk](http://naw.appawards.co.uk).

You can also keep up to date with the latest NAW news by following social media channels: @Apprenticeships and @AmazingAppsUK on Twitter and Apprenticeships Gov on LinkedIn.

To find out more about NAW 2023, please visit: [naw.appawards.co.uk/](http://naw.appawards.co.uk/).

## MFL Stars of the Week

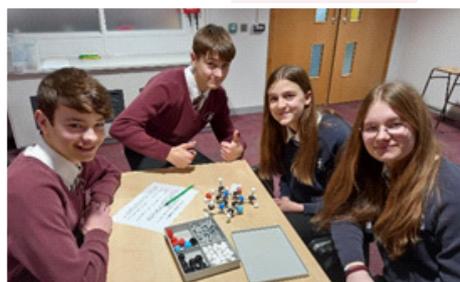
Students were nominated by Language staff to receive an Effort merit, a postcard home and appear on the 'Stars Wall' for all their hard work:

KS3 French - mADISON bAILEY, 9NTh  
KS3 German - Will Godbold, 8SMf  
KS3 Spanish - Nicole Fountain, 9Ev  
KS4 French - Caitlin Casey, 10MHe  
KS4 German - Jihyun Park, 10ABt  
KS4 Spanish - Alike Estabrooks, 11Hu



## Royal Society of Chemistry Quiz

Four of our top Scientists - Jacob Fletcher, Alex Grist, Beth Ravilious and Sophia Matravers, represented Archbishop's recently in the Royal Society of Chemistry Quiz at the University. There were a variety of activities including problem solving, molecular model building and challenges in the main teaching labs. The team acquitted



## School Menu w/c 6 February

### Monday

#### Mains

Gammon & Pineapple  
Spicy Root & Lentil  
Casserole(V)

#### On the side

Herby Diced potatoes

#### Vegetable

Selection of seasonal  
vegetables served every day

#### Snack option

Baked potato & fillings  
Homemade Sandwiches

#### Family Favourites

Eves Sponge & Custard  
A selection of: Traybake/muffin,  
Cookies, Yogurt and Fruit

### Tuesday

#### Mains

Meat balls in a Tomato &  
Basil sauce  
Veggie Balls in a tomato  
& Basil sauce(V)

#### On the side

Fusilli Pasta

#### Vegetable

Selection of seasonal  
vegetables served every day

#### Snack option

Baked potato & fillings  
Homemade Sandwiches

#### Family Favourites

Homemade Chocolate Mousse  
"A selection of: Traybake/muffin,  
Cookies, Yogurt and Fruit"

### Wednesday

#### Mains

Toad in the Hole  
Veggie Toad in the hole (v)

#### On the side

Creamed Potato

#### Vegetable

Selection of seasonal  
vegetables served every day

#### Snack option

Baked potato & fillings  
Homemade Sandwiches

#### Family Favourites

Rice pudding & jam  
"A selection of: Traybake/muffin,  
Cookies, Yogurt and Fruit"

### Thursday

#### Mains

Chicken & Sweetcorn Pie  
Creamy Vegetable Pie (v)

#### On the side

Oven Baked Potato wedges

#### Vegetable

Selection of seasonal  
vegetables served every day

#### Snack option

Baked potato & fillings  
Homemade Sandwiches

#### Family Favourites

Peach Cobbler & Custard  
"A selection of: Traybake/muffin,  
Cookies, Yogurt and Fruit"

### Friday

#### Mains

Freshly Battered Fish  
Vegetable Burger (V)

#### On the side

Chips

#### Vegetable

Selection of seasonal  
vegetables served every day

#### Snack option

Baked potato & fillings  
Homemade Sandwiches

#### Family Favourites

Chocolate Orange Marble Cake  
& Custard  
"A selection of: Traybake/muffin,  
Cookies, Yogurt and Fruit"

## Message from Head of Year 10

Another year is now well underway for our Year 10s here at Archbishop Holgate's and so far we are having a successful Year 10. It has been a real privilege to see how well students have settled, showing their ever growing maturity and commitment to schooling, especially keeping those high standards of routines and expectations we have here at AHS. Students are consistent in looking smart in their uniform and there is a real sense of focus across the year group as they start their GCSE work. We really do have an outstanding year group with a wonderful array of skills and talents across the board. I know all of us in the team are enjoying being with the year group and our wonderful young people.

I just wanted to introduce our new Assistant Head of Year, Mrs Robinson, who has joined us after Christmas and is already doing a sterling job with the year group. Mrs Robinson has written a few words to introduce herself: 'Thank you to the Year 10 students for the warm welcome that I have received since joining the Year 10 team. Career-wise I have come from a pastoral and behavioural background in a range of schools and I am excited to be part of the AHS team. I am passionate about encouraging young people to make the right choices and to give themselves the best chance to achieve their full potential. I am excited to get to know you all more, as we put the work in to prepare for Year 11! I know all of the team are looking forward to continuing to work with the year group this year and into next year in Year 11!

Year 10 is all about developing "resilience" and "responsibility". Students will continue to have lots of opportunities to develop vital skills for life this year in particular in the preparation for work experience and as they start to deepen the study of their chosen GCSEs. Students will also have the opportunity to become leaders within school, volunteering to mentor other students and taking up challenges. They will also deepen their resilience as they develop independent study habits whilst exploring a wider range of career possibilities including work experience and career days. Year 10 sets the foundations for the challenges in future years. On the note of work experience the deadline has passed, some students are still arranging placements which is fine, we ask households to discuss with their young person



whether they have their placement sorted and that it is logged on the school's system, GroFar, there are drop-in sessions in the Careers Office on Monday, Wednesday and Friday lunchtimes which students must attend to confirm placements. In addition, all login details have been emailed to students school email accounts - please encourage them to check there also.

There is no denying that it is going to be a challenge sustaining this level of commitment and hard work and that is why the focus of the year group, whilst on their journey at Archbishop's, is resilience and responsibility. Taking responsibility for their everyday lives at school remains of paramount importance and students will be supported, throughout the year, to be resilient to the challenges this year may bring, whether this is work experience, pre-public exams, Duke of Edinburgh or continuing a range of extra-curricular activities. In addition, BTEC students are already undergoing exams and will have some exams upcoming in the future, all families will be informed of dates and expectations if your young person has exams coming up, but it is

well worth noting that even if in Year 10 the exams are still as important as if they were in Year 11 and cannot be re-taken if missed, any questions please do not hesitate to get in touch with the year team. Furthermore, I just wanted to remind parents of some key dates for Year 10:

Next report home is the end of March

Y10 Progress Evening - Wednesday 10 May

Y10 mock exams start - Monday 19 June

Final Y10 report with mock results sent home - Monday 17 July

Students were just sent home a report on how they are doing - if this has not been received - please contact us and we can email a copy home.

Year 10 will continue to bring a wide range of opportunities and we are all excited for the continued year ahead. We are already exceptionally pleased with how the year group are doing, many times staff have passed on compliments for whole classes and individuals on how well they are doing. We look forward to continuing seeing this growth and development. Thank you, Miss Deacon

**WOW!**  
word of the week



Harmony: noun - the quality of forming a pleasing and consistent whole. "Despite their viewpoints, they existed in harmony."

 **Tweet OF THE WEEK**

@AHSChaplaincy - learning all about the holocaust and the life of Anne Frank with @AnneFrankTrust. Excellent peer education by @AHS\_Year9





# This Week's Sixth Form News



## Messages from Mr MacFarlane, Head of Year 13 and Mr Charlton, Head of Year 12

### Year 12 Mock Exams

Students in Year 12 will begin to receive mock results from their various subject areas. Students have shown great determination here and a report will follow in due course. The report will not directly give the mock grades, so we do encourage students to speak to their teachers and do their best to address any areas of improvement. This will result in some parental meetings to communicate those plans. Year 12 Progress Evening will be in March following the release of the Full Report.

### Reminder: Year 13 Subject Support

Period 6 is an invaluable opportunity for students to receive guided tuition in the midst of their ongoing revision. All opportunities should be seized whilst still in school for the short-term remaining. Attendance has improved over the past few weeks and students should be commended for their commitment so far. Any student not making the most of this already, should begin to get into good habits now.

### Reminder: Year 13 March Mocks

These take place week commencing 6 March and will be the final chance to have exams in exam conditions before the summer exam series. Students will be directed to focus their attention on specific topics/units in the coming weeks, but independent revision should be ongoing. Students have shown incredible resilience throughout their studies and I'm sure they will perform to their utmost abilities once again. Students should speak to their subject teachers about any help they require.

### Sixth Form Rewards

Year 12	Year 13
Asa Dunn	Olivia Tunnicliffe

Monday		Tuesday		Wednesday		Thursday		Friday	
Lunch	P6	Lunch	P6	Lunch	P6	Lunch	P6	Lunch	P6
Health and Social Care L32 - Coursework Hga	Psychology Y13 SF Workroom De		Textiles TE4 Hv	Politics drop-in L32 Hga	Sport PE1 Gs	Health and Social Care L32 - Coursework Hga	Chemistry Yr 13 L25/L18 Os/Ha	Politics drop-in L32 Hga / Smf	Health and Social Care L32 Hga
Drama and Theatre Studies EN11 ABt	Health and Social Care L32 Hga	History HIS Kx	Maths/Further Maths Ma1 BI/8KI/Dd	History (Tudors) HI2 Bs		Physics Year 12 Sc8 Wb	Chemistry Yr 12 L25/Sc1 Os/NTh	Geography Geography office 1:1 tuition	Travel and Tourism Year 12 L34
Music L40 ZBI		Health and Social Care L32 - Coursework Hga	Art Ar1 Hf			Music L40 ZBI	Applied Psychology Yr 13 Kke		
	Business SF Library Cn		A-Level Psychology Y12 L17 Edn			Y13 English Language EN6 Hm/Ed NEA	Protective Services L34 Ewt and Kt		
	Biology Sc4 Da, Es, Lx, Wa		History HIS Kx				RE Y13 RE6		
	History Coursework Support HI2		Music L40 ZBI				Applied Law L32 SI		
	Physics Year 13 Sc8 Wb		IT IT3 Sre/Ap				Politics L32 Hga / Smf		
			Computer Science IT3 SRe/Ap				Applied Psychology Y12 L17 Edn		
			Geography Gg3 PL/Ry				Sociology Yr 13 L9 - Jly / Yg		

# Physical Education Department

"Equipping students with the knowledge, skills and motivation to live active, healthy lives."



## Netball

The Y7 and Y8 netballers played a home fixture v The Mount this week. There were excellent games from both year groups, with the Y8s narrowly missing out on a win and Y7s storming to a victory coming from behind to win 11-8. Well done to everyone involved. Star player for Y8 goes to Lily Goldsmith and Y7 to Alex Dunlop-Gibson.



The Y8s were on flying form this week playing their netball fixture at home v All Saints. By far the most competitive and nail-biting game the ladies have played so far. A narrow and unfortunate loss of 9-7. Star player for attack goes to Lily Jackson Clark and defensive play to Valerie Chan.



## Boxing Academy

We have a new Boxing Club for all year groups on Tuesdays after school in the Studio from 3.15-4.15pm each week until the end of the term. Students will need their AHS Indoor PE kit and a drink. The club is free of charge and is subsidised by the school.

The club is run by Paul Cashmore, a former AHS student and Met Police Officer, who now works on Channel 4s "The Hunted" as a Hunter. Paul set up a boxing academy in London alongside his TV work and has brought his academy to York.

The boxing club's aim is to inspire and promote health and fitness, increase confidence inclusive of all genders and abilities in a disciplined yet fun and safe environment. It is non-contact, if talent is identified they may be referred to a local boxing clubs.

Learn the fundamentals of Boxing delivered by Paul Cashmore as featured in the Channel 4 series HUNTED.

- Positive Mentorship
- Fun and engaging
- Non contact safe environment
- Helping young people reach their potential
- Increased Confidence
- Available to Primary and Secondary Schools
- Beginners welcome

Bafta Nominated

T 07796 357371  
www.paulcashmore.co.uk  
Paul@paulcashmore.co.uk

Tweet us @ [@AHSPHysEd](https://twitter.com/AHSPHysEd)



## Extra-curricular PE

Please see our new extra-curricular programme for this half term. Remember that our clubs are a relaxed environment with a focus on participation and enjoyment, students don't have to be selected in teams. Fixtures are also back on, so if students would like to be a part of a team, they will need to attend training to be eligible for selection.



### MONDAY

LUNCHTIME (12.15-12.50pm)

- Y8 Basketball (Gym)

AFTER SCHOOL (3.15-4.00pm)

- Y7/8/9 Badminton (Sports Hall)

- Y10/11 Basketball (Gym)

- Girls' Fitness - all years (Fitness Suite)

### TUESDAY

LUNCHTIME (1.15-1.50pm)

- Y9 Basketball (Gym)

AFTER SCHOOL (3.15-4.00pm)

- Y7 Netball (Sports Hall)

- Y8 Netball (Gym)

- Y10 Fitness (Fitness Suite)

- Boxing Academy (Studio)

### WEDNESDAY

LUNCHTIME (12.15-12.50pm)

- Y8/10/SF Detentions (PE1)

AFTER SCHOOL (3.15-4.00pm)

- All years Volleyball (Gym)

### THURSDAY

LUNCHTIME (1.15-1.50pm)

- Y7/9/11 Detentions (PE1)

- Y9 Netball (Gym)

AFTER SCHOOL (3.15-4.00pm)

- Y8/9 Fitness (Fitness Suite)

- Y10 Basketball (Gym)

- Girls' Basketball (Sports Hall)

### FRIDAY

LUNCHTIME (1.15-1.50pm)

- Y7 Trampoline (Sports Hall)

- Y7 Roundnet (Gym)

AFTER SCHOOL (3.15-4.15)

- Y7 Rookie Lifeguard - invite only  
(Swimming Pool)

## Taekwondo

Lilly Thompson took part in the Midlands Taekwondo Championships and came away with 2 medals. Silver for individual sparring and a Gold for team sparring. Well done on this fantastic achievement Lilly.



## School PE Kit

If any student has borrowed school PE kit, please can it be returned to a member of the PE department. School PE kit is usually labelled "AHS". If you have any unwanted school PE kit, we would be extremely grateful for any donations.

## Google Classroom

On Google Classroom students can access general PE information, their Programme of Study, the Extra-Curricular Programme, Community Links and a curriculum map outlining what students study each year.

