



School Newsletter 542

Values – Care – Achievement

Thursday 30 January 2025

Headteacher's Introduction

Dear Parents and Carers,



Welcome to the fourth newsletter for the Spring Term 2025.

As we wrap up another bustling week at our school, I'm delighted to share some exciting highlights, particularly for our Year 9 students.

Tuesday marked the commencement of our annual Culture trips, a tradition that continues to inspire and educate. This year, our Year 9s embarked on journeys to Hull, York, and the Royal Armouries. The enthusiasm and energy radiating from our students upon their return was palpable, with many eagerly anticipating their next excursion. These trips are more than just a day out; they're an opportunity for our young people to broaden their horizons, engage with history and culture first-hand, and create lasting memories with their peers.

Midweek brought another significant event for our Year 9 cohort – the Progress Evening. Wednesday night saw our school abuzz with conversations between staff, students, and parents. These evenings are invaluable, offering a platform for our dedicated teachers to share detailed feedback and insights. As we approach the final months of Key Stage 3, this guidance is crucial in supporting our student's academic journey and personal growth.

The success of the Progress Evening underscores the importance of the partnership between school and home. Your engagement and support play a vital role in your child's education, and we're grateful for your continued commitment.

MFL Stars of the Week

Students were nominated by Language staff to receive an Effort merit, a postcard home and appear on the 'Stars Wall' for all their hard work:

KS3 French - Claire Haunch, 8SDn
KS3 German - Kyle Johnstone, 7JLi
KS3 Spanish - Cameron Todman, 8WHy
KS4 French - Valerie Chan, 10ABt
KS4 German - Benjamin Dale, 10ECs
KS4 Spanish - Hollie Brierley, 10MDn



Food for Thought

This week our Form Tutor Act of Collective Worship has focussed on 'Commemoration', looking at Holocaust memorial Day and the 80th Anniversary of the liberation of Auschwitz. Our daily quotes explore the theme of Living Together:

"Differences can be wonderful in adding colour and spice to our lives.... the more colour there is, the more beautiful the world becomes."

Holocaust survivor Ernest Levy

To receive the daily Thought for the Day straight to your phone or other electronic device sign up to @AHSChaplaincy on Twitter.



Upcoming Events

17-21 Feb	Half Term
Mon 24 Feb	Students return
Wed 5 Mar	Y12 Progress Evening
12-14 Mar	School Show Performances
Thu 13 Mar	Lent Reflections (School Chapel)
Mon 17 Mar	Y9 Vaccinations
Wed 19 Mar	Y11 Progress Evening
Thu 20 Mar	Lent Reflections (School Chapel)
Thu 27 Mar	Lent Reflections (School Chapel)

PLEASE SHARE: If you would like to share students' achievements and events in the community, please email jssissons@ahs.pmat.academy. It's always nice to celebrate our school community.

AHS Feedback

We welcome all feedback and thank all parents for their valuable contributions. If you have a query or simply an observation about the school please complete the form online.



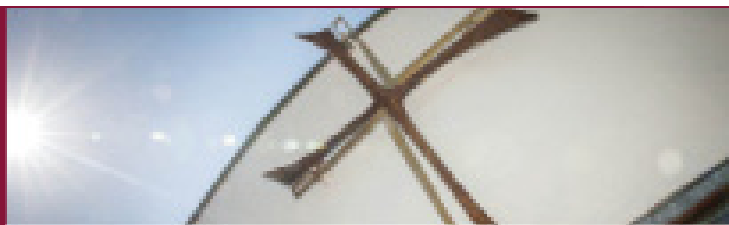
Social Media



Please follow us on Twitter @AHSYork or Facebook to keep up to date with the latest news and events!



This Week's School News



Art - Work of the Week

Our Year 10 students have been studying the work of David Hockney. They have created paintings using gouache paints studying Hockney's style of painting. They have also created their own artwork based on photos of British landscapes. Excellent examples from Laila Stuart, Charlie Roe, Tilly Hendon, Layla Calvert and Charlotte Sykes.



Laila Stuart



Charlie Roe

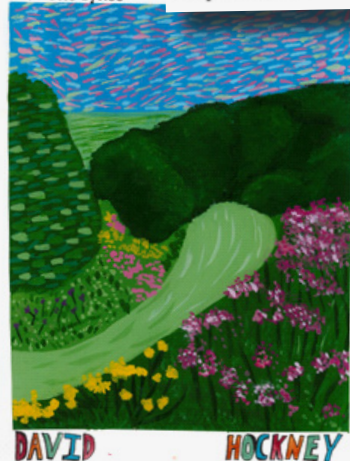


Tilly Hendon



Layla Calvert

Charlotte Sykes



DAVID HOCKNEY

Message from Year 8

It's really fantastic to see how Year 8 are growing in independence and making progress as they move upwards through the school. Spring term is a time for fresh starts, new ambitions and having a positive attitude. There are so many opportunities for this within school and our Form Tutors, Subject Teachers and Pastoral Team are working hard to encourage all students to live life to the full. The school show rehearsals have started and many of our students are excited about getting involved both on and off stage; well done to those who are putting themselves forward. With a new set of extra curricular clubs starting too there is sure to be something for everyone to try.

Last week we were treated to an external guest speaker in our Active Collective Worship. An ex-student of AHS and star of TV's 'Hunted' programme, Paul Cashmore, spoke about his experience of realising an ambition with focus and resilience. As an officer in the Metropolitan police he saw the impact of knife crime and spoke about the effect it can have on the lives of families and communities and how it inspired him to make a difference and help others. He currently runs one of our extra curricular clubs in boxing which I know some of Year 8 are really enjoying.

Attendance continues to be a focus for us; we thank parents for their support with this as we strive to ensure that students achieve the best possible outcomes here at AHS by being in lessons and on time. Please let us know if you would like help or advice with this. We are really lucky to have such supportive, proactive parents and appreciate your work at home to reinforce our School Values and our Five Fundamental Responsibilities listed below:

1. We turn up to school and to every lesson
2. We speak kindly and appropriately to people
3. We wear the correct uniform
4. We work hard to meet the deadlines we are given
5. We care for our school and the people in it

Congratulations go to Ryan Perry, Bella Pipe, Eliza Richardson and Alys Turner who have been awarded the AHS Accolade for Citizenship. We are extremely proud of their hard work, commitment to the school and kindness to others. Well done!



VACANCY

Archbishop Holgate's School

Teacher of Science

Required for April 2025

Mainscale / UPS / ECT

Closing date: Monday 3 February, 8.00am

For more information visit:

www.archbishopholgates.academy/staff/vacancies

Pathfinder MAT is an equal opportunities employer, committed to safeguarding and promoting the welfare of children.

Enhanced DBS check will be required.

REWARD & RECOGNITION

AHS Signature Tie Applications

We're really pleased to share with you the students that applied for the AHS Signature Tie. The signature tie is awarded on an application only basis. The application must be supported by a letter of recommendation stating how the individual goes above and beyond both within and outside of school.

I have had the absolute pleasure of reading through the applications and making a final decision along with other members of SLT, which was tough.

On reading each letter it was decided that we would create a new accolade for students, the AHS Citizenship Accolade.

Each applicant has this week received a personalised letter informing them of the overall outcome.

In total, 3 students were awarded the AHS Signature Tie and each applicant the AHS Citizenship Accolade. These awards recognise each student's hard work and contribution to society.

- Y7 Kerr Esme - Citizenship
- Y7 McKie Macy - Citizenship
- Y7 Williams Sienna - Citizenship
- Y7 Wong Horus - Citizenship
- Y7 Wrathmell Wallis - Citizenship
- Y8 Adikari Chenuka - Citizenship
- Y8 Perry Ryan - Citizenship
- Y8 Pipe Bella - Citizenship
- Y8 Richardson Eliza - Citizenship
- Y8 Turner Alys - Citizenship
- Y9 Greenhouse Nathaniel - Signature Tie
- Y9 Patterson Daniel - Citizenship
- Y9 Preece Abbie - Citizenship
- Y10 Griffiths Alfred - Signature Tie
- Y11 Riley-Ennis Phoebe - Signature Tie



Over the forthcoming weeks, we hope to share the stories of our winners, with the aim of inspiring others.

AHS House News



Our Form Captains have been continuing to work hard in PM registration this week as house teams sit together to create house slogans and think of new ideas for future whole school celebrations.

Can you help students think of suitable slogans for their houses?

Can you offer any help/advice in relation to whole school celebrations students might enjoy? Could you work with us to provide a special activity for students to undertake?

We'd love to hear from you.

Please feel free to contact me if you have any ideas - jkitney@ahs.pmat.academy

Up and coming house competition NEXT WEEK...

AHS Interhouse Swimming Competitions

CEO Award

In addition to the excitement of the AHS Signature Tie Award, we also have the pleasure of announcing the winners of the first CEO Award of the academic year.

The CEO Award is given to one student within each year group. The CEO Award takes place twice an academic year and looks for qualities and contributions that go above and beyond in everyday school life.

I am delighted that the following students will be joining Mr Daly and myself for lunch on Monday 10 February.

7	Lucy Taylor	For living our school values every day and making a huge effort to Join In, as well as looking out for others and making people feel good.
8	Chenuka Adikari	Chenuka always lives the school values like so many Year 8 students, but goes the extra mile in making the school a lovely community to be a part of. He joins in the extra curricular activities which the school provides and also represents the school externally with his amazing efforts with North Yorkshire Cricket!
9	Finlay Price	Finlay has perfect attendance and his behaviour is always excellent. Finlay gets involved in class discussions and always works hard. We are so proud of how much Finlay joins in with our school community and we are so lucky to have him in Year 9. Well done Finlay!
10	Alex Wilson	Always doing the right thing - no behaviour points. Working particularly hard in History. Has role model standard uniform and has the highest merits up to date.
11	Otto Kearns	Otto is consistently a hardworking and polite student to have in the year group. He is respected by staff and peers alike and lives out our school values each and every day. Well done!
12	Clementine Ensor	Clem is an exemplary student who embodies the values of justice, compassion, forgiveness, and trust in everything she does. Clem is very much deserving of the CEO award. Clem works tirelessly in her studies, and is certainly an 'example to follow' as we often talk about on the AHS Journey. Clem is a well thought-of member of the school community, and demonstrates respect and kindness to those she encounters. Well done Clem!
13	Paula Sola-Farrus	Paula is an outstanding student; truly deserving of the CEO's Award. She consistently demonstrates exceptional behaviour, unwavering effort, and maturity in all aspects of school life. Paula goes above and beyond in her academic achievements, but her contributions extend far beyond the classroom. She exhibits a level of respect, kindness, and responsibility that inspires her peers and enriches the school environment. Paula truly embodies the school's core values. Whether it's showing integrity in her work, resilience in the face of challenges, or compassion toward others, she consistently acts in a way that upholds and reflects these values. Her actions speak louder than words as she lives the values in their daily interactions with both staff and students.

Head of Year Nominations and Awards

Well done to our nominees during the final week of last term...



KS3, KS4 and KS5		
Isla Clark	MR	Fraser McIntyre
Freya Coop	Sammy Linfoot King	Amali Estabrooks
Britney Tam	Amelia Brooke Duffill	Stephanie Ajulo
Izzy Garland	Libby Lancaster Fuller	Joshua Adams
Josh Alonge	RS	Amy Xia
Megan Nicholson	Melanie Bautista	Blain Musson
Jake Munt	Samuel He	Anurag Lokesh
Covenant Oluwasuyi	Taylor Blogg	Grace Smith
Theo Tedder	Melanie Bautista	Ruby Holland
Meleksu Zengin	Lyla Linfoot King	Lucas Waudby
Anis Ching Tung	Xanthe Brown	Isaac White
Alex Dunlop-Gibson	Samuel He	Laura Hazelwood
Blossom Barrow	Lilly Thompson	Thomas Gibbins
Thandie-Lyra Towell	Hannah Shaw	Hollis Wu
Jazz Eguia	Molly-M Turpin	Ruby Cooper
Maggie Dickinson	Dexter Dowson	Scarlett Stockwell
Jessica Jackson	Noah Richardson	Kayden Redhead
SRY	Seth Stagnell	Edward Shakeshaft
Louis Beck	Hugh Jones	Ben McStay
Senila Gmage	Rowan Sharp	Damilola Sosanya
Louis Beck	NSB	Oliver Caulfield
Evelyn Barnes	Loic Clegg	Ben Taylor
Eleanor Bostock	Shannon O Donovan	Charlie Thompson
Sienna Williams	Amy Xia	Freya Price
Kodie Leech	Joshua Adams	Toby Lamb



Year 7	Year 8	Year 9
Maggie Dickinson	Isla Clark	Seth Stagnell
Jessica Jackson	Freya Coop	Hugh Jones

Year 10	Year 11	Year 12	Year 13
Melanie Bautista	Joshua Adams	Ben McStay	Ben Taylor
Samuel He	Amy Xia	Damilola Sosanya	Charlie Thompson

Headteacher's Breakfast

What a wonderful occasion with Year 10 students this week and so fantastic to hear their thoughts and opinions on everyday school life. Much of the conversation was around option subjects and how they are going and how they feel about stepping up into the shoes of a Year 11 student!



Congratulations to:

Year 10 Winners	Reason
Lucas Berry-D'Arcy	For being so polite & helpful in form, always willing to help out and try his best!
Demi Clarke	For always being a positive and calm influence on the form. Demi makes all the right choices, is a pleasure to have in form and is a real positive presence. Thank you Demi
Lula Garcia	For always contributing positively in form time and being a lovely, enthusiastic and engaged member of the form and a really positive role model for others!
Lexi Thompson	For all her enthusiasm when leading form time activities - we're lucky to have her!
Cormac Maloy	For consistently being well equipped and achieving high effort grades across all subjects. Keep this up!
Grace Moody	For always being enthusiastic and helpful in form time.
Albertina M	For becoming a role model AHS pupil and always setting a great example. Her enthusiasm is infectious!
Nicola Ciachla	For always being polite and wonderful in form as well as working hard in all of her lessons.
Mia Chapman	For always being a positive, kind and fabulous tutee! She is a legenet! Keep it up!
Lyla Linfoot-King	For most improved member of the form this term for attitude and helpfulness
Reggie Midgley	For always being a positive, kind and friendly part of our form

Dates of the Headteacher's Breakfasts for the half term are as follows:

Year 11 - Tuesday 4 February

Year 12 and 13 - Tuesday 11 February



York Jobs, Apprenticeships and Skills Fair



Tuesday 11 March 2025

1pm - 6pm

York Barbican, Paragon Street, YO10 4AH

Drop in any time to meet recruiting employers, apprenticeship training providers and speak to advice services. There will also be:

- an apprenticeships presentation
- information on Supported Internships for young people with an EHCP

YorkLearning.org.uk/YorkJobsFair

york.learning@york.gov.uk



YORK Learning

YORK

Jobcentreplus

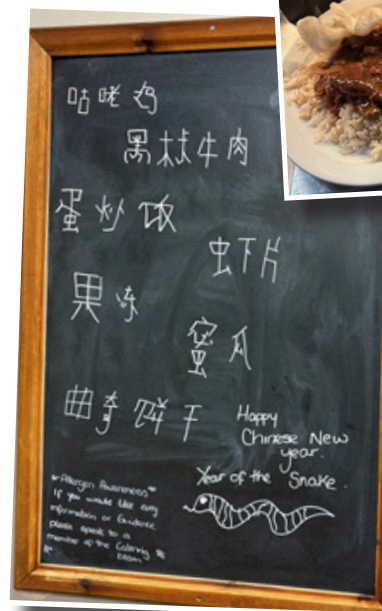


Funded by UK Government



Celebrating Chinese New Year

Students enjoyed the Chinese New Year menu prepared by the Catering Team on Wednesday. Mrs Creaser had a little help writing the menu board, while Mrs Calvert and the rest of the team worked extremely hard behind the scenes. It was lovely to see so many new faces trying our hot plated meals.

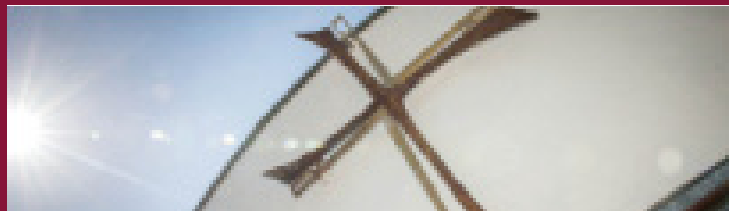


School Menu - 2 February

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	<u>MEAT FREE MONDAY</u> Loaded Macaroni Cheese Vegetable Enchiladas (Vegan)	Minced Beef Cottage Pie Vegan Cottage Pie (Vegan)	Roast Gammon Vegetable Bake (V)	Chicken & Sweetcorn Pie Vegetable Pie (Vegan)	Freshly Battered Fish Vegetable Burger (Vegan)
On the side	Garlic Bread		Yorkshire Pudding Roast Potatoes	Potato wedges	Chips
Vegetable	<i>Selection of seasonal vegetables served every day</i>				
Snack option & Daily Special	<i>Baked potato & fillings</i> <i>Homemade Sandwiches</i>	<i>Baked potato & fillings</i> <i>Homemade Sandwiches</i>	<i>Baked potato & fillings</i> <i>Homemade Sandwiches</i>	<i>Baked potato & fillings</i> <i>Homemade Sandwiches</i>	<i>Baked potato & fillings</i> <i>Homemade Sandwiches</i>
Family Favourites	Eves Pudding & Custard <i>A selection of: Traybake/Muffin Cookies Yogurt Fruit</i>	Rice Pudding & Jam Sauce <i>A selection of: Traybake/Muffin Cookies Yogurt Fruit</i>	Chocolate & Raspberry Mousse <i>A selection of: Traybake/Muffin Cookies Yogurt Fruit</i>	Peach Cobbler & Custard <i>A selection of: Traybake/Muffin Cookies Yogurt Fruit</i>	Chocolate Orange Marble Cake & Custard <i>A selection of: Traybake/Muffin Cookies Yogurt Fruit</i>



This Week's Sixth Form News



Message from Mrs De Lashley, Assistant Head: Director of Sixth Form

Year 13 Non-Curriculum Half-Day

We are creeping towards the end of our time together and following student voice requisition some input we have arranged a three hour enrichment session on Monday 10 March. This will cover the below, again following demand. We would appreciate your support in attendance.

Staying safe at uni: living with strangers and being vulnerable away from home

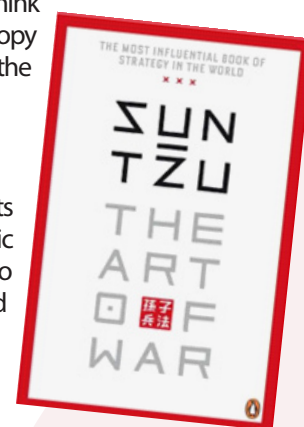
Staying safe as an inexperienced driver or a passenger of an inexperienced driver

Knowing the difference between substance use and misuse

Domestic and sexual violence

Book Recommendation of the Week

A reminder that each week we share a recommendation from the post-16 reading list that we hope our students will engage with. This reading list is one of many that can be found online, but one that we think is broad, challenging and accessible. A copy of all of the listed books can be found in the Resource Centre.



The Art of War by Sun-tzu

Not just a must-read for students interested in military careers, this classic is a surprisingly useful primer for how to traverse work politics, difficult people and planning a successful life.



February 2025

Newsletter

Thursday
20th Feb
19:00 - 20:00
FREE



FREE SESSION

Supporting Healthy Screen Use

A range of steps that can help minimise the harms from screens

Monday
3rd Feb
10:00 - 11:30
£24



Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
11th Feb
19:00 - 20:30
£24



Facing Defiance

Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.

Tuesday
18th Feb
19:00 - 20:30
£24



Cannabis & Ketamine Awareness

Get the facts and know the harms about these two drugs so you can hold an informed conversation with your teens.

Tuesday
25th Feb
19:00 - 20:30
£24



Understanding the Teenage Brain

A 'must see' for all parents and teachers of teens and pre-teens. Explains why teens think, feel and behave very differently from adults and how we can support them.

facefamilyadvice.co.uk.

info@facefamilyadvice.co.uk

Understanding Anger	10 FEB 7pm
Supporting Healthy Screen Use	11 FEB 10am
Facing Defiance	14 FEB 7pm
Raising Self-Esteem	27 JAN 7pm 25 FEB 10am
Supporting Healthy Sleep	28 JAN 7pm 24 FEB 10am
Supporting a Child with ADHD	3 FEB 10am 3 MAR 7pm
Improving Family Communication	3 FEB 7pm 4 MAR 10am
AUTISM: Improving Communication	4 FEB 10am 4 MAR 7pm
Understanding Addictive Behaviour	4 FEB 7pm 3 MAR 10am
Anxiety-Based School Avoidance	10 FEB 10am 10 MAR 7pm
What is ACT?	17 FEB 10am 17 MAR 7pm
Introduction to OCD	17 FEB 7pm 18 MAR 10am
Anxiety Explained	18 FEB 10am 18 MAR 7pm
Cannabis & Ketamine Awareness	18 FEB 7pm 17 MAR 10am
Decreasing Depression	24 FEB 7pm 25 MAR 10am
Understanding the Teenage Brain	25 FEB 7pm 24 MAR 10am

Physical Education Department

"Equipping students with the knowledge, skills and motivation to live active, healthy lives."



Football

The Y11 boys had a fantastic win in the County cup against Queen Ethelburga's last week. A tight game finished with a 4-3 win for Archbishops! They are now into the Semi-final. Amazing boys, well done!

The Y7 boys travelled to Sherburn High School on Monday for a league fixture. Right from the start, the home team piled on the pressure and were really dominant in attack. Although the AHS boys tried hard to stay in the fight, the score was 5-0 at half time. Our second half was much more positive and we scored first, followed by another towards the end of the game. A tough match, but the boys did their best and can be proud of their efforts. Final score was 8-2.

The Year 7 & 8 girls had a fantastic win against Millthorpe on Tuesday evening. Despite being a player short, they came out 3-1 winners. One of the goals was an amazing free kick from Elsie Dillon. Well done girls!



Y8 & Y9 Netball

The Y8 and Y10 netballers were playing a home league fixture against Brayton this week. The Y10's stormed to a victory of 30-7 where the Y8's unfortunately lost on this occasion 11-4. All students played amazingly well. Some students played out of their normal position to show compassion for others in the teams. Well done to all who played. Star players go to Amira El-Gmati, Phoebe Neal, Carys Briggs and Scarlett Hawkins.

Cross Country

The North Yorkshire Schools Cross Country Championships were held on Saturday 18 January at Airedale Park, Skipton. Those that had qualified through the York and District Championships were competing for York and Selby. Despite the steep hills, cold and muddy conditions, there were some fantastic performances. Hannah Lovett, Brodie Barrow and Selene Matusiak were competing for the Junior girls, with Hannah qualifying for English schools by finishing 5th and Brodie qualifying for the next County match by finishing 12th. Lydia Scott and Carys Briggs were in the Inter category and Lydia finished 7th and made it through to the next County match. Lottie Langan was competing in the senior girls' section and had a fantastic run in which she won the race and qualified for the English schools' competition. Dougie Molyneux was in the junior boys' section and finished with a fantastic PB. What fabulous performances all round! Well done everyone!



Inter House Sport



Our next Inter House sporting events are taking place next week. We have our annual swimming galas taking place, which are very exciting and noisy events. Students should have chosen their preferred races this week and then our fantastic sport house captains will finalise the teams in our house meetings on Friday ahead of the galas next week. Good luck to everyone!

Year 7 Girls - Monday P4
Year 7 Boys - Monday pm reg and P5
Year 8 Girls - Friday am reg and P1
Year 8 Boys - Tuesday P4
Year 9 Girls - Friday P2
Year 9 Boys - Wednesday am reg and P1



Congratulations to the first group of Y7 Rookie Lifeguards that have finished their course this year. They were very dedicated to learning these important skills every Friday after school. We finished off this week with our life support section where we were recapping our CPR skills and learning the recovery position. Don't forget to return your forms as soon as possible so that you can buy your badges and certificates. The next course will run after half term all the way through to the end of the summer term, so look out for the invitations that will come via your form tutors.

Tweet us @ [@AHSPHysEd](https://twitter.com/AHSPHysEd)



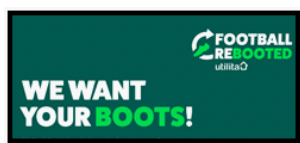
Kit Reminders

Please can we remind students that everyone needs to have a school hoodie or reversible for their outdoor PE lessons. As the weather is turning cold, students need to be dressed appropriately for their lessons as we will be outside in all weathers. Students will also need to ensure that they have shin pads, navy blue football socks and boots for their football and rugby lessons due to health and safety. All PE kit is available from Keal Teamwear on Walmgate or through the secondhand school UNIFORMD shop. Please see the school website for more details.



Please can we also ensure that students have somewhere to keep their jewellery during lessons as it all needs to be removed for PE. Covering with tape is only an option for the first few weeks until it can be removed. This is due to health and safety risks to your child and others in the class.

Boot Donation Scheme



We've re-joined the mission to help rehome at least one million pairs of football boots across the UK and stop them ending up in landfill. If you've got football boots at home that are no longer being used and taking up room – then help us to get them back out on the pitch and save them from ending up in landfill! The donation box is in reception, so give them a clean and pop them in the box.

Sixth Form Netball

Our Sixth Form netball team, made up of mostly Y13 students, played one of their final fixtures for AHS against Queen Margaret's on Wednesday. They fought valiantly against a brilliantly organised QM team, who just came out on top in the end. Player of the match and captain fantastic was Amy Holmes who gave a half time team talk that Tracey Neville would be jealous of. Well done girls, you played with great spirit and determination.



EXTRA CURRICULAR PE CLUBS UP TO Feb HT 2025.

DAY	LUNCH	Venue	Time
MON	Netball Y9 & Y10 (NAM) (Trainers Only)	SH	1.15
	Basketball Y9 & 10 (WHY) (Trainers Only)	Gym	
TUE	Indoor Football Y7 & 8 (Gs) (Trainers Only)	SH	1.15
WED	Netball Sixth Form (HGa) Week A only	SH	1.15
THU	Badminton GCSE Y11 (Gs) (Trainers Only)	SH	1.15
FRI	Trampolining Y7 (NAM) (Full kit)	SH	1.15
	Exam Catch Up Y10 - Y13 (Gs)	PE1/IT4	

After School	Venue	Time
Netball Y7 & 8 (Nam) Dance All Years (Dani)	SH Gym/Studio	3.20 – 4.10
Fitness Y9, 10 & 11 (Si) Badminton All Years (Be) Table Tennis Y7 & 8 (John F) Boxing All Years (Paul C) Beginners Swimming Invite Only Y7 (Stuart B)	Fitness Suite SH Studio Gym Pool	
Primary competitions	SH/ Field	
Basketball Y7 & 8 (WHY) Fitness Girls only (EWf) Gymnastic Cheer All years (Olivia)	SH Fitness Suite Gym	3.20 – 4.10
Rookie Lifeguard Invite Only Y7 (Be)	Pool	

USE LUNCHTIME PASSES- available from practice organiser.

Remember to wear appropriate kit and be on time.



Lunchtime Clubs



Monday	Tuesday	Wednesday	Thursday	Friday
Chapel Chill Out 13:15 - 13:45 The Chapel Miss Turvey	Y7 YOYO Club 13:15 - 13:50 The Chapel York Schools Trust	KS4 and 5 Chess Club 13:15 - 13:50 SC3 Mr Tilbrook	Y8 and 9 YOYO Club 13:15 - 13:50 The Chapel York Schools Trust	Y7 MFL Film Club 13:20 - 13:50 ML4 Miss Leplatre Bring your packed lunch
Year 8 Portrait Drawing Club WEEK B ONLY 13:20 - 13:50 AR3 Miss Dugdale	Folk Band 13:15 - 13:50 L40 Mr Clements	Y10 YOYO Club 13:15 - 13:50 The Chapel York Schools Trust	Cryptic Crosswords 13:15 - 13:50 MA11 Mr Meacham	DT Club 13:20 - 13:50 TE3 DT TEAM
Music TECH Club 13:15 - 13:50 L40 Mr Clements	Y7 and Y8 Indoor Football 13:15 - 13:50 Sports Hall Mr Goldsmith	KS3 Maths Club 13:15 - 13:50 MA4 Dr King	Jazz Band 13:15 - 13:50 L37 Mrs Morrison	KS3 Chess Club 13:15 - 13:50 SC3 Mr Tilbrook
Y9 and Y10 Netball 13:15 - 13:50 Sports Hall Mrs Amos		Werewolf Card Game Club 13:20 - 13:50 H11 Miss Field	History Club 13:20 - 13:50 H13 Mrs Paver	Y7 Trampolining 13:15 - 13:50 Sports Hall Mrs Amos
Y9 and Y10 Basketball 13:15 - 13:50 Gym		6th Form Only Lawyers Who Lunch 13:15 - 13:50 L33 Miss Brown	Come along and 'Join in', it might open up lots of 'opportunities' and allow you to 'understand yourself and others'. Clubs help build 'responsibility and resilience', they may help you decide on your 'next steps', and make you 'examples to follow'. It's exciting what 'your future' may hold!	
		6th Form Netball Miss Gavin 13:15 - 13:50		



After School Clubs



Monday	Tuesday	Wednesday	Thursday	Friday
Backstage Club 15:15 - 16:15 Main Hall Mr Gladstone and Mr Clements	QUILT BAGS 15:15 - 16:00 (RE1) Mr Everdell, Miss Brown and Dr King		Y7 and Y8 Basketball 15:20 - 16:20 Sports Hall	AHS Unity Choir 15:15 - 16:00 L40
Y7 and Y8 Netball 15:20 - 16:10 Sports Hall Mrs Amos	Y9, 10 and 11 Fitness 15:20 - 16:10 (Fitness Suite) Mr Skelton		ALL YEARS Needlecraft Club 15:15 - 16:00 (RE6) Mrs Robertson	Y7 Rookie Lifeguard (Invitation Only) 15:15 - 16:20 - Swimming Pool
ALL Years - Dance 15:20 - 16:10 Studio Dani	Badminton All Years 15:20 - 16:20 (Sports Hall) Mrs Beard		KS4 and 5 Book Club 15:20 - 16:00 (EN3) Miss Collins	Board and Computer Games 15:15 - 16:00 BS1 Mr Mountford
	Dead Poets Society 15:25 - 16:25 (EN8) Miss Dearlove		Girls Fitness 15:20 - 16:20 Fitness Suite Miss Wheeler	
	Debate Club 15:20 - 16:00 (EN6) Mr Stevens		All Years - Gymnastic Cheer 15:15 - 16:10 Gym Olivia	
	Boxing Academy 15:15 - 16:15 (Gym) Paul Cashmore		Come along and 'Join in', it might open up lots of 'opportunities' and allow you to 'understand yourself and others'. Clubs help build 'responsibility and resilience', they may help you decide on your 'next steps', and make you 'examples to follow'. It's exciting what 'your future' may hold!	
	Y7 and 8 Table Tennis 15:15 - 16:15 (Studio) Paul Farmery			

Extra- Curricular MUSIC 2024-25

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	String Ensemble All years (L37) Mo 		AHS Brass All years (L40) Mo 	GCSE and A-Level Composition Support ZNs/Ne (L40) 	GCSE and A-Level Composition Support Ne (L40) 
	Music Tech Club All years (L40) DCI 	Folk band All years (L40) DCI 	Flute Choir All years (L37) 	Jazz band All years (L37) Mo 	AHS Academy Choir All years (L37) ZNs 
After School		Junior (Y7-9) & Senior (10-13) Soul Band (L40) Mo 	Band rehearsals (by appointment only) Studio 	Orchestra All years (L37) Mo 	AHS Unity Choir (by invitation only) (L40) Ne/ZNs 

10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.



2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.



3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.



4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.



5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.



6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.



7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.



8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.



9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.



10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.



Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



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Job	School Cleaning Assistant
School	Badger Hill Primary School
Details	Grade 2, Level 1. Current hourly rate is £12.20. This is a permanent position. 12.50 hours/week Hours of Work : 3pm-5.30pm Monday to Friday Term Time Only, plus 4 weeks working in the school holidays to undertake deep cleans.
Closes	Monday 10th February at 08.00am

Job	Teacher of Geography (Maternity Cover)
School	Malton School
Details	Grade: MPS Hours: From 0.8—1 FTE Fixed term basis to cover a maternity leave Required from June 2025 until April 2026.
Closes	Monday 10th February at 08.00am

Job	After School Club Supervisor
School	Welburn Community Primary School
Details	Grade: Scale point 5 (£24,790 per annum pro rata). Contract Type: Term time only Hours: 6 hours per week with a possibility of up to 9 hours.
Closes	Friday 31st January at Midday

Job	Teaching Assistant (TA2)
School	Heworth CE Primary School
Details	Teaching Assistant – Grade 4, Level 1 – 4 £24,335 to £25,503 per annum, reduced pro rata. Term time only. Monday-Friday: 8:30am to 3:30pm. The role is initially available on a fixed-term contract basis until 31 August 2025.
Closes	Thursday 6th February at Midday

Job	Teacher of Science
School	Archbishop Holgate's School
Details	Main scale / UPS. TLR available for the right candidate to lead development and coordination of KS3 Science curriculum. Required from 22 April 2025
Closes	Monday 3rd February at 08.00am

