Archbishop Holgate's School

A Church of England Academy Founded 1546

Pathfinder Multi Academy Trust

School Newsletter 470

Values – Care – Achievement

Thursday 23 March 2023

Executive Head's Introduction

Dear Parents and Carers,

It has been another busy and exciting week in school with final rehearsals, a matinee performance for primary schools and sold out evening performances of the school show, Fame.

Year 11 English Language & Literature Revision

As we approach the final exams, the English department have provided Year 11 students with a revision package which can be accessed on paper and via Google Classroom. All students have had a lesson explaining how to revise in English using these documents. Students have been given the following:

- An English Language revision booklet with sample practice reading papers and writing tasks
- An English Literature revision booklet with sample questions for each of our set texts and unseen poetry
- A 'Killer Quotations' revision booklet
- A bank of podcasts with AHS English staff talking through exam answers
- A revision timetable - this maps out the revision booklet tasks to complete across each day/week, broken down into manageable sections (20 minute revision task per week day and 40 minutes tasks on each day at the weekend), starting this week (20 March)

We thank all parents and carers for any support they can offer to their child with their English revision over this very important period. Testing students on their quotations from the quotation booklet is a great way to help as well as encouraging them to complete the tasks on the revision timetable.

We will be asking students to 'show and share' their private revision each week in English and look forward to seeing their efforts. Once again, thank you for your support. Ms Evans - KS4 Lead English

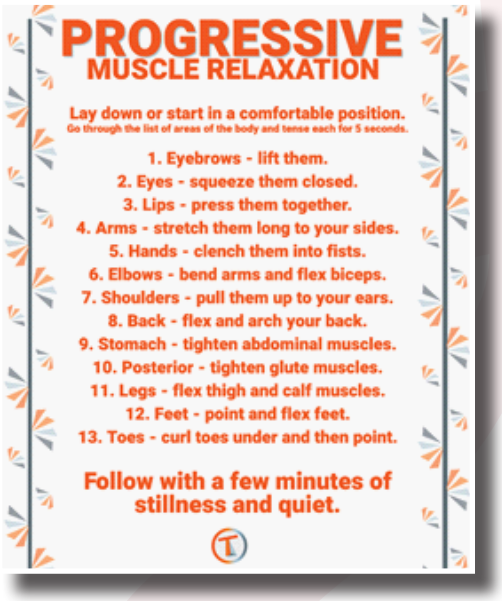
Student Achievement

Congratulations to William Horner (7BI) who recently passed his ABRSM Grade 3 Baritone Horn exam. Well done!

Physical Wellbeing News

As part of our pathway to wellbeing this week, we have been discussing the need to develop strategies to help you cope with challenging situations in your life. We have been discussing the work done by the University of South Australia who looked at 97 studies on the benefits of exercise which involved 1039 trials and 128,119 participants and found physical activity was extremely beneficial for improving symptoms of depression, anxiety, and stress. We looked at what kind of coping strategies would suit best when you find yourself in a stressful time in your life. Whether you are someone that needs to exercise alone, e.g. going to the gym or for a run, or whether you prefer a team sport and have a supportive group environment to help boost your mood, we discussed all the options available. We experienced some mindfulness and yoga at your desk with Ariene on YouTube in form time as well as some Progressive Muscle Relaxation. Everyone is different and has to find something that works for them.

Having a growth mindset and choosing how to solve a problem rather than getting stressed about the problem itself is an important skill to learn. As a form, we talked through some scenarios and the process we could go through to try and solve the problems rationally and systematically. We all need to remember that in every situation we find challenging, there is always someone there to help support us in working through it, whether a family member, form tutor or friend.



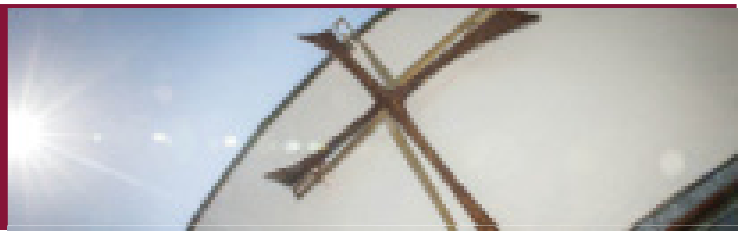
AHS Feedback

We welcome all feedback and thank all parents for their valuable contributions. If you have a query or simply an observation about the school please complete the form online.

Social Media

Please follow us on Twitter @AHSYork or Facebook to keep up to date with the latest news and events!

This Week's School News



Food for Thought

This week our Form Tutor Collective Worship continued exploring how we can 'Look IN and Look OUT' during Lent. The focus each week will be a different community that students are part of from Family - Friends - School - Local Community - Country - World. Our daily quotes have included:

"Never look down on anybody unless you are helping him up."

Rev Jesse Jackson, American political activist, Baptist minister and politician

To receive the daily Thought for the Day straight to your phone or other electronic device sign up to @AHSChaplaincy on Twitter.

Ramadan

If any student will be fasting for Ramadan, we ask that parents contact the school to inform us and that they also look at the school's Ramadan policy on our website.

Project Prom is back at AHS

The project is to help reduce the cost of Prom for young people and families. We have so many beautiful dresses and suits. Some accessories are also available. Lots of the clothing is brand new! Donations have truly been amazing from the community and beyond and donations continue to be received. Grateful thanks to everyone who has donated.

Students and parents are invited to come along to view the clothes and hopefully find something amazing. If you find something suitable the item will be on loan to you totally FREE of charge, all we ask is that you return your loaned item after the Prom.

If you have any questions or require more details please contact Ms Hirst - 01904 411341.

Take part in the NHS Easter Challenge

What is the 'I'm in Healthcare' Easter Challenge? Win a £50 Amazon voucher and a live Q&A for your school with NHS Ambassadors by taking part in the NHS Easter Careers Challenge between 20 March – 20 April.

1. Register at https://hee.connectr.co.uk/hee/ - use your school email
2. Complete 2 tasks – start with Easter Challenge and take the 'What is the NHS?' quiz
3. Send a message to an Ambassador to find out about a career

MFL Stars of the Week

Students were nominated by Language staff to receive an Effort merit, a postcard home and appear on the 'Stars Wall' for all their hard work:

KS3 French - Maple Hawkins, 7Cy
KS3 German - Oscar Bell, 7MPe
KS3 Spanish - Poppy Keogh, 9 DBs
KS4 French - Oliver Archibald, 11Gs
KS4 German - Willem Sadler, 10Pl
KS4 Spanish - Adam Knowles, 10SLa

Upcoming Events

Mon 27 Mar	Y9 Vaccinations
Wed 29 Mar	Y11 Progress Evening
Fri 31 Mar	Training Day (School closed to students)
3-14 Apr	Easter Holiday
Mon 17 Apr	Students return

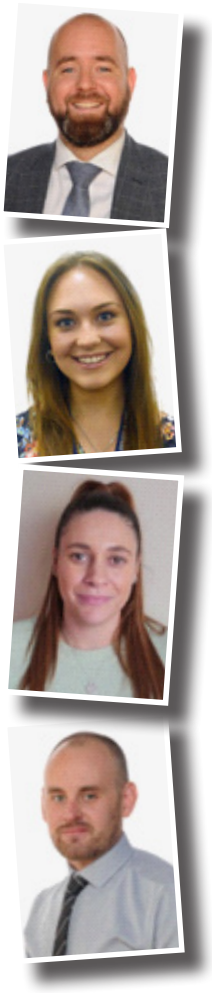
WOW! word of the week

Lucid: adjective - expressed clearly; easy to understand. Write in a clear and lucid style.

Tweet OF THE WEEK

@ahs_y8: Great win from Y8/9 team. 11- 1

Message from Head of Year 11



It's been fantastic to see students hard at work over this half term and giving themselves a strong platform for success in their GCSE exams this summer. I hope students gain a good rest over the Easter break and I'm sure they will also be working hard with their independent revision.

This half term has been dominated by the coursework subjects that had important deadlines in February/March. I know students studying Food Tech have been hard at work and it has been inspiring to see what they have produced for their cooking exam. Likewise, I know the students in Music, Art, GCSE PE, Graphics and Engineering have been hard at work meeting deadlines and again I have been so pleased to see so much talent flourishing in these lessons. I'd like to thank parents for your support in preparing the students to meet these important deadlines and supporting us to ensure they attend after school support sessions where needed.

It was absolutely superb to welcome employers from across the city to a Year 11 Careers Fair last week. I was delighted with the range of different employment opportunities on offer to the students and the opportunity to ask employers questions regarding pathways, salaries and qualifications was really valuable for the students. I hope they use the information to inspire their next steps and focus them as we enter the exam period.

I would like to remind parents of the Year 11 Progress Evening on Wednesday 29 March. This will give parents and students the opportunity to hear some important messages before the exams this summer. I know teachers are also keen to discuss revision opportunities and resources to support students with their independent learning over the Easter break. We have sent letters home regarding this to parents, and students should be making appointments with their teachers. Should you have any questions regarding the evening, please contact a member of the Year 11 team who will be happy to help.

Once again, P6 numbers have continued to be steady, with many students accepting the additional support on offer from their teachers. I have been really pleased that students have been taking this seriously, as this will give them the best opportunity for success this summer. I am also pleased that many students have been encouraged by the P6 reward programme we have on offer this year, with many of them excited about earning a stationary pack for their exams and a £10 high street voucher to spend.

P6 will continue to run after the Easter break (see timetable) and discuss with your child which P6 they will commit themselves to attending in the run up to their exams this summer.

During the Easter break there will be opportunities for students to study in school, with some subjects running revision sessions in the second week of the holidays. This has been very popular in the past, as students can complete more focussed revision in school and leave guilt free at the end of the sessions! More information will be sent home about this and I know teachers will be discussing it during the Progress Evening next week. We thank you in advance for your support encouraging your child to attend these important revision sessions.

Act of Collective Worship this half term has been very much focussed on the students' opportunities after their GCSE exams. We had a very interesting talk from Mrs De Lashley, Head of Sixth Form, on the different pathways students can take and what A Level options we offer at AHS. This was followed by a talk from Askham Bryan, who explained that although their specialism is agriculture, their curriculum goes far beyond that, with even race car engineering an option to study there! We had a talk from the Ministry of Justice about public sector employment and information about how their higher-level apprenticeships work. Finally, we were lucky enough to have Manny Duku, York City star striker, visit to talk to Year 11 about his faith, resilience and how hard work pays off! The students were really engaged in what he had to say and I felt he delivered some very important messages before students complete their exams this summer.

After the Easter break the focus will continue to be on the 5 fundamentals to GCSE exam success:

1) Attending school everyday
2) Attending lessons on time
3) Working hard in every lesson
4) Attending Period 6 regularly
5) Completing high quality revision at home

These basic principles will become vital when GCSE subjects finish their courses and revision toward the exams starts. In most subjects, this will be from February half term onwards. We appreciate in advance your support with this in order to maximise the opportunity for success of students in their exams this summer.

Arrangements for Prom continue to go well with the committee choosing the theme of 'Under the Stars' for this year's event. I know the organisation that has gone into this by staff and students has been excellent and more information will come out nearer the time. We will also be providing each of the students with a Year Book at the end of the academic year with pictures of their journey through school and some messages from students, teachers and even the Headteacher! We are determined the cost of these events will not stop students from attending and therefore should there be an issue with paying for these events please contact the school finance team and we will look to help in any way we can.

As always, thank you for all the hard work you are doing at home to continue to support your child, this is having a very significant impact toward their success at school. The Year 11 pastoral team are always available to help with any questions or queries you may have. I wish you all a very relaxing and enjoyable Easter break.

Period 6 (After the Easter Break)

Day	Subject	Room
Monday	English	English Block
	RE	RE corridor
	German	ML3
	Media	L16
	IT	IT1
	Sociology	L9
Tuesday	History	Hi5, Hi6
	Spanish	ML2
	H&SC	L32
	French	ML4
	Engineering	Te1
	Science	Sc1,3,4,5,7,8
	Food	Fd1
	Textiles	Te4
	Music	L40
Wednesday	PE	IT4, PE1
Thursday	Travel	L34
	Maths	Maths Block
	Engineering	Te1
	Textiles	Te4
	Art	Ar1
Thursday (lunch)	Drama	Studio
	PE	Sports Hall
Thursday (4.00-5.00pm)	Study Room	Ma8
Friday (lunch)	PE	Sports Hall

PLEASE SHARE: If you would like to share students' achievements and vents in the community, please email jsissons@ahs.pmat.academy. It's always nice to celebrate our school community.

This Week's Sixth Form News

Messages from Mr MacFarlane, Head of Year 13 and Mr Charlton, Head of Year 12

TEFL

Our Teaching English as a Foreign Language course goes ahead on Monday 3 and Tuesday 4 April. A letter with further detail will be issued this week to those signed up to complete the course. We're really excited that so many students have signed up for such a tremendous opportunity.

God and the Big Bang

Thank you to all our Year 13 students who took part in the 'Big Bang' day on Monday, asking such excellent questions and being such fantastic representatives of our school. The sessions proved really informative and students should be proud of their attitude.

Attendance

Just a quick reminder from the Sixth Form team that every day in lessons really does count towards your final exams. Particularly a message for our Year 13s now who only have 5 weeks left of in-school time, each lesson you attend is another major step towards excelling in the summer - push through the last few hurdles now.

Reminder: Year 13 A Level Mock Results

Students should be incredibly proud of their mock performance these last few weeks, well done for showing such commitment. Results will be issued as they have been marked and any necessary intervention will be communicated home. Students worked incredibly hard last week and we look forward to seeing the results of their labour. It should place them in a strong and confident position as they approach the Summer exam series.

Reminder: BTEC External Assessment Results

These will be issued on Thursday 23 March. Each Year 13 student will receive a 1-2-1 on results day to discuss current position, likely end point and second sitting requirements. Year 12 students will be spoken to in departments about the same information over the following week.

Sixth Form Rewards

Year 12	Year 13
Jaymee Holmes	Sophie Warburton Olivia Tunnicliffe Phaedra Wright Kirsty Harrison Katie Suchomska

School Menu w/c 27 March

Monday

Mains
Gammon & Pineapple
Spicy Root & Lentil Casserole(V)

On the side
Herby Diced potatoes

Vegetable
Selection of seasonal vegetables served every day

Snack option
Baked potato & fillings
Homemade Sandwiches

Family Favourites
Eves Sponge & Custard
A selection of: Traybake/muffin, Cookies, Yogurt and Fruit

Tuesday

Mains
Meat balls in a Tomato & Basil sauce
Veggie Balls in a tomato & Basil sauce(V)

On the side
Fusilli Pasta

Vegetable
Selection of seasonal vegetables served every day

Snack option
Baked potato & fillings
Homemade Sandwiches

Family Favourites
Homemade Chocolate Mousse
"A selection of: Traybake/muffin, Cookies, Yogurt and Fruit"

Wednesday

Mains
Toad in the Hole
Veggie Toad in the hole (v)

On the side
Creamed Potato

Vegetable
Selection of seasonal vegetables served every day

Snack option
Baked potato & fillings
Homemade Sandwiches

Family Favourites
Rice pudding & jam
"A selection of: Traybake/muffin, Cookies, Yogurt and Fruit"

Thursday

Mains
Chicken & Sweetcorn Pie
Creamy Vegetable Pie (v)

On the side
Oven Baked Potato wedges

Vegetable
Selection of seasonal vegetables served every day

Snack option
Baked potato & fillings
Homemade Sandwiches

Family Favourites
Peach Cobbler & Custard
"A selection of: Traybake/muffin, Cookies, Yogurt and Fruit"

Physical Education Department

"Equipping students with the knowledge, skills and motivation to live active, healthy lives."

Newsletter

Football

This week our Y7 and Y8/9 teams played against Joseph Rowntree School. They played really well together, following with a well-deserved win! Congratulations girls!

Y7 4-0 win – goal scorers Brodie (3) and Evie (1)

Y8/9 11-1 win – goal scorers Ava (2), Meyra (3), Scarlett (2) and Grace (4)

The year 11 team comfortably brushed aside Manor in the league cup semi final this week. Player of match goes to Morgan Bird who was a constant threat on goal. The team go on to play Fulford at Millthorpe on Tuesday. Good Luck!

At the weekend Josie Shutt competed in a gymnastics competition and won 2 medals in the four disciplines that she competed in. Congratulations Josie!

Rookie Lifeguard

The second group of Y7 Rookie Lifeguards have started their training on a Friday after school. They have made a fantastic start and have been learning about different types of casualties and land based rescues. We are moving on to the different types of water based rescues after Easter. Group 1 will have their certificates and badges presented during an assembly before Easter.

Trampolining

Sophia Newstead Lowth (Y7) achieved 2nd place to enter Trampolining Championships in York. Well done Sophia!

Athletics Opportunity

City of York Athletic Club - Although the club is flourishing, vastly oversubscribed and successful (National Finalists in both junior age groups last year, only 3 clubs in Britain achieved this) they are appealing for Y7 boys and girls who might like to try athletics (sprints, jumps, throws) to join them on a Thursday evening, 6.00-7.00pm. Contact the Club Secretary via secretary.coyac@hotmail.co.uk if interested. The club is based at the York University track, YO10 5NA (not at the Sports Village). There will also be a low-key local event on 23 April which is suitable for anyone wanting to "have a go".

City of York Athletic Club

Football

Y7 took part in a netball tournament at St Peter's School. They were up against some very tough opposition and unfortunately, they did not walk away with a victory, but they had a fantastic morning playing netball representing the school excellently with compassion, resilience and great team spirit! Well done to all that took part.

SCHOOL CLUBS

MONDAY

LUNCHTIME (12.15-12.50pm)
- Y8 Basketball (Gym)

AFTER SCHOOL (3.15-4.00pm)
- Y7/8/9 Girls' Football (Back Field)
- Y7/8/9 Badminton (Sports Hall)
- Y10/11 Basketball (Gym)

TUESDAY

LUNCHTIME (1.15-1.50pm)
- Y9 Basketball (Gym)
- Y11 GCSE PE Badminton (Sports Hall)

AFTER SCHOOL (3.15-4.00pm)
- All years Netball (Tennis Courts)
- Y10 Fitness (Fitness Suite)
- All years Boys' Rugby (Back Field)
- Y13 BTEC Sport P6 (IT5)
- All years Boxing Academy (Studio)

WEDNESDAY

LUNCHTIME (12.15-12.50pm)
- Y8/10/SF Detentions (PE1)

AFTER SCHOOL (3.15-4.00pm)
- Girls' Leadership (PE1)
- Y11 GCSE PE Badminton (Sports Hall)

THURSDAY

LUNCHTIME (1.15-1.50pm)
- Y7/9/11 Detentions (PE1)
- Y11 GCSE PE Netball (Sports Hall)

AFTER SCHOOL (3.15-4.00pm)
- Y8/9 Fitness (Fitness Suite)
- Y10 Basketball (Gym)
- All years Girls' Rugby (Back Field)

FRIDAY

LUNCHTIME (1.15-1.50pm)
- Y7 Girls' Football (Sports Hall)

AFTER SCHOOL (3.15-4.00)
- All years Cricket (Sports Hall)

AFTER SCHOOL (3.15-4.15)
- Y7 Rookie Lifeguard - invite only (Swimming Pool)

Tweet us @ @AHSPhysEd

Boxing Academy

We have a new Boxing Club for all year groups on Tuesdays after school in the Studio from 3.15-4.15pm each week until the end of the term. Students will need their AHS Indoor PE kit and a drink. The club is free of charge and is subsidised by the school.

The club is run by Paul Cashmore, a former AHS student and Met Police Officer, who now works on Channel 4s "The Hunted" as a Hunter. Paul set up a boxing academy in London alongside his TV work and has brought his academy to York.

The boxing club's aim is to inspire and promote health and fitness, increase confidence inclusive of all genders and abilities in a disciplined yet fun and safe environment. It is non-contact, if talent is identified they may be referred to a local

Football Boot Donations

If you have outgrown your football boots and have no one to pass them on to, please donate them to school. We are hoping to save some of the millions of good quality boots being sent to landfill. There is a donation box in the main school reception area. Thank you.

Y11 GCSE PE

Moderation day has been confirmed for Thursday 27 April and, as such, we have increased the number of practical sport sessions. We have organised competitions for Athletics (Thursday 23 March, 1.30-4.00pm), Girls' Football (Thursday 9 March, 3.30-5.30pm) and a Swimming Gala (Friday 10 March, 1.30-3.30pm). We have also arranged additional practice sessions: Badminton on Tuesday lunchtime and Wednesday after school. Netball is also on Tuesday after school and Thursday lunchtime. Attending these sessions will give you the very best chance of improving your practical grade. Final deadline for any additional practical footage is Monday 13 March. Please note that footage must be of good quality and demonstrate the performers ability.

Extra-curricular PE

Please see our new extra-curricular programme for this half term. Remember that our clubs are a relaxed environment with a focus on participation and enjoyment, students don't have to be selected in teams. Fixtures are also back on, so if students would like to be a part of a team, they will need to attend training to be eligible for selection.

School PE Kit

If any student has borrowed school PE kit, please can it be returned to a member of the PE department. School PE kit is usually labelled "AHS". If you have any unwanted school PE kit, we would be extremely grateful for any donations.

Google Classroom

On Google Classroom students can access general PE information, their Programme of Study, the Extra-Curricular Programme, Community Links and a curriculum map outlining what students study each year.

Illness & Injury in PE Lessons

In PE we endeavour to provide every student with an enjoyable experience by which they progress and achieve their full potential. In doing so our school policy for illness and injury is stated below and in line with Ofsted guidance. This policy ensures that no student is missing out on vital information and is progressing through the lessons and scheme of work with their peers. They may not be able to take part fully, but they will still have a valued role within the lesson.

In the unlikely event that a student is unable to take part fully in PE lessons due to injury or illness then a signed parental note needs to be presented to their teacher at the start of the lesson. Please state the nature of their injury in your note so that the member of staff teaching your child can use their discretion as to how much the student can continue to be involved.

Despite being unable to take part fully, they may take on an officiating or coaching role or still be able to take part in moderate exercise. For example, if a student has hurt their hand and the planned lesson is football, the student can still take part at a moderate level. If the student is unwell, again the member of staff would use their discretion to decide how appropriate the lesson plan is for the student and decide on an appropriate role for the student.

On receiving the note, we expect that all students whatever the injury or illness still get changed for PE (If they are excused from swimming, they need to bring shorts and t-shirt). This is to ensure that they can, whatever the weather or activity, continue to participate in the role they are given. If a student arrives without sufficient kit they will receive an 'E' code as stated in the school policy. If they forget all their kit they will receive a detention and, in both instances, they will be expected to wear the school's spare kit.

This policy ensures that all students are involved in the learning process and that the student will be appropriately dressed for being outside in all weather, with their teacher (there is no alternative supervision for the students so they must remain with their allocated teacher at all times). Please be advised that girls will not be excused from PE (except for swimming lessons) suffering from period pains. Medical evidence suggests that exercise eases these symptoms.

Thank you for your continued support

OUR SCHOOLS ARE RECRUITING

Support Staff Vacancies

For details and to apply, visit our website or scan the QR code

Job	Estates & Facilities Apprentice
School	Pathfinder Multi Academy Trust
Details	Apprentice National Minimum Wage Level 3 Apprenticeship Training Course - Facilities Management Supervisor
Closes	N/A

Job	Cook (External Vacancy)
School	Rufforth Primary School
Details	Hutchison Catering Term time only, £10.88 per hour 10.5 hours per week – Wednesday & Friday 08:30 to 13:45 Please contact – Susie Arnold 07500 958950 or email susie@hutchisoncatering.co.uk
Closes	N/A

Job	Midday Supervisory Assistant
School	Heworth CE Primary School
Details	Grade 2, Level 1: £20,253 (reduced pro rata). Full Time,7.5 hours per week, term time only
Closes	N/A

Pathfinder Multi Academy Trust is an equal opportunities employer, committed to safeguarding and promoting the welfare of children. Enhanced DBS check required.

Pathfinder Multi Academy Trust