



School Newsletter 533

Values – Care – Achievement

Thursday 14 November 2024

Headteacher's Introduction

Dear Parents and Carers,

Welcome to our tenth newsletter of the Autumn Term 2024.



This week, our acts of collective worship have taken on a particularly poignant tone as we've focused on Remembrance Day. It's been truly heartening to witness the engagement of our students, especially those in Key Stage 3, who have stepped up to deliver readings with poise and respect. Their contributions have added a personal touch to our reflections, reminding us of the importance of honouring those who have sacrificed so much.

Our Sixth Form students have also played a significant role in these commemorations. Through their pre-recorded memoirs of fallen heroes, they've brought history to life, helping us all to connect more deeply with the stories of individuals who have shaped our nation's past.

On a lighter note, I'm excited to share that we've re-launched 'The Headteacher's Breakfast' for this academic year. It's been an absolute pleasure to kick off this programme with our Year 7 students. I must say, I've been thoroughly impressed by those who have received this accolade.



It has been a pleasure to listen to them speak about their 'Archbishop Journey' with enthusiasm and passion. Their words have painted a vivid picture of the positive experiences they're having as they navigate this crucial first year of secondary education. I'm eagerly looking forward to extending this experience to students from other year groups in the coming weeks. It's a chance for us to acknowledge their hard work and achievements, and for me to gain valuable insights into their school life.

The energy and commitment I've witnessed this week, from our thoughtful Remembrance Day observations to the excited chatter at the breakfast table, remind me of the vibrant, caring community we have here at Archbishop Holgate's.

With best wishes for the week ahead.

AHS Feedback

We welcome all feedback and thank all parents for their valuable contributions. If you have a query or simply an observation about the school please complete the form online.



Community Advent Service

This year, the school is offering four Advent Services during the final weeks of term for all members of our community: students, staff, parents and carers, our neighbours. This seasonal celebration was first undertaken last year. These will take place mostly on Thursday at 4.00pm and will provide a quiet space and time in this busy period to reflect peacefully and be still. The dates are Thursday 28 November, Thursday 5 December, Thursday 12 December and Tuesday 17 December.

We are inviting all those searching for an opportunity to pause to join us. The services will be very simple and so if you would like to step away from the Christmas hustle and bustle for a little while, please join us at 4.00pm every week from 28 November, and stay afterwards for some refreshments.

Sixth Form Open Evening

Tuesday 19 November, 6.00pm

Values - Care - Achievement

Media Arts Expo at The Guildhall

Thirty Five Year 10 Media and Art students attended the Media Arts Expo at The Guildhall, York, last Friday where they were introduced to a range of Media Arts companies in the York area. Students spoke with local employers and found out about careers and opportunities in the Creative Industries. Students then attended a screening of short films at the Theatre Royal, enjoying short films from a variety of genres and themes as part of the Aesthteica Film Festival. A festival organiser commented on students' excellent behaviour, conduct and politeness while attending the event. Well done to the students on really making the most of this event.



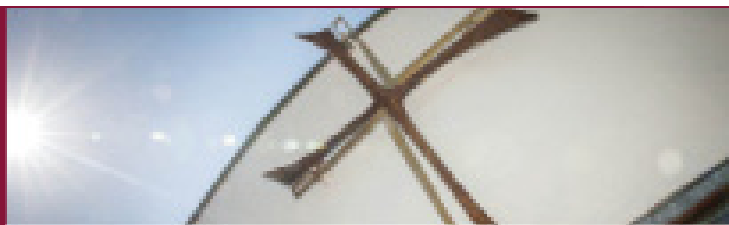
Social Media



Please follow us on Twitter @AHSYork or Facebook to keep up to date with the latest news and events!



This Week's School News



AHS Staff and Community Choir

Come and sing with us at our Christmas Carol Service at York Minster on Monday 9 December, 7.30pm. All resources available, from full music or lyric sheets to recordings to practice at home. No previous experience is necessary – just come along! Rehearsals will take place with Mrs Morrison in L37 (upstairs in Sixth Form building) on the following dates:



Monday 18 November - 3.30-4.15pm
 Monday 18 November - 5.00-6.00pm
 Monday 25 November - 3.30-4.15pm
 Monday 25 November - 5.00-6.00pm
 Monday 2 December - 3.30-4.15pm
 Monday 2 December - 5.00-6.00pm

Please complete the google form to confirm which rehearsals you can attend. Any questions, please contact Mrs Morrison.

(<https://forms.gle/cGt9TkY3xjVtvmfD9>)

Upcoming Events

Tue 19 Nov	Sixth Form Open Evening
Wed 20 Nov	Y8 Progress Evening
Mon 25 Nov	Y11 Drop-in Evening
Wed 27 Nov	Y12 Form Tutor Evening
Thu 28 Nov	Advent Reflections (School Chapel)

Parent Governor Election

Following the response to our Parent Governor nomination and the number being higher than the one vacancy, it has been necessary to hold a ballot to elect a Parent Governor from the five candidates. A link to complete the ballot electronically has been sent to parents, please contact jssissons@ahs.pmat.academy if you have not received the information.

The Parent Governor ballot will close at 1.00pm on Friday 15 November.

MFL Stars of the Week

Students were nominated by Language staff to receive an Effort merit, a postcard home and appear on the 'Stars Wall' for all their hard work:

KS3 French – Henry Tyson, 7MSt
 KS3 German – Tyler Dennis, 7JLi and
 Jacob Kettle, 7JLi

KS3 Spanish - Sebastian Tuck-Parzanese, 8ERo

KS4 French – Eda Ali, 11KCe

KS4 German – Eleanor Jones, 11Ap

KS4 Spanish - Brooke Cooper, 10MDn



Food for Thought

This week our Form Tutor Act of Collective Worship is entitled 'The Importance of Remembering', looking at why Remembrance Day and thankful remembering are such an important thing to do. Our daily quotes have continued the theme of peace:

"They died for the future, for an ideal world that we could live in, an earth at peace. Now it is our turn to strive for peace on earth."

Michael Davis

To receive the daily Thought for the Day straight to your phone or other electronic device sign up to @AHSChaplaincy on Twitter.



PLEASE SHARE: If you would like to share students' achievements and events in the community, please email jssissons@ahs.pmat.academy. It's always nice to celebrate our school community.

Donations for the School Unity Fund



This year, our Year 13 Business students are coordinating fundraising efforts for the fantastic work of the School Unity Fund, which supports families in need within our community. Please help this amazing work by sending donations for our raffle of new unopened:

- **Toiletries** including shampoo, conditioner, body wash, perfume, soaps etc
- **Chocolate products** including chocolate bars, boxes of chocolates, hot chocolate packets, chocolate ornaments, advent calendars etc
- **Christmas sundry items** including cranberry sauce, stuffing mix, gravy granules etc
- **Pamper products** including nail varnishes, makeup products, face masks, hand and body creams, sleep masks, makeup brushes/sponges, candles, aromatherapy oils etc
- **Bottled non-alcoholic beverages** – please do not bring alcohol to school

These can be donated through form room collection boxes. We will be collecting donations from form rooms on 14 and 20 November. The Forms with the greatest number of donations, each week and in total, will also win prizes. All donations are greatly appreciated, thank you in advance for your support.

Admissions Consultation for 2026-27 Entry

In conjunction with City of York Council, we are currently consulting on our admission arrangements for 2026-27. The consultation is running from 7 October to 18 November and includes the admissions policies and planned number of places (PAN) available at each school in York for entry in September 2026. For more information and to respond to the consultation, please see the admissions page on our website or visit: <https://www.york.gov.uk/SchoolAdmissions2026To2027>.

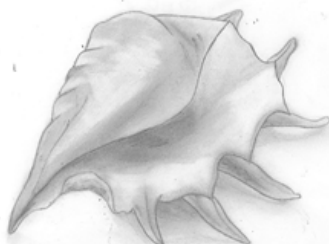
Art - Work of the Week

Well done to Year 8 this week on some fantastic pencil drawing homework of shells. Here are a few exceptional examples from; Adam Wright, Ryan Bell, Britney Tam, Claire Haunch, Hattie Handley and Toby Barley.

Adam Wright



Britney Tam



Hattie Handley



Ryan Bell



Claire Haunch

Toby Barley



Careers Corner



Understanding T Levels



Webinar for parent/carers who would like to know more about T-Levels - Tuesday 19 November, 3.30pm

<https://us02web.zoom.us/join/9876543210>



Apprenticeships with Dunelm

Webinar for all interested in Apprenticeships with Dunelm - Tuesday 3 December, 4.00pm

<https://us02web.zoom.us/join/9876543210>

Menu w/c 18 November

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Chicken Korma Vegetable Tikka masala (V)	Meat feast Pasta Bake Vegetable Pasta Bake (V)	Roast Beef Covent Garden Crumble (V)	Beef Bolognaise Vegan Bolognaise	Freshly Battered Fish Vegetarian Quiche (V)
On the side	Steamed rice & Naan Bread		Oven Roasted Potatoes Yorkshire pudding	Spaghetti Garlic Bread	Chips
Vegetables	Selection of seasonal vegetables served each day				
Snack selection & Daily Special	Baked Potato with selection of fillings Ciabatta pizza & Chips Homemade Sandwiches	Baked Potato & fillings Jumbo sausage roll & Beans Homemade Sandwiches	Baked Potato & fillings Pasta pot Homemade Sandwiches	Baked Potato & fillings Meatball Sub Homemade sandwiches	Baked Potato & fillings Chip butties Pizza slice, Loaded fries Homemade Sandwiches
Family Favourites	Apple Crumble & custard A selection of: Traybake/muffin Cookies Yogurt Fruit	Steamed Syrup Sponge & Custard A selection of: Traybake/muffin Cookies Yogurt Fruit	Lemon Drizzle Cake & Cream A selection of: Traybake/muffin Cookies Yogurt Fruit	Jam Roly- poly & Custard A selection of: Traybake/muffin Cookies Yogurt Fruit	Chocolate Sponge & Chocolate Sauce A selection of: Traybake/muffin Cookies Yogurt Fruit

Message from Head of Year 7, Miss Powell

We have nearly reached the end of another fantastic week in Year 7! This week there have been lots of exciting activities going on with relations to anti bullying week and Remembrance Day. On Monday, 7MFr led us in a wonderful assembly about Remembrance Day. This included various students speaking and reading poems and prayers. A special anecdote that was mentioned was that of a soldier who fought in WW1 and was previously a student of AHS. Our remembrance reflections continued into chapel this week. We learnt about the symbol of the poppy and the famous poem In Flanders Fields. Further to this, it has been anti bullying week this week. It was great to see so many students in odd socks on Tuesday and it was wonderful to have my email inbox full of photos of various pets with their odd socks on too! A huge thank you to all students who got involved with this. Whilst anti bullying week will be over next week, we encourage students to remember to 'Choose Respect' and to always be kind to one another and stand up for what is right.

In lessons, Year 7 students continue to work hard and we are very impressed by the work ethic and enthusiasm for learning. Some highlights of the week include watching students play football in the autumn sunshine, students learning to swim and some exciting science experiments!

As always, should you need any support please don't hesitate to get in touch via main school reception.

Message from Head of Year 8, Mr McPaul

I hope this message finds you well. As we approach the end of another busy week, I wanted to take a moment to reflect on some of the fantastic events and achievements that have taken place within our school community. On Tuesday, our year group commemorated Remembrance Day, led by the students from Form 8ERo. I must say, the students who led the assembly were truly amazing, and their peers who were in attendance showed exceptional respect and reverence. It was a wonderful display of our school's values and a poignant reminder of the importance of this special day. I would also like to extend a huge thank you to all the students who participated in Anti-Bullying Week by wearing odd socks and sending in photos of their pets wearing odd socks as well. It was a brilliant way to raise awareness about this important issue and promote a sense of unity and inclusivity within our school. On the sporting front, our Year 8 boys' football team had a fantastic start to their season, dominating the county cup with a 10-1 win against Thirsk School. All the players were excellent, and it was clear that they had worked well together as a team. Special mention must go to Ryan B, who scored an impressive five goals, and Alfie S, who was very influential on the right-hand side. As we approach the festive season, our school's Unity Fund is gearing up for its annual charity drive. We are kindly asking parents to facilitate donations of various items, which will be used to support those in need within our community. We can accept the following: * Toiletries: shampoo, conditioner, body wash, perfume, soaps, etc. * Chocolate products: chocolate bars, boxes of chocolates, hot chocolate packets, chocolate ornaments, advent calendars, etc. * Christmas sundry items: cranberry sauce, stuffing mix, gravy granules, mince pies, Christmas puddings, etc. * Pamper products: nail varnishes, makeup products, face masks, hand and body creams, sleep masks, makeup brushes/sponges, candles, aromatherapy oils, etc. * Baked goods that can be resold during bake sales (in date and unopened, ideally with allergen information provided). * Bottled products: non-alcoholic and alcoholic beverages. If you are able to donate any of these products, please could they be sent in by Wednesday 20 November, we would be most grateful. Your support will make a significant difference to those in need within our community.

If you need to get in contact with me directly, please email me at cmcpaul@ahs.pmat.academy or Mrs Robinson at jrobinson@ahs.pmat.academy.



Message from Head of Year 9, Miss Cooper

This week in Chapel and assembly we looked at Remembrance Day. We spoke about why it is a really important day to reflect on and looked at Captain Robert Randerson who was a soldier from York who died in the war. Captain Robert Randerson was also a student at Archbishop Holgate's School. On Monday we were really lucky to see lots of Year 9s in their Cadet and Scout uniforms. I have loved hearing about all the students involved with parades and seeing some great photos too! This week we have also been learning about anti-bullying week and the different roles that students play in bullying. A reminder that bullying can be reported through our 'report it' form which can be found on the website or by phoning reception and asking to speak to the Year 9 team.

We have also celebrated with some of our students who received fantastic reports last half term. It has been great to walk around and see Year 9 so focussed in their lessons. Well done to our merit leaders for the week: Byron Fearn, Ethan Hawkins, Courtney Naylor and Gusts Steinburgs!



Message from Head of Year 10, Miss Chambers

Another week of hard work and excellent behaviour in Year 10 - and well done to all our students who have completed progress checks in Science Assessment week!

This week, we have had Anti-Bullying week which is an important point in the year to help stamp out bullying. Whilst we work hard to uphold a strong anti-bullying stance, we know that unfortunately bullying does happen in all schools. There will usually be a "Ringleader" to this, however often the "Assistant", "Reinforcer" and "Bystander" roles that other students play is what exacerbates the situation and allows the unkind behaviour to continue. By educating and reminding all students of how they can be "Defenders", we can try to prevent this. All students will be making Anti-bullying pledges in their Forms; were invited to wear odd socks as a show of solidarity; and have also been reminded where to find our electronic "Report It" forms.

Thank you to the 75 students who gave up their time after school to attend the first Duke of Edinburgh meeting this year. For anyone not able to attend, Mr Goldsmith, who leads DoFE, will post all the details on the Year 10 Google Classroom. Students who sign up for DoFE have been reminded they must be certain of their commitment to avoid wasting their parents' deposits(!); need to be committed to pursuing around an hour of extra-curricular activity each week; and should ensure they can definitely commit to the expedition dates before signing up.

We are continuing to encourage students to pursue Work Experience placements on GroFar and will begin to consider more targeted support for students struggling to set up placements independently after Christmas. Thank you very much for your efforts to support your child in their endeavours at home, and please do let us know if you are having any issues. Your child can speak to their Form tutor or come and see the Year team if they need any help.

If you have any queries or concerns about your child in Year 10, please contact school reception to speak to someone in the Year 10 team, or you can email reception@ahs.pmat.academy.



REWARD & RECOGNITION

It's wonderful to see so many students feeling excited about the new term and on the build up to Xmas there will be lots for everyone to enjoy.

Super 7 Booklets HT2

We were thrilled to have such an excellent response to the first term's Super 7's Challenge and we look forward to students taking part in it again this half term.



What is the Super 7 challenge?



All students will receive a Super 7 booklet and are encouraged to take part in as many extra-curricular activities as possible each week. Students can get their booklets signed each session and at the end of the half term, post it into the post box, entering the Super 7 competition. Remember, 'Joining in' is a key part of the AHS Journey so let's get involved!!!

Headteacher Breakfast

We have thoroughly enjoyed welcoming the Year 7 students to the Headteacher Breakfast on Tuesday. Students were treated to a range of treats and thoroughly enjoyed chatting with Mrs Pond about school life. Next Headteacher Breakfast dates are:



Y8 - Tuesday 19 November
Y9 - Tuesday 26 November
Y10 - Tuesday 3 December
Y12 and Y13 - Tuesday 10 December
Y11 - Tuesday 17 December

Winners of the award should meet at the main school reception at 8.45am, where they will be then escorted to the breakfast.

Congratulations to our Year 8 winners:

Year 8 Winners	Reason
Isabella Peal	Isabella can be trusted 100% to be prepared and focused during form time. She lives out the school values everyday by being compassionate and generously patient with others in her form group and has put herself forward to lead form time collective worship. She has also been really mature and sensible in sensitively reporting incidents of bullying and unkindness. A real role model!
Isabel Sabbadin	Isabel is an excellent member of the tutor group! She always has a perfect uniform and is on time, with equipment. Well done Isabel!
Jenny Hassell	Always on time, excellent attendance, polite and friendly. Will volunteer to help and also has an excellent uniform.
Olivia Swallow	Polite, immaculate uniform, helpful, a good friend and takes an active part in form time activities!
Lily Clarke	Always punctual, excellent uniform, has compassion for others and is vocal in form time discussions.

AHS House News



We are thrilled to have accepted 34 applications for our House and Vice Captains roles in Y7. The closing date was the 11th November and we will be announcing our successful candidate in next week's newsletter.

We have plenty of House Competitions taking place this half term. Students can look forward to taking part in:

- | | |
|----------------------------|-------------------------|
| Cross Country | Bright Sparks Challenge |
| Politics Quiz | Sparx Maths |
| Food Christmas Competition | Language Spelling Bee |
| Computing | Netball and Football |
| History Quiz | |

Some students in Art have also been busy competing in a House Mask competition, this is for our very special Christmas Celebration which we will be announcing in the next couple of weeks...It's all really exciting!!!!!!!!!!!!!!!!!!!!!!

Year 8 Winners	Reason
Katy Hambleton	Katy has made an exemplary start to the year: punctual, engaged, and living out the school values in every lesson, Katy has relished every opportunity thrown her way this year with real enthusiasm.
Kaden Smith	Kaden is a lovely pupil who shines positivity and compassion around him and who is always ready to help with a smile on his face. He has gained confidence in Year 8 and I love seeing him contribute in form.
Chloe Marshall	Often makes valuable contributions to tutor discussions and debates with empathy and compassion.
A N	Areesha is an amazing pupil who always works hard and is always a positive influence on those around her. She truly lives the school values.
Phoebe Neal	Phoebe consistently works hard in all areas of school life. She always has the correct uniform and equipment. Phoebe can be relied upon to volunteer her point of view in any form discussion.
Cameron Todman	Cameron is polite, helpful and takes great pride in form time discussions, especially News which he runs each week.

Head of Year Nominations and Award

Wonderful to see so many pupils being nominated in the first week back after half term. Well done to each and everyone of you...



KS3 and KS4

Alys Turner	Kodie Leech	Hadia Naibi	K M
Ella Hendon	Mark Stewart	Edward Freeman	Lucy Rouse
Jasper Kilkenny	Riley Brett	David Gobl	Thomas Bettany
Cameron Todman	Ini Olanipekum	Heonjae Jeong	Seb Ostrowski
Alys Turner	Prisha Patel	Thomas Allen	Daniel Ajulo
Ethan Hui	Eddie Hemmings	Emma Kemp	Jake Bell
Ella Hendon	Harry Hazelwood	Evie Langan	Grace Day
Phoebe Wilkinson	Esme Kerr	Evie Wilkes	Xanthe Brown
Jed Jenkins	Skye Anna McCarthy	Abbie Preece	Charlie Carr
Elsie Dillon	Mustafa Abdalla	Amelie Rutherford	Lowri Spruce
Abbie Race	Max Browne	Hadia Naibi	Mazin Khalifa
B F	Arthur Evans	Maisie Smart	Georgina Richardson
Kira Precious	Isabella Ryan	Oscar Bell	Ronald Hui
Summer Taylor	Lowri Spruce	Lois Miller	Daniel Norris
Alfred Davies	Anurag Lokesh	Jamie Phillips	Cowen Mason
N S B	Aya Harper	Hannah MacFarlane	Tamara Alahendrage
Orla Deasy	Poppy Keogh	Jacob Fletcher	

Sixth Form

Isla Parkinson	Neve Bell	Dec Childs	Lydia Cullivan
Dan Real	Caitlin Casey	Emma Bettles	Ade Gilbert-Cornish
Reece Kegg	Emily Barber	Evan Bartholomew	Libby Anderson
Gemma Oxtoby	Austin Currie	Imogen Rhodes	Kate Newton
Georgina Kitney			



Year 7	Year 8	Year 9
Kodie Leech	Alys Turner	Hadia Naibi
Mark Stewart	Ella Hendon	Edward Freeman

Year 10	Year 11	Year 12	Year 13
K M	Charlie Carr	Isla Parkinson	Emma Bettles
Lucy Rouse	Lowri Spruce	Dan Real	Evan Bartholomew

AHS Personal Development Hub and Merit Mart



A reminder of rewards and recognition available throughout the year:

Daily/Weekly	Half Termly	Termly	Yearly
House Merits	Subject Certificates	AHS Accolades	Speech Night
HOY Award	Headteachers Breakfast	CEO Award	Sport Day
Positive Messages/Phone Calls	House Competitions	Awarding of House Ties/Signature Tie	Announcing the House Winners and Presentation of the House Cup.
Nominations for HOY	Celebratory ACW and Award Distribution	Whole School Celebrations (Christmas, Easter and Summer)	
House Competitions		House Competitions	
		Whole School Celebrations	

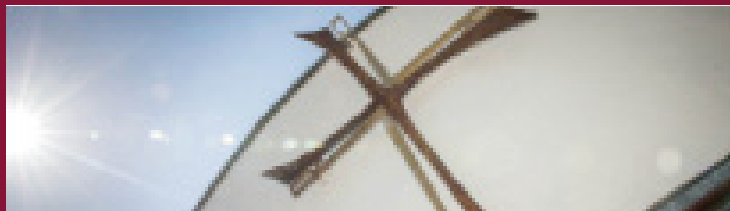
A reminder that the Merit Mart is open again for business. We are getting ready for Christmas and students can purchase Christmas cards, Christmas colouring books and soon they'll be able to enter the famous Christmas Raffle!

At the Personal Development Hub, students are able to collect information about everyday life, extra-curricular activities, trips and visits and careers. There will also be a number of opportunities to take part in 'Pupil Voice' to give feedback on a number of 'hot topics' based on the school community.

Students will be able to access the Personal Development Hub in line with the Merit Mart opening times - weekdays, 1.20-1.50pm..



This Week's Sixth Form News



Message from Mrs De Lashley, Assistant Head: Director of Sixth Form

Open Evening

We look forward to welcoming our Year 11 students alongside students from across the city to our Sixth Form Open Evening on Tuesday 19 November. We are so proud of our Sixth Form and this is an opportunity to share with families why we love what we do here. The event will be held between 6.00-8.00pm, formal invites have been shared.

Book Recommendation of the Week

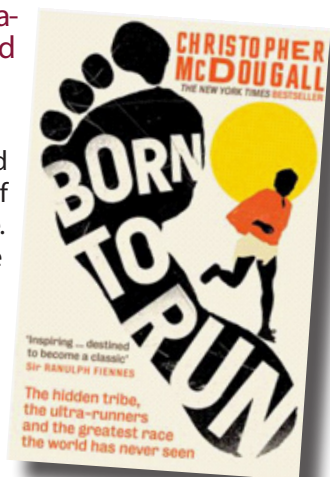
A reminder that each week we share a recommendation from the post-16 reading list that we hope our students will engage with. This reading list is one of many that can be found online but one that we think is broad, challenging and accessible. A copy of all of the listed books can be found in the Resource



Born to Run: The Hidden Tribe, the Ultra-Runners, and the Greatest Race the World Has Never Seen

by Christopher McDougall.

This part collection of motivational stories and part guide to how to run and push yourself is more gripping than a running shoe sole. When a group of committed endurance athletes seek out the obscure Tarahumara, a people with mythical distance running abilities, two cultures collide in this exposition of sports mechanics, knowledge, and strong-willed characters. An unforgettable read for sports enthusiasts.



Theatre Trip

Year 12 and 13 A Level English Literature students enjoyed a trip to York Theatre Royal last week to see a fantastic adaptation of Jane Austen's "Pride and Prejudice" – the Olivier Award-winning "Pride and Prejudice" (*sort of). Our students were exemplary and thoroughly enjoyed seeing an inventive reimagining of this classic satirical novel! Ms Collins and Mrs Cockle



Kit Reminders

Please can we remind students that everyone needs to have a school hoodie or reversible for their outdoor PE lessons. As the weather is turning cold, students need to be dressed appropriately for their lessons as we will be outside in all weathers. Students will also need to ensure that they have shin pads, navy blue football socks and boots for their football and rugby lessons due to health and safety. All PE kit is available from Keal Teamwear on Walmgate or through the secondhand school UNIFORMD shop. Please see the school website for more details.



Please can we also ensure that students have somewhere to keep their jewellery during lessons as it all needs to be removed for PE. Covering with tape is only an option for the first few weeks until it can be removed. This is due to health and safety risks to your child and others in the class.

Physical Education Department

"Equipping students with the knowledge, skills and motivation to live active, healthy lives."



Fixtures update - Netball



Y8 were on flying form in their first league match of the season winning 5-4 against All Saints. It was a very closely contested match with AHS down 4-0 in the first half. Well done to all who played. Star player goes to Ella Hendon for her superb shooting ability.

Y9 also had their first league game of the season playing at home v All Saints. AHS stormed to a lead of 5-2 in the first half with All Saints coming very close to a draw in the second. AHS held on for the win of 7-5 points. Well done to all who played. Star players go to Charlotte Brannan and Alex Dunlop Gibson.

The Y10 & 11 netball teams were away playing against Bootham this week in their league games. The Y10 game was a very close game up until the last whistle with an unfortunate loss of 17-16 points. The girls fought hard for a win. The Y11's played well but were unfortunately outwitted this week with a loss of 28-12. Excellent play by all with great spirit and sportsmanship. Star players go to Hetty Doney and Olivia Lister. Well done!

New Club Spotlight Dance Club

We had a fantastic first dance session this week with Dani. The quality of dancing was amazing.

The club is open to all students in any year group. Meet in the gym on Monday to join in.



Fixtures update - Football



The Y8 boys kicked off their season with a dominant display in the county cup; beating Thirsk School 10-1. All the players were excellent and played well as a team. Ryan B scored an impressive 5 goals and Alfie S was very influential on the right-hand side.



The U13 girls' football team were playing against All Saints last week and fought out a tough 1-1 draw. Well done to all the girls for their great teamwork and resilience during the game.



MONDAY

LUNCHTIME (1.15pm)

- Y7-8 Netball (Sports Hall)
 - Y9-10 Basketball (Gym)
- #### AFTER SCHOOL (3.20-4.10pm)
- Y9-10 Netball (Sports Hall)
 - All Years Dance (Gym/Studio)

TUESDAY

LUNCHTIME (1.15pm)

- Y7-8 Indoor Football (Sports Hall)
- #### AFTER SCHOOL (3.20-4.10pm)
- Y10-11 Fitness (Fitness Suite)
 - All Years Badminton (Sports Hall)
 - Y7-8 Table Tennis (Studio)
 - All Years Boxing (Gym)
 - Y7 Beginners Swimming - invite only (Pool)

WEDNESDAY

LUNCHTIME (1.15pm)

- Y12-13 Netball (Sports Hall)

THURSDAY

LUNCHTIME (1.15pm)

- Y11 Badminton GCSE (Sports Hall)
- #### AFTER SCHOOL (3.20-4.10pm)
- Y7-8 Basketball (Sports Hall)
 - Girls' only Fitness (Fitness Suite)

FRIDAY

LUNCHTIME (1.15pm)

- Y7-8 Indoor Football (Sports Hall)
 - Y10-13 Exam Catch Up (PE1/IT4)
- #### AFTER SCHOOL (3.20-4.10pm)
- Y7 Rookie Lifeguard - invite only (Pool)

Tweet us @ [@AHSPhysEd](https://twitter.com/AHSPhysEd)





Lunchtime Clubs



Monday	Tuesday	Wednesday	Thursday	Friday
Chapel Chill Out 13:15 - 13:45 The Chapel Miss Turvey	Y7 YOYO Club 13:15 - 13:50 The Chapel York Schools Trust	KS4 and 5 Chess Club 13:15 - 13:50 SC3 Mr Tilbrook	Y8 and 9 YOYO Club 13:15 - 13:50 The Chapel York Schools Trust	Y7 MFL Film Club 13:20 - 13:50 ML4 Miss Leplatre Bring your packed lunch
KS3 Chess Club 13:15 - 13:50 SC3 Mr Tilbrook	Folk Band 13:15 - 13:50 L40 Mr Clements	Y10 YOYO Club 13:15 - 13:50 The Chapel York Schools Trust	Y11 GCSE PE Badminton 13:15 - 13:50 Sports Hall Mr Goldsmith	DT Club 13:20 - 13:50 TE3 DT TEAM
British Sign Language Club 13:20 - 13:50 GG4 Miss Isherwood First come first served basis	Y7 and Y8 Indoor Football 13:15 - 13:50 Sports Hall Mr Goldsmith	KS3 Maths Club 13:15 - 13:50 MA4 Dr King	Jazz Band 13:15 - 13:50 L37 Mrs Morrison	Y10 - 13 Sport Exam Catch up 13:15 - 13:50 IT4/PE1 Mr Goldsmith
Year 8 Portrait Drawing Club WEEK B ONLY 13:20 - 13:50 AR3 Miss Dugdale		Werewolf Card Game Club 13:20 - 13:50 Hi1 Miss Field	History Club 13:20 - 13:50 Hi3 Mrs Paver	Y7 and Y8 Girls Indoor Football 13:15 - 13:50 Sports Hall
Music TECH Club 13:15 - 13:50 L40 Mr Clements		6th Form Netball 13:15 - 13:50 Netball Courts Miss Gavin	Come along and 'Join in', it might open up lots of 'opportunities' and allow you to 'understand yourself and others'. Clubs help build 'responsibility and resilience', they may help you decide on your 'next steps', and make you 'examples to follow'. It's exciting what 'your future' may hold!	
Y7 and Y8 Netball 13:15 - 13:50 Sports Hall Mrs Amos		6th Form Only Lawyers Who Lunch 13:15 - 13:50 L33 Miss Brown		
Y9 and Y10 Basketball 13:15 - 13:50 Gym				



After School Clubs



Monday	Tuesday	Wednesday	Thursday	Friday
Backstage Club 15:15 - 16:15 Main Hal Mr Gladstone and Mr Clements	QUILT BAGS 15:15 - 16:00 (RE1) Mr Everdell, Miss Brown and Dr King		Y7 and Y8 Basketball 15:20 - 16:20 Sports Hall	AHS Unity Choir 15:15 - 16:00 L40
Y9 and Y10 Netball 15:20 - 16:10 Sports Hall Mrs Amos	Y10 and 11 Fitness 15:20 - 16:10 (Fitness Suite) Mr Skelton		ALL YEARS Needlecraft Club 15:15 - 16:00 (RE6) Mrs Robertson	Y7 Rookie Lifeguard (Invitation Only) 15:15 - 16:20 - Swimming Pool
ALL Years - Dance 15:20 - 16:10 Studio Dani	Badminton All Years 15:20 - 16:20 (Sports Hall) Mrs Beard		KS4 and 5 Book Club 15:20 - 16:00 (EN3) Miss Collins	Board and Computer Games 15:15 - 16:15 - L16 Mr Mountford
	KS3 Creative Writing 15:15 - 16:15 (EN7) Miss Rogerson		Girls Fitness 15:20 - 16:20 Fitness Suite Miss Wheeler	
	Dead Poets Society 15:25 - 16:25 (EN8) Miss Dearlove			
	Debate Club 15:20 - 16:00 (EN6) Mr Stevens			
	Boxing Academy 15:15 - 16:15 (Gym) Paul Cashmore			
	Y7 and 8 Table Tennis 15:15 - 16:15 (Studio) Paul Farmery			

Come along and 'Join in', it might open up lots of 'opportunities' and allow you to 'understand yourself and others'.

Clubs help build 'responsibility and resilience', they may help you decide on your 'next steps', and make you 'examples to follow'. It's exciting what 'your future' may hold!

Extra- Curricular MUSIC 2024-25

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	String Ensemble All years (L37) Mo 		AHS Brass All years (L40) Mo 	GCSE and A-Level Composition Support ZNs/Ne (L40) 	GCSE and A-Level Composition Support Ne (L40) 
	Music Tech Club All years (L40) DCI 	Folk band All years (L40) DCI 	Flute Choir All years (L37) 	Jazz band All years (L37) Mo 	AHS Academy Choir All years (L37) ZNs 
After School		Junior (Y7-9) & Senior (10-13) Soul Band (L40) Mo 	Band rehearsals (by appointment only) Studio 	Orchestra All years (L37) Mo 	AHS Unity Choir (by invitation only) (L40) Ne/ZNs 



NEWS LETTER



Connect@pcforyork.co.uk

Signposts

The Local offer details all providers in York but in this edition we would like to highlight the following groups who may be able to support you

- [York Inspirational Kids](#)
- [Autism Arena](#)
- [Downs Syndrome Group, YDSG](#)
- [Menfulness](#)



Carers Rights Day

We are pleased to be joining with York Carers at this event. Please pop in for coffee and cake.

This is a chance to connect with our staff and legal, financial, and social care professionals who will be available to offer guidance and answer any questions about your rights and entitlements.

Topics we'll cover include:

- Lasting Powers of Attorney, Wills, and Trusts
- Independent Financial Advice
- Welfare Benefits
- Paying for Care
- Social Care
- Carers' Assessments of Need
- Balancing Work and Caring Responsibilities
- Support and Information for Parent Carers
- Resources and Advice for Young Adult Carers



Carers Rights Day 2024

Join us for tea and cake at our
Carers Information & Advice drop-in
Thursday 21 November,
10 – 2 pm
Friends Meeting House,
Friargate, York YO1 9RL

No need to book – just come along and speak to us
Any questions? Call 01904 715 490 or email
events@yorkcarerscentre.co.uk



York Carers Centre
Free Support for Unpaid Carers

Listening Event, SEND employment

Would you like to find out more about SEND employment? Have you got a question in this area or an experience you would like to share. Join us online Weds 27th November at 6:30 to meet other parents and professionals. Email connect@pcforyork.co.uk for a link



NEWS LETTER

Coffee Morning

Come for a chat over coffee (on us) with other parents who share our experiences.

Monday 25th November 10:30 York

Youth Hostel, Water End

Tuesday 3rd December 10:30, Folk Hall

New Earswick



Cuppa and Chat

Sometimes its hard to make coffee mornings and chat with other parents who have lived experience like you.

Our online cuppa and chat is an opportunity to meet up from your own home, bring a cuppa, glass , chocolate whatever and use this time to meet others. No agenda.

Email connect@pcfYork.co.uk for a joining link

Friday 29th November at 7:00 pm

Our Voice Makes a Difference

In the last sixth months we have hosted 42 events in which we have listened to 224 shared experiences. These events include coffee mornings in cafe's, schools or online listening events

We have used these events to gather your priorities, some of which are listed below with detail on what has been done as a result of our shared voice:

Preparation for Adulthood resulting in the rewriting and revisiting of policy and provision in this area

Mental health and Neurodivergence leading to an offer of termly Listening Events with parents, regular meetings with PCF and CAMHS and increased parent voice informing delivery

Short breaks CYC commitment to including parent voice in the upcoming review

Timeliness of EHCP and Annual Reviews. CYC has instigated a regular and robust audit process and action plan

Access to Health Services. Working with NHS and York Carers to develop information about carers needs into all GP surgeries. Representation on a working group with York District Hospital. Representing your voice to the ICB to support commissioning decisions.

Children struggling to attend school. CYC have produced a useful document graduated response to attendance

Support for children without EHCPs: PCF meets regularly to discuss the learning support hub outcomes. The ordinarily available provision document was produced with the help of parents and carers.

Access to OT sensory support. Offered training , working with NHS to produce bite size sensory resources

10 Top Tips for Parents and Educators

TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

1 CONSIDER CYCLE TRAINING



Courses like Bikeability are extremely useful, and training in general has come a long way since cycling proficiency began; there are Bikeability courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signaling and visibility), and can help both parents and children feel more at ease on busy streets.

2 USE A SUITABLE BIKE



Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into' theirs by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see what works best.

3 TRY A CARGO BIKE



Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

4 INSPECT YOUR CYCLE



It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M check' is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, pedals, chain and saddle, working from front to back. Online tutorial videos can also teach you how to carry out basic repairs if needed. For more complicated fixes, head to your local bike shop.

5 BRING SUITABLE GEAR



Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bikes with a white front light, a red rear light and a red rear reflector. These are required by law.

6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

7 STAY ALERT AND IN SAFE FORMATIONS



For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately a metre out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

8 AVOID PARKED CARS



When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so don't be afraid to ride in a prominent position.

9 START A 'BIKE BUS'



Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers, in case anything goes wrong along the way. Team up with other parents, carers and educators and pick a day to cycle to school together. Who knows – maybe, in time, you'll have other folks asking to join you?

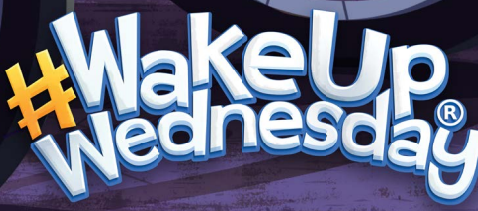
10 HAVE FUN!



Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/teaching-cycle-safety>



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OUR SCHOOLS ARE RECRUITING



Support Staff Vacancies

For details and to apply, visit our [website](#) or scan the QR code



Job	Teaching Assistant Level 2
School	St Lawrence's CE Primary School
Details	Grade 4 Level 1 (£23,045 per annum) reduced pro-rata to actual pay of: £16,469 per annum (pay award pending). Fixed Term Contract until 18 th July 2025 Term Time only. 31.25 hours per week. Monday to Friday.
Closes	Thursday 21st November at 5pm

Job	Teaching Assistant Level 2
School	Poppleton Road Primary School
Details	TA2 Grade 4, level 1 –4 (£23,045 – £24,213 per annum, reduced pro rata) 25 hours 5 mins. Monday – Friday 8.45am to 3.15pm. Term time only. Required from January 2025.
Closes	Friday 22nd November at 12pm

Job	Food Technician
School	Archbishop Holgate's School
Details	Grade 5 (currently £20,161 this is the pro rata salary) Term Time + 1 week (45 weeks) Part Time – 35hours per week.
Closes	Wednesday 20th November at 08.00am

Job	Teacher of PE (Part Time, Maternity Cover)
School	Archbishop Holgate's School
Details	Main Scale Part Time – 4 Days per week, Fixed Term for one year. Required from February 2025.
Closes	Monday 18th November at 08.00am



OUR SCHOOLS ARE RECRUITING



Support Staff Vacancies

For details and to apply, visit our [website](#) or scan the QR code

Job	Cleaning Assistant
School	Archbishop Holgate's School
Details	Required as soon as possible Currently £11.52 per hour Full Year, Monday-Friday Hours of work: 6.45-8.45am and 3.30-6.30pm Salary paid monthly over 12 equal payments
Closes	N/A

Job	Teaching Assistant Level 2— External Vacancy
School	Applefields School
Details	£23,400 to £24,213 per annum pro rata City of York Council Grade 4 Level 2-4 Permanent Flexible available, Mornings, Afternoons, Part days or Full days
Closes	Wednesday 04th December at Midnight

Job	Cleaner— External Vacancy
School	Applefields School
Details	Salary: £12.25 per hour (£23,642 per annum pro rata) Grade: City of York Council Grade 2 (level 2 – 4) Contract Type: Permanent Vacancy Hours: 7.50 hours per week (1.5 hours per day, 5 days per week before or
Closes	Wednesday 20th November at Midnight

