



School Newsletter 567

Values – Care – Achievement

Thursday 9 October 2025

Headteacher's Introduction

Dear Parents and Carers,



It's been another busy week, and I'm delighted to share some highlights from our school life.

We recently held our Year 7 Meet the Tutor Evening, which was an incredible success. With an impressive 83% attendance, the evening was filled with smiling faces and positive feedback. Our new Year 7 students have settled in very well, and the evening was also

a fantastic opportunity to introduce our exciting Year 7 Residential Experience at Newby Wiske Hall, scheduled for July 2026..

One of the most heartwarming initiatives this week has been our Paired Reading programme. It's been fantastic to see our Sixth Form students supporting our Key Stage Three students, demonstrating the wonderful sense of community and support that defines Archbishop Holgate's. This programme has multiple benefits as our Year 7 students improve reading fluency and confidence, while the Sixth Formers develop leadership, responsibility, and interpersonal skills.

Throughout the week, I have had the pleasure of visiting a range of different classrooms, and lessons have continued to be purposeful and vibrant. Our students have been working incredibly hard, thinking deeply and producing work of exceptional quality. The energy and commitment they bring to their learning really does resonate with our vision of John 10:10 and 'living life to the full'.

These moments remind me why we are so proud of our school community - where students support each other, work hard, and continually strive to do their best.

Please find attached a letter from Mr Daly, CEO of the MAT, about a short survey Pathfinder has sent to all families across the 19 schools in the Trust. We would be grateful if you could spend a few minutes to complete the [survey](#) offering your important feedback about both our school and the Trust.

Best Wishes for the week ahead.

Lucie Pond
Headteacher

Food for Thought

Our form tutor collective worship this week is inspired by thinking about optical illusions and how we see the world. We will look at how we very swiftly judge both ourselves and others. We will use the story of God choosing David to be King to reflect more deeply. Our daily quotes continue this theme.



"We should be rigorous in judging ourselves and generous in judging others"

John Wesley, Founder of the Methodist Church

MFL Stars of the Week

Students were nominated by Language staff to receive an Effort merit, a postcard home and appear on the 'Stars Wall' for all their hard work:

KS3 French - Phoebe Neal, 9Pi
KS3 German - Daniel Caulfield, 9JFd
KS3 Spanish - Imogen Stevens, 9ERo
KS4 French - Phoebe Burgess, 10Al
KS4 German - Anna Davies, 10CDe
KS4 Spanish - Matthew Cook, 11Ay



Upcoming Events

Mon 13 Oct	Y7-11 Flu Vaccinations
	Ski 2026 Parent Information Evening
Thu 16 Oct	Restart a Heart Day
27-31 Oct	Half Term
Mon 3 Nov	Students Return

AHS Feedback

We welcome all feedback and thank all parents for their valuable contributions. If you have a query or simply an observation about the school please complete the form online.



Social Media



Please follow us on Twitter @AHSYork or Facebook to keep up to date with the latest news and events!



This Week's School News

Art - Work of the Week

Year 8 students have done a great job of their homework producing these beautiful pages based on artist Michael Craig Martin, including their own drawings inspired by him. Well done to Louise Koay, Aoife Kilfeather and Sofia Osyphchuck!



Careers Corner



Year 11 Taster Days - 13 & 15 January 2026

Year 11 Taster Days in York for 2026 are being held on Tuesday 13 January and Thursday 5 January. These events allow Year 11 students to experience a day at another college or Sixth Form, explore subjects, meet tutors, and learn about life in Further Education.

York College are now taking [bookings](https://www.yorkcollege.ac.uk/events-and-news/events/openevents) <https://www.yorkcollege.ac.uk/events-and-news/events/openevents>

Information about how to book at other colleges and Sixth Forms will be available next week.

Farewell Message from the School Nurse

Dear all, you may have noticed that I have not been in school this term.



Unfortunately, I had a close family bereavement in the summer holidays. This has led me to change my current path in order to be with family, and I will sadly not be returning to Archbishop Holgate's.

The recruitment process for a new School Nurse has started and I will support this process with a handover.

I have made many fantastic relationships with AHS families, and it has been a pleasure and a privilege to support your children.

Thank you for trusting in me, please stop me in the supermarket if you see me! I will really miss you all and truly wish you the very best for the future, Mrs Plowman

PLEASE SHARE: If you would like to share students' achievements and events in the community, please email jsissons@ahs.pmat.academy. It's always nice to celebrate our school community.



Another busy week in the world of personal development and wellbeing. It's essential the students have exposure to a range of different opportunities throughout their journey through school. So far this year:

- Each year group has been undertaking weekly 'Journey' sessions based on each stage of the AHS Journey.
- DEAR time has seen form groups thoroughly enjoy tucking down into a great book together.
- Our chapels have been full of key core values and remind us of our key messages through John 10:10 'I have come that they may have life and have it to the full'.
- Weekly Acts of Collective Worship have covered a range of topics and even welcomed in several external guest speakers, including:
 - NHS - Asthma Awareness
 - Protected Characteristics
 - British Values
 - Network Rail - Rail Safety
 - Visit from York Knights - Year 10
 - York City Council - delivering a session on 'Hooked' - Year 9



Extracurricular activities continue to thrive and it's wonderful to see students thoroughly enjoying themselves.

Work Experience was launched with Year 10 and our Careers Advisor has been meeting students daily to begin thinking about next steps!

Pupil Voice

It's really important that we get feedback in relation to a range of topics in school. We do this by asking students to complete a pupil voice. The topics that have been covered so far this term include:

- Enrichment Week
- School Environment and Culture
- Protected Characteristics

Our next pupil voice has just been launched this week and is based on British Values. With only 7 questions to complete, it won't take long to check your knowledge.



A reminder about our Year 7 'Super 7 Challenge'. Their challenge is to fulfil the 'Joining in' aspect of their AHS Journey. Students are able to do this by taking part in as many extracurricular activities as they can, either at lunch time or after school. **Students can collect a booklet from the school Merit Mart.**



At the end of the half term students can then post their completed booklets in the post box at the Merit Mart, where they will be awarded house merits and winners awarded a prize.

Celebratory Act of Collective Worship

As we head towards our final week of the half term, we can't wait to celebrate with students on a range of varying achievements. The gold jacket and shoes are being dusted and the celebratory music is sounding good.



During the celebratory ACW we're going to take the opportunity to think of others and re-launch our wonderful school foodbank, therefore we're asking if each student could bring a non-perishable item to the ACW worship with them so we can really make a difference in our local community together

... we are going to make it a little house competition. The house with the most donations will receive 5,000 bonus points towards their house total!

Anti-Bullying Week - 10-14 November

As part of anti-bullying week, we invite all staff and students to not only wear odd socks, but also odd shoes/trainers on Monday 10 November!

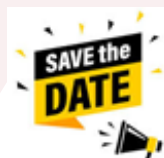
Why do we encourage this?

The aim of this is to encourage the school community to celebrate uniqueness and diversity!

What do you need to do?



We ask that all staff and students embrace the opportunity to do something different. We also want to take the opportunity to raise some money for 'Kidscape' an Anti-Bullying Charity that helps children overcome bullying. For this we ask that students bring £1 into school with them to donate to this extremely worthy cause.



AHS Personal Development Hub and Merit Mart

I am thrilled to announce that the AHS Personal Development Hub and Merit Mart has opened its doors again.

At the Personal Development Hub, students are able to collect information about everyday life, extracurricular activities, trips and visits and careers. There will also be a number of opportunities for students to take part in 'Pupil Voice' to give feedback on a number of 'hot topics' based on the school community.

The Merit Mart is our students' happy place, where they can enquire about their merits and spend them on various items in the shop. Items include:

- | | | |
|---|---------------|-------------|
| Stationary | Key Rings | Board Games |
| Books | Water Bottles | Vouchers |
| The opportunity to enter termly raffles | | |



Students will be able to access the Personal Development Hub in line with the Merit Mart opening times, Tuesday, Wednesday and Friday, 1.30-2.00pm.

Head of Year Award Winners

Year 7	
Priya Dobhul	Fantastic effort and attitude in Art
N P	Excellent design ideas in Art

Year 8	
Lucas Stewart	Historian of the Week
Robin Weaver	First person to complete the Maths challenge.

Year 9	
Olivia Swallow	An absolute superstar who does everything right every single day
Leo Skilbeck	Fantastic start to Year 9 Maths.

Year 10	
Oscar East	For delivering outstanding presentations on their trip to Uganda during Chapel.
Jason Bi	For making a superb start to Y10 English, exhibiting exemplary behaviour, being kind and helpful every lesson, and pushing himself to write in as much detail as possible during purple zone. What a superstar!

Year 11	
Kaiyrah Holdsworth	Great work in Maths P6
Jacob Godson	Great work in Maths P6

Year 12	
Ava Gane	Outstanding work in German! Well done!
Hannah MacFarlane	For helping to run a really thought provoking and valuable chapel. Well done!

Year 13	
Emily Barber	For delivering outstanding presentations on their trip to Uganda during Chapel.
Scarlett Kelly	For delivering outstanding presentations on their trip to Uganda during Chapel.

A reminder of rewards and recognition available throughout the year within the table below:

Daily/Weekly	Half Termly	Termly	Yearly
House Merits (ALL Staff)	Subject Certificates	AHS Accolades	Reward and Recognition Mornings
HOY Award Nomination (ALL Staff)	Headteachers Breakfast	CEO Award	Sport Day
HOY Award (Year Teams)	House Competitions	Awarding of House Ties/Signature Tie	Announcing the House Winners and Presentation of the House Cup
Positive Messages / Phone Calls (ALL Staff)	Celebratory ACW and Award Distribution	Whole School Celebrations (Christmas, Easter and Summer)	
House Competitions		House Competitions	
		Whole School Celebrations	

SUPPORT OUR LOTTERY TODAY

£1 per week

Weekly cash prizes

£25,000 jackpot

YOUR SCHOOL LOTTERY

£1 TICKET 04/2021

Splitting the £1.00

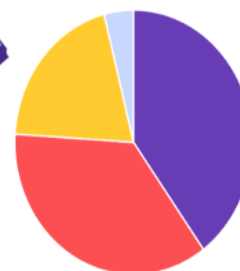
How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Archbishop Holgate's School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at YourSchoolLottery.co.uk by direct debit or debit card.

It's so easy to join and will make a real difference to Archbishop Holgate's School



The Maths...

100 tickets sold a week means

= £30 weekly cash prize

= £2,080 a year for our school

To start supporting, visit:

yourschoollottery.co.uk

and search for: Archbishop Holgate's

GambleAware 18+

VACANCIES

Archbishop Holgate's School

Cleaning Assistant

Assistant Head of Year (non-teaching)

TA Level 3 SEN Support

School Assistant

School Nurse

Teacher of English (maternity cover)

For more information visit:

www.archbishopholgates.academy/staff/vacancies

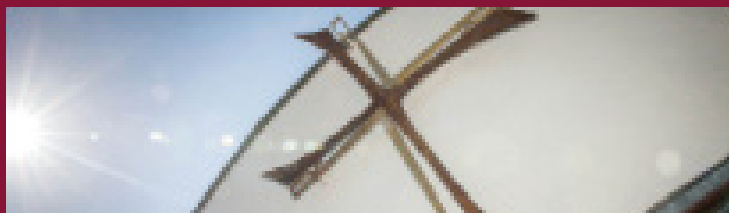
Pathfinder MAT is an equal opportunities employer, committed to safeguarding and promoting the welfare of children.

Enhanced DBS check will be required.

As part of our due diligence process, an online search will be carried out on all shortlisted candidates.



This Week's Sixth Form News



Message from Mrs De Lashley, Assistant Head: Director of Sixth Form

Year 12 Form Tutor Evening

You should have received an invitation to our event. You will be able to book your appointment from Monday 10 November, 6.00pm. The Form Tutor event is on Wednesday 19 November.

Year 12 Iterative Assessments

This was the final of a two week window for Iterative Assessments. Results will be reported home on Friday 24 October when these can be discussed at our Form Tutor Evening on Wednesday 19 November.

Book Recommendation

This week we have taken a book from the Black History Month: Black British Writers List. A copy of all of the listed books can be found in the Resource Centre.



Small Island by Andrea Levy

Set in the aftermath of World War II, 'Small Island' intertwines the lives of two couples: Hortense and Gilbert, who have recently emigrated from Jamaica, and Queenie and Bernard, their English landlords. Andrea Levy's powerful narrative addresses themes of migration, racism, and the search for belonging. Through her richly developed characters and evocative prose, Levy provides a vital perspective on post-war Britain, highlighting the contributions and experiences of the Windrush generation.



The novel explores the cultural clashes and common humanity that arise as the characters navigate their new realities. Through flashbacks and multiple perspectives, Levy delves into the back stories of her characters, revealing their dreams, disappointments, and resilience. 'Small Island' also examines the broader social and historical context of the time, including the impact of colonialism and the changing landscape of British society. The novel's emotional depth and historical insight make it a poignant and thought-provoking read. #Small Island' is a poignant and insightful exploration of the complexities of identity and the enduring impact of colonialism.

A Young Professionals Information Evening (Virtual)

We are excited to invite you to an exclusive online parent and carer event designed to provide valuable insights into how you can support your child in making informed career choices when they leave school/university.

This is a fantastic opportunity for you to learn how to help your son or daughter gain a foothold in the world of work with the many major brands (mentioned below) from various sectors who will be joining us for the event.

This event will touch upon applying to corporate roles and the application process, commercial awareness and how young people can develop these skills as well as highlighting degree apprenticeships, what they are and key deadlines to make applications.

There will also be breakout room sessions with sector-specific panels and workshops that you and your child can participate in throughout the evening. Please note that to join the breakout rooms, you will need the Zoom app on your laptop or phone.

Event Details:

Date: Thursday 16 October

Time: 6.00-7.30pm

Location: Zoom

Employers Involved:

- Law: Mishcon de Reya, Clifford Chance, A&O Shearman, University of Law
- Business/Finance: KPMG, PwC, BDO, CIMA, RSM
- STEM: Wates, RAF, The Army, National Grid

This event will provide you with an in-depth understanding of the career and work experience prospects for your child in sectors such as Finance, Data, Technology, Law, Engineering, and different Corporate Functions.

The whole session will be led by the direct hiring managers at these global firms, so you'll learn from the very best on how to support your child as they transition from education to the professional world with leading brands.

We would encourage you to join this event with your child to get the most out of this session.

Sign up below to secure your place:

https://www.surveymonkey.com/r/Childs_Future_25

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Chicken Korma Vegetable Tikka Masala (V)	Meat Feast Pasta Bake Vegetable Pasta Bake (V)	Roast Joint of Beef Vegan Quorn Sausages (V)	Beef Bolognese Vegan Bolognese	Freshly Battered Fish Vegetarian Quiche (V)
On the side	Steamed rice & Naan Bread		Oven Roasted Potatoes Yorkshire pudding	Spaghetti Garlic Bread	Chips
Vegetables	<i>Selection of seasonal vegetables served each day</i>				
Snack selection & Daily Special	Baked Potato & fillings Homemade Sandwiches	Baked Potato & fillings Homemade Sandwiches	Baked Potato & fillings Homemade Sandwiches	Baked Potato & fillings Homemade Sandwiches	Baked Potato & fillings Homemade Sandwiches
Family Favourites	Apple Crumble & Custard <i>A selection of: Traybake/muffin Cookies Yogurt Fruit</i>	Steamed Syrup Sponge & Custard <i>A selection of: Traybake/muffin Cookies Yogurt Fruit</i>	Lemon Drizzle Cake & Cream <i>A selection of: Traybake/muffin Cookies Yogurt Fruit</i>	Jam Roly-Poly & Custard <i>A selection of: Traybake/muffin Cookies Yogurt Fruit</i>	Chocolate Sponge & Chocolate Sauce <i>A selection of: Traybake/muffin Cookies Yogurt Fruit</i>

Extra- Curricular MUSIC 2025-26

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	String Quartet Mo (by invitation only) L40 	String Ensemble All years (L37) Mo 	Wind Band (AM Reg) BN 		
	Archies Accafellas (Boys only) All years (L37) 	Junior (Yrs 8-10) Soul Band (L40) Mo 	Music Tech Club BN All years(L40) 	GCSE and A-Level Composition Support (L40) Mo 	AHS Academy Choir All years (L37) AWR/JSE 
After School	Senior Soul Band (yrs 11-13) (L40) Mo 	GCSE and A-Level Composition Support (L40) Mo 	Band rehearsals (by appointment only) Studio 	Show Band All years (L37) Mo 	AHS Resonance Choir Years 10-13 (by invitation only) (L37) JSE 



Monday - Friday
07:45 - 08:30 am
Learning Resource Centre



EXTRA CURRICULAR PE CLUBS UP TO OCT H/T.

DAY	LUNCH	Venue	Time
MON			
TUE			
WED	Netball Sixth Form (HGa)	Courts	1.30
THU	Badminton (Trainers only) Exam Y11 & 12 (Gs & Why)	SH	1.30
FRI	Exam Catch Up Y10 - Y13 (Gs)	PE1/IT4	1.30

After School	Venue	Time
Badminton All Years (Be)	SH	3.20 – 4.10
Football Girls Y9,10,11 (EWr)	Back Field	3.20 – 4.10
Primary Festivals	Various	4.00 – 5.00
Netball All Years (Be, HKy)	Courts	3.20 – 4.10
Fitness Y10 & Y11 (Si)	Fitness Suite	
Football Boys Y7 & 8 (WHy & LBr)	Back Field	
Table Tennis All Years (John) (Starting 7 th October)	Studio	
Meetings		
Football Girls Y7 & 8 (EWr)	Back Field	3.20 – 4.10
Football Boys Y9 & 10 (WHy & Gs)		
Running Club All Years (NTh)		
Rookie Lifeguard Invite Only Y7 (Be)	Pool	3.20 – 4.10

Remember to wear full school PE kit for after school activities and be on time.



Lunchtime Clubs



Monday	Tuesday	Wednesday	Thursday	Friday
Accafellas (Boys Choir) 13:30 - 14:10 L37 Mr Starkie	Sparx Homework Club 13:30 - 14:00 MA12	Y7 Science Club 13:40 - 14:05 SC1 Mr Thompson	Exam Class Y11 and Y12 Badminton 13:30 - 14:10 Sports Hall Mr Goldsmith and Mr Hartley	Y7 MFL Film Club 13:20 - 13:50 ML4 Miss Leplatre Bring your packed lunch
KS4 Chess Club 13:30 - 14:10 SC4 Mr Tilbrook	Y11 - 13 History Society 13:30 - 14:00 HI2 Mr Walker	Y9 Werewolf Card Game Club 13:30 - 14:10 HI1 Miss Field	Sparx Homework Club 13:30 - 14:00 MA12	DT Club 13:20 - 13:50 TE3 DT TEAM
Sparx Homework Club 13:30 - 14:00 MA12	Y7 and Y8 Werewolf Card Game Club 13:30 - 14:10 HI1 Miss Field	Silent Space Reading Room 13:30 - 14:00 HI7 Miss Turvey (Bring your packed lunch)		Exam Catchup 13:30 - 14:10 PE1/IT4 Mr Goldsmith
Come along and 'Join in', it might open up lots of 'opportunities' and allow you to 'understand yourself and others'. Clubs help build 'responsibility and resilience', they may help you decide on your 'next steps', and make you 'examples to follow'. It's exciting what 'your future' may hold!		6th Form Netball 13:30 - 14:10 Netball Courts Miss Gavin		KS3 Chess Club 13:30 - 14:10 SC4 Mr Tilbrook
		6th Form Christian Union 13:30 - 14:10 L17		Sparx Homework Club 13:30 - 14:00 MA12
		Sparx Homework Club 13:30 - 14:00 MA12		



After School Clubs



Monday	Tuesday	Wednesday	Thursday	Friday
Backstage Club (Starts 15th Sept) 15:15 - 16:00 (Main Hal) Mr Gladstone	ALL Years Dead Poets Society 15:25 - 16:25 EN8 Miss Dearlove	Y17 Homework Club 15:15 - 16:00 BS1 Miss Walker	Year 7 and 8 Girls Football 15:20 - 16:00 (Back Field) Miss Wheeler	Y7 Rookie Lifeguard (Invite Only) 15:20 - 16:10 Swimming Pool Miss Beard
Year 9, 10 and 11 Girls Football 15:20 - 16:00 (Back Field) Miss Wheeler	ALL YEARS Netball 15:20 - 16:10 Courts Mrs Beard	Y8 and 9 Homework Club 15:15 - 16:00 BS2 Mr Stabler	ALL YEARS Needlecraft Club 15:15 - 16:00 (RE6) Mrs Robertson and Mrs McDonald	Computer Gaming Club 15:15 - 16:00 BS1 Mr Jones
ALL YEARS Badminton 15:20 - 16:10 Sports Hall Mrs Beard	Y10 and 11 Fitness 15:20 - 16:10 Fitness Suite Mr Skelton	Y10 and 11 Homework Club 15:15 - 16:00 BS1 Mr Jones	Y7 Drama Club 15:20 - 16:00 Drama Studio Mrs Mullenger	
Y7 Homework Club 15:15 - 16:00 BS1 Miss Walker	Table Tennis 15:20 - 16:10 Studio External (Starts 7th October)			Y9 and Y10 Boys Football 15:20 - 16:10 Back Field Mr Hartley
Y8 and 9 Homework Club 15:15 - 16:00 BS2 Mr Stabler	Y7 and Y8 Boys Football 15:20 - 16:10 Back Field Mr Hartley			Y7 - Y11 Debate Club 15:25 - 16:25 EN9 Mrs Doyle
Y10 and 11 Homework Club 15:15 - 16:00 IT4 Mr Jones	Y7 Homework Club 15:15 - 16:00 BS1 Miss Walker			Y7, 8 and 9 Homework Club 15:15 - 16:00 BS1 and BS2 Miss Walker and Mr Stabler
KS3 Student Voice Newsletter 15:15 - 16:00 EN5 Miss Donnell	Y8 and 9 Homework Club 15:15 - 16:00 BS2 Mr Stabler			Y10 and 11 Homework Club 15:15 - 16:00 IT4 Mr Jones
MFL Film Club 15:15 - 16:15 RE5 Miss Rogers	Y10 and 11 Homework Club 15:15 - 16:00 IT4 Mr Jones		AHS Running Club 15:30 - 16:30 Black Square Mr Thompson	

29 September 2025

Pathfinder Multi Academy Trust
Archbishop Holgate's School
Hull Road, York YO10 5ZA
T: 01904 806000
E: info@pmat.academy
W: www.pathfindermat.co.uk

Pathfinder Multi Academy Trust is an exempt charity registered in England and Wales.
Company Number: 07559610.
Registered Office: Archbishop Holgate's School, Hull Road, York YO10 5ZA

Dear Parents and Carers,

I hope that the new school year has started well and that your children have settled back into school life after the summer break. This is an important time for all families, but especially those who have children starting primary school or progressing to secondary school. As ever, if you have any questions or need any support please do not hesitate to contact your school.

At Pathfinder we understand that families choose schools based on the things that make them unique and distinct and we remain committed to supporting our schools to develop their important individual identity. We were delighted to welcome Applefields School into Pathfinder at the start of September and our community now comprises 19 schools working collectively to serve over 7,000 children and young people. Across all our schools we strive to ensure that:

Our schools are places where all children enjoy attending
Children benefit from an excellent education that is both academic and enriching

Our schools are places where all staff are proud to work
Staff feel supported and that their professional development is prioritised

Our schools are places where all parents /and carers are pleased to send their children
Families work in partnership, embedding trust and reputation across the community

Our schools are places where everyone has a sense of belonging
Staff, children and families all benefit from being part of a school community

Across Pathfinder there is much to celebrate both individually and collectively and I would encourage families to take a look at the last three Pathfinder Newsletters which can be accessed via the links below and which show the rich variety of enrichment and personal development opportunities that help our children to flourish.



Christmas 2024



Easter 2025



Summer 2025



Setting the course



Leading the way



Serving and inspiring

We are also proud of our strong track record of academic achievement that further supports pupils to be secondary ready or prepared for their next steps at the end of Year 11 or Post 16. The last academic year also saw further strong outcomes in terms of both Ofsted and SIAMS inspections as well as much needed good news in terms of the new school building projects at Hempland and Tang Hall.

At Pathfinder we remain committed to continuous development, building on our areas of strength as well as focusing on the things that we can do better. An important part of doing this is to communicate effectively with our families, actively seeking and listening to your views both at school and Trust level. As part of this commitment we have previously organised opportunities at schools for families to meet with both the Headteacher, Chair of Governors and myself and the Chair of the Trust Board. Whilst these in-person events were extremely useful they only reached a relatively small number of families.

As such, we are writing to all families across our schools to encourage them to complete a short survey that can be accessed via the link below.

Pathfinder Parent and Carer Survey: <https://forms.gle/tcgYk1eCZYH8ZktD9>

The survey consists of questions linked both to individual schools and the wider Trust, some provide options to tick and others the opportunity to add specific comments. If you have children at more than one Pathfinder school you are able to fill in the survey for both schools.

The results of the survey will be collated for each school across the Trust and for the Trust as a whole. We will carefully analyse all the results and use this important feedback to inform our future development plans and provide summaries for both families and school leaders. We would ask families to complete the survey by Friday 10 October.

Thank you in advance for your feedback and ongoing support for our schools.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'a Daly', written in a cursive style.

Andrew Daly
Chief Executive Officer

Bullying and Discrimination

This school is a place where every person has the right to be themselves and to be included in a safe and happy environment. Everyone at our school is equal and should be treated with respect. We have a zero-tolerance approach to all forms of discrimination. This includes disablism, racism, homophobia, biphobia, transphobia and religious discrimination.

It is the responsibility of all members of the school community to work together to ensure everyone is free from any bullying and/or discrimination; there is no place at Archbishop Holgate's School for bullying or discrimination in any form.

What is bullying and discrimination?

The Anti-Bullying Alliance (AGA) defines bullying as:

“the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.”

It can happen face to face or through cyberspace

The types of bullying can be:



Verbal bullying



Physical bullying



Virtual bullying



Social bullying

- name calling
- spreading rumours
- derogatory or offensive language
- threatening someone

- hitting
- physically intimidating
- using inappropriate or unwanted physical contact

- texting, emailing or using social media to write or say hurtful things about someone

- deliberately excluding or ignoring people
- manipulating friendship groups

Remember: *Falling out with your friends is not bullying.*

We operate a zero tolerance approach to any form of bullying, harassment, and discrimination. This includes disablism, racism, homophobia, biphobia, transphobia and religious discrimination.

Why do people bully or discriminate?

being powerless in their own lives	Someone else is bullying them	Jealousy or frustration	Lack of understanding or empathy
Looking for attention	Mimicking behaviours of family	Bullying behaviour gets rewarded	Inability to regulate emotions

The cycle of bullying

There are different roles played in bullying. What role do you play? What role should you play?



Ringleader

Starting and leading the bullying but not always the person 'doing' the bullying.



Outsider(s)

Ignores any bullying and doesn't want to get involved.



Assistant(s)

Actively involved in 'doing' the bullying.



Target

The person who is being bullied



Reinforcer(s)

Supports the bullying, might laugh or encourage other people to carry on what is going on.



Defender(s)

Stands up for someone being bullied. Knows that bullying is wrong and feels confident enough to do something about it. This might involve talking to an adult in school.

What can we all do to stop bullying and discrimination?

Be kind, Be respectful

TO DO Today. And repeat.

- Be kind.
- Be considerate.
- Be respectful.
- Be honest/authentic.
- Think beyond yourself.

- Choose kindness, as you never know what someone else is going through
- Saying something nice can bring a smile to someone's face
- Being kind can help others feel happy and confident

Live our school values into being



- **Compassion:** understand what someone else is feeling.
- **Forgiveness:** Show forgiveness to others and make friends.
- **Trust:** Trust that when you show how to be kind, others will follow.
- **Justice:** Stand up and Speak out!

Stand up, Speak out



Weak people put others down.
Strong people lift them up.

Stand up and say no to bullying
and discrimination. Make lots of
noise!

If you are being bullied or
discriminated against do not
accept it. Tell someone!



Report it

If you are being bullied or
discriminated against or see any
it you must report it. Either:

- **Speak to a trusted adult**
- **Tell a friend**
- **Complete the REPORT IT form**
- **Email school:**
jkitney@ahs.pmat.academy
- **Phone Childline: 0800 1111**

Every member of the school community must work together to stop bullying and discrimination.

What to do if you are being bullied or discriminated against?



**Tell someone
you trust**



**Keep a record of
what's
happening.
Save the
evidence.**



**Report it, block
it**



**Don't retaliate
(often that's
what they
want!)**



**Surround
yourself with
people that
make you feel
good**



**Don't blame
yourself,
remember the
problem is with
them not you.**

What to do if someone tells you they're being bullied or discriminated against



Listen



**Praise them for speaking
out!**



**Calmly work with them to
resolve the problem**



**If needed, get help from a
trusted person**

How to report bullying or discrimination?



Talk to someone

If you are being bullied or discriminated against

Talk to a trusted adult or if you cannot do that a trusted friend.

If you see bullying or discrimination

You must SPEAK OUT and say something. You must tell a member of staff in school.



Email the school

You can email school to report any bullying or discrimination at:

- jkitney@ahs.pmat.academy

Please provide as much information as you possibly can so it can be logged and forwarded to the right member of our pastoral care team.



Use the schools 'anonymous' REPORT IT form

You can use the schools REPORT IT form. You do NOT have to add your name.

- Please provide as much information as you possibly can.
- Either use this link : [REPORT IT](#) or scan the QR code





NOVEMBER 2025 INFORMATION SESSIONS AT SEND CENTRAL IN COLLABORATION WITH YORK PARENT CARER FORUM

Monday 3rd November 1pm- 2pm – Barriers to School Attendance

An information session led by the Educational Psychology Team around understanding barriers to school attendance and how to support your child or young person when they are experiencing significant barriers to school engagement.

Friday 14th November 1pm- 2pm- Welfare Rights- knowing what you may be entitled to as a family who have a child with SEND.

An information session around the benefits that are available to families who have children and young people with SEND, a general overview to make sure you know what you should and could be accessing and if there are gaps the opportunity to book in for a follow up appointment that is personalised around claiming any benefits you may be missing.

Friday 21st November 1pm – 2 pm- Elective Home Education

An information session led by our Local Authority School Attendance Lead and a SEND navigator from the Parent Carer Forum around Elective Home Education.

Monday 24th November 1pm- 2pm- ADHD a Guide for Parents

An Information Session led by CAMHS that looks at what ADHD is. There will be a focus on looking after yourself, practical tips for helping at home and supporting your child's educational development, general tips for supporting at school.

Understanding sleep and ADHD, tips and hints.

There will also be a consideration of the referral and assessment process and what comes next.





NEWSLETTER



Connect@pcfYork.co.uk



Join us at our upcoming coffee mornings and events

Parent Carer Voice



Thursday 16th Oct 2025

9:30am-12pm, SEND Central, Clifton Green

On the **third Thursday of every month**, in partnership with [YIKS](#), we hold a meeting in a private booked space. We offer an opportunity for you to discuss any issues you are having and talk about family life. No judgement, lots of understanding and support in a safe place.

Cuppa and Chat



Monday 3rd Nov 2025

7pm-8pm, Online

On the **first Monday in every month** we host an online offer for parents and carers who struggle to attend in person meet ups. There is no agenda, just an open invitation to come along, connect with others in our community, share, celebrate, offload or ask questions.

Please email Mary for the meeting link:

connect@pcfYork.co.uk

Parent Carer Wellbeing



Tuesday 4th Nov 2025

10:30am-12:00pm, New Earswick Folk Hall

On the **first Tuesday of every month**, we host a meet up which is focused on keeping it light. This is an opportunity to connect with other parents and carers, have a giggle, share some positives, maybe learn a new craft – and enjoy a cuppa on us!

Parent Carer Signposting



Wednesday 5th Nov 2025

6.30pm – 7.30pm, Online

On the **first Wednesday in every month**, we offer an online event for parents who are new to the world of SEND. We can signpost to what parents tell us are the most useful resources as a starting point. Bring a cuppa and your questions!

Please email Mary for the meeting link:

connect@pcfYork.co.uk

Listening Events



Weds 22nd Oct 2025

6:30 pm – 7:30 pm, Online

Monthly during term time we host informal listening events with key speakers, on topics and services which are relevant to our community of parent carers. Join us for this online event on the topic of **Understanding the Short Breaks Application Process**, with **Nicola Inglis, Short Breaks Coordinator for City of York Council**.

Please email **connect@pcfYork.co.uk** for the meeting link.

**JOIN THE PCF YORK
FACEBOOK GROUP**





NEWSLETTER



Connect@pcfYork.co.uk



Introducing our new Pink Polls and Blue Shout Outs

We are forever looking for quick ways to get to know what you are thinking, so we can best represent your voice. **Please watch out for our fortnightly Pink Polls. They will take no more than 3 minutes to complete and we'll keep them bright pink to make them easy to spot!**

Appearing every alternate week, our **Blue Shout Outs** will keep you informed about what PCF York is busy with and what difference your shared family experience has/will make. **Remember to join our Facebook Group to stay informed.**

PINK POLL

Please help us to represent **your voice** by taking 2 minutes to fill in our fortnightly **Pink Poll**.



What training should the PCF make available for parents and carers?

Please click here to complete our current Pink Poll.

BLUE SHOUT OUT

Find out what we've done this month to represent **your voice**.



We have already started partnership work with Early Help Short Breaks on their upcoming review. Join our Facebook Group for opportunities to input.





NEWSLETTER



Connect@pcf YORK .co.uk

Upcoming SEND Central Events

Understanding the Short Breaks Application Process



Friday 17 October
1pm- 2pm

Led by the short breaks co-ordinator about the City Of York's Short Break application process and how to access this during the application window throughout October.

Wellbeing Workshop for Parents and Carers of Children and Young People with SEND



Monday 20 October
1pm- 2pm

Led by Ashley Watson, explore the 5 Ways to Wellbeing; Connect, Be Active, Take Notice, Keep Learning, and Give. Through interactive activities and discussion, we will explore small, practical actions that can support our wellbeing. This is a safe space to reflect, recharge, and reimagine what wellbeing looks like for yourself and for all parents and carers across York

Email sendcentral@york.gov.uk to book.

[Click here for more upcoming SEND Central events.](#)

Preparation for Adulthood Opportunities Event



Tues 14th October, 3.30-6.30pm

Askham Bryan College

[Click here to find out more.](#)

For queries contact: skills@york.gov.uk



SEND CENTRAL



Check out York's new hub for children and young people with Special Educational Needs and Disabilities (SEND) and their families.

Pop in for information, advice and more! You do not need to have an Education Health and Care Plan.



Find us at



SEND CENTRAL, Clifton Children's Centre,
Clifton Green Primary School, Kingsway
North, Clifton, YO30 6JA

Or find out more about support for children and young people with SEND in York at www.yorksend.org

Supported by:



Raise York
Your Family Hub Network

Delivered by:



CITY OF YORK
COUNCIL

Early Help Short Breaks

Early Help Short Breaks are available to children and young people who:

- have a special educational need (SEN) or disability that has a significant impact on accessing community activities
- are aged 0 to 18 years old
- ordinarily reside within the City of York Local Authority

Key upcoming dates:



9:00am, Weds 1st October 2025
Application process opens



5:00pm, Fri 31st October 2025
Application deadline



Fri 28th November 2025
Notifications issued by this date

[Find out more information.](#)





Parent
Carer
Forum
York

NEWSLETTER



Connect@pcf YORK.co.uk



EPILEPSY & ME PARENT GROUP FOR PRIMARY YEARS

Being a parent or carer of a child with epilepsy brings about unique challenges. Our online parent/carer group provides information & advice on common issues reported by parents and carers.

"It was really good... learning the different strategies given to help both parent and child" - Parent A

"I didn't feel so alone" - Parent B

100% of
participants
would
recommend



What is covered in the group?

- The two-hour session covers topics such as development and independence, learning issues, and parental emotional wellbeing.

Who is it for?

- Parents and carers of primary school-age children with epilepsy living in the Humber and North Yorkshire region.

How can it help?

- By building knowledge and helping you feel connected to others in a similar position.

WHEN AND WHERE?



Friday 10th October 2025
9:30AM-11:30AM



Online Video Call

You will be sent a link and instructions for joining the group. You will require a reliable internet connection.



Get in Touch to Book Your Place

Email: yhs-tr.chp@nhs.net, Tel: 01904 726257
Places will be allocated on a first-come, first-served basis.

Brighter Beginnings

Free Early Years Workshops

Contact are running a series of **free workshops for families of disabled children aged 0 - 5 years old**. The workshops are held online on various upcoming dates.

For more information and links to book workshops, click here.

contact *For families with disabled children*

North Yorkshire and York

Nothing About Us Without Us

Children and Young People's Mental Health Advisory Group



October Half-Term Event

Monday 27th October 2025, 12:30am-4pm

SPARK:York, SHOW Space, 17-21 Piccadilly, York YO1 9PB

For young people (aged 25 and under), supporting workers, and senior leaders

Lunch provided

Help with young people's travel costs

Scan here to book your place by Fri 24th Oct



Humber and North Yorkshire Health and Care Partnership

For more info email Be.Heard@nhs.net

Your Voice Matters

Join York's SEND Youth Forum

Click here to find out more.



lightyear
foundation
youth group



Book a free place: scan or click the QR code



Monday 13th October
6pm, Online.

A space for disabled & neurodivergent young people aged 14-25 to share their STEM stories, experiences, and ideas.





Parent
Carer
Forum
York

NEWSLETTER



Connect@pcforyork.co.uk

EPILEPSY & ME PARENT GROUP FOR TEEN YEARS



Being a parent or carer of a young person with epilepsy brings about unique challenges. Our online parent/carer group provides information & advice on common issues reported by parents and carers.

I enjoyed learning the different strategies given to help both parent and child - Parent

100% of participants would recommend



What is covered in the group?

- The two-hour session covers topics such as adolescent development, independence, and parental emotional wellbeing.

Who is it for?

- Parents/carers of secondary school-age children with epilepsy living in the Humber and North Yorkshire region.

How can it help?

- By building knowledge and helping you feel connected to others in a similar position.

WHEN AND WHERE?



Friday 17th October
9:30AM-11:30AM



Online Video Call

You will be sent a link and instructions for joining the group. You will require a reliable internet connection.



Get in Touch to Book Your Place

Email: yhs-tr.chp@nhs.net, Tel: 01904 726257

Places will be allocated on a first-come, first-served basis.

Supporting Your Child's Start to School

This year, the City of York is reviewing the systems in place to support children - and their families - when they begin school, with a particular focus on children with special educational needs and disabilities (SEND).

To help CYC understand what works well and where we can improve, please complete this short questionnaire for parents and carers. Your views are incredibly important and will help to celebrate successes and strengthen the support offered by CYC during this key transition.

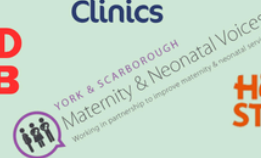
Thank you for taking the time to share your experiences.

Please click here or scan the QR code to complete the short questionnaire before 14 November 2025.



Free Signposting Event for Parents, Families & Carers

Come along to York Explore Library (City Centre), where a range of local support services will be on hand to offer advice and information on mental health, neurodiversity, legal matters, early parenting challenges, and much more.



ASK THE
MIDWIFE



For more information email:
Ewarren@theretreatclinics.org.uk

Nighttime Wetting

Video Guide for Children, Young People and Families

This video has been developed by a team of healthcare professionals to help you understand the possible causes of bed-wetting as well as sharing some simple strategies you can try at home and school. It also provides advice on what to do if you have tried the strategies and it's still an issue. It provides guidance for children, young people and families which is suitable for all children and young people, of any age, with advice that can be adapted for children and young people with physical or learning needs.

Remember, bed-wetting is not the parent, carer or child's fault and there is lots of advice and support available.





NEWSLETTER



Connect@pcfYork.co.uk

Autism Support for Parents

Support for parents from the Specialist Teaching Team for Autism.

In-person drop-in support.

No need to book, just come along and meet a Specialist teacher and Specialist TA from the Autism Team. Meet other parents to discuss general issues and concerns, find information and look at useful resources.

In-person sessions take place on Wednesday afternoons, between 1.30pm and 2.30pm, at the YIKS All About Autism Hub, at SEND Central, Clifton, YO30 6BF.

Upcoming dates:



- **Weds 15 October**
- **Weds 5 November**
- **Weds 12 November**

Morning phone line sessions.

To book a 20 minute phone call within the sessions below, please email: parentcarerautismsupport@york.gov.uk with your name and a contact telephone number for us to call you on. Bookings close the Thursday before the session.

Telephone support sessions take place fortnightly between 9am and 12 noon. The booking email address is for telephone support admin only and the team are unable to respond to queries via this email.

Upcoming dates:



- **Weds 22 October**
- **Weds 5 November**
- **Weds 19 November**

Early Support Playgroup

Stay-and-play session for parents, carers and preschoolers with additional needs. Meet others, explore learning through play, receive signposting info and support strategies. Free, no need to book.

Mondays

Weekly at The Avenues Children's Centre, Willow Room, Tang Hall, YO31 0TX
10am to 11:30am

Upcoming dates:



- **Mon 13 October**
- **Mon 20 October**
- **Mon 3 November**

Tuesdays

Weekly at Hob Moor Children's Centre, Cherry Room, Acomb, YO24 4RF
10am to 11.30am

Upcoming dates:



- **Tues 14 October**
- **Tues 21 October**
- **Tues 4 November**

Wednesdays

2nd and 4th Wednesday in term time at SEND Central, Little Stars Playroom, Clifton, YO30 6JA from 9:30am to 11am

Upcoming dates:



- **Wed 22 October**
- **Wed 12 November**
- **Wed 26 November**

Any queries, contact

Lauren.Williams@york.gov.uk or
Shahenaz.Shaikh@york.gov.uk





This week at SEND CENTRAL



Monday	Tuesday	Wednesday	Thursday	Friday
York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along
Wellbeing in Mind- Elective Home Education Offer 10am-4pm Drop ins and workshop's	Portage Music Group 1.30pm-2.30pm Workshop- Invite only	Early Years SEND Playgroup 10am - 11.30 am All Welcome no booking required	SEND Casework Duty Worker 10am-4pm Advice and information bookable slots. Please book via SEND.CENTRAL@york.gov.uk or call 01904 555076	NHS Preparation for Adulthood 10am - 4pm Drop in - advice and information
YIKS Autism Hub 4.30pm- 6.30pm Bookable Only via YIKS	YIKS Autism Hub 4.30pm-6.30pm Bookable Only via YIKs	Think Together CAHMS 10am-4pm	YIKS/ PCF Parent/carer SEND drop in 9.30am-11am Everyone Welcome	Understanding the Short Breaks Application Process 1pm-2pm Information Session
	YIKS Siblings Group 6.45pm- 8.00pm	Specialist Autism Teaching Team 1.30pm-2.30pm Drop in	Healthy Child Team 9 am- 12 pm Drop in - self weigh 0- 5 years 2 pm-3.30 pm 4 month workshop- invite only.	YIKS Autism Hub 4.30pm- 6.30pm Bookable only via YIKs
		YIKS Autism Hub 4.30pm - 6.30pm	YIKS Post 16 Group 6.30pm -8pm	



This week at

SEND CENTRAL



20 - 24th October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along
Wellbeing in Mind- Elective Home Education Offer 10am-4pm Drop ins and workshop's	Portage Music Group 1.30pm-2.30pm Workshop- Invite only	Early Years SEND Playgroup portage 10am - 11.30 am All Welcome no booking required	SEND Casework Duty Worker 10am-4pm Advice and information bookable slots. Please book via SEND.CENTRAL@york.gov.uk or call 01904 555076	York Council Specialist Teaching Team Hearing Support- pre school playgroup Invite only from the hearing support team.
Wellbeing workshop for parents and carers of children and young people who have SEND 1pm - 2pm Everyone Welcome	YIKS Autism Hub 4.30pm-6.30pm Bookable Only via YIKs	Think Together 10am-4pm Invite only family workshops	YIKS Parent/carers SEND drop in 9.30am-11am Everyone Welcome- no booking required	NHS Preparation for Adulthood 10am - 4pm Drop in - advice and information
YIKS Autism Hub 4.30pm- 6.30pm Bookable Only via YIKS	YIKS Siblings Group 6.45pm- 8.00pm	Specialist Autism Teaching Team 1.30pm-2.30pm Drop in	Healthy Child Team 9 am- 12 pm Drop in - self weigh 0- 5 years 2 pm-3.30 pm 4 month workshop- invite only.	YIKS Autism Hub 4.30pm- 6.30pm Bookable only via YIKs
		YIKS Autism Hub 4.30pm - 6.30pm Bookable only via YIKS	YIKS Post 16 Group 6.30pm -8pm	



This week at

SEND CENTRAL

27th - 31st October 2025



Monday	Tuesday	Wednesday	Thursday	Friday
York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along
Wellbeing in Mind- Elective Home Education Offer 10am-4pm Drop ins and workshop's	NO MUSIC GROUP HALF TERM	NO PLAYGROUP HALF TERM	SEND Casework Duty Worker 10am-4pm Advice and information bookable slots. Please book via SEND.CENTRAL@york.gov.uk or call 01904 555076	NHS Preparation for Adulthood 10am - 4pm Drop in - advice and information- All welcome no booking required.
YIKS Autism Hub Holiday Club 10.30am - 2pm Bookable Only via YIKS	YIKS Autism Hub Holiday Club 10.30am - 2pm Bookable Only via YIKS	Think Together 10am-4pm Invite only family workshops	YIKS Autism Hub Holiday Club 10.30am - 2pm Bookable Only via YIKS	YIKS Autism Hub 4.30pm- 6.30pm Bookable only via YIKs
YIKS Autism Hub 4.30pm- 6.30pm Bookable Only via YIKS	YIKS Siblings Group 6.45pm- 8.00pm	YIKS Autism Hub Holiday Club 10.30am - 2pm Bookable Only via YIKS	Healthy Child Team 9 am- 12 pm Drop in - self weigh 0- 5 years 2 pm-3.30 pm 4 month workshop- invite only.	
		YIKS Autism Hub 4.30pm - 6.30pm		



This week at

SEND CENTRAL



3rd - 7th November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along
Information Session Barriers to School Attendance 1pm- 2pm An information session led by the Educational Psychology Team around understanding barriers to school engagement -supporting your child. All Welcome no booking required	SENDIASS 10am-2.30pm Bookable slots throughout the day. Please book via SEND.CENTRAL@york.gov.uk or call 01904 555076	Early Years SEND Playgroup YIKs 10am - 11.30 am All welcome no booking required	SEND Casework Duty Worker 10am-4pm Advice and information bookable slots. Please book via SEND.CENTRAL@york.gov.uk or call 01904 555076	NHS Preparation for Adulthood 10am - 4pm Drop in - advice and information- All welcome no booking required.
YIKs Autism Hub 4.30pm- 6.30pm Bookable Only via YIKs	Portage Music Group 1.30pm-2.30pm Workshop- Invite only	Think Together 10am-4pm Invite only family workshops	YIKs Parent/carer SEND drop in 9.30am-11am Everyone Welcome- no booking required	YIKs Autism Hub 4.30pm- 6.30pm Bookable only via YIKs
	YIKs Autism Hub 4.30pm- 6.30pm Bookable only via YIKs	Specialist Autism Teaching Team 1.30pm-2.30pm Drop in All welcome no booking required	Healthy Child Team 9am - 12pm Drop in - self weigh 0- 5 years 2pm -3.30pm 4 month workshop- invite only.	
	YIKs Siblings Group 6.45pm- 8.00pm	YIKs Autism Hub 4.30pm - 6.30pm	YIKs Post 16 Group 6.30pm -8pm	



This week at

SEND CENTRAL

10th- 15th November 2025



Monday	Tuesday	Wednesday	Thursday	Friday
York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along
Wellbeing in Mind- Elective Home Education Offer 10am-4pm Drop ins and workshop's	Portage Music Group 1.30pm-2.30pm Workshop- Invite only	Early Years SEND Playgroup Portage 10am - 11.30 am All welcome no booking required	SEND Casework Duty Worker 10am-4pm Advice and information bookable slots. Please book via SEND.CENTRAL@york.gov.uk or call 01904 555076	NHS Preparation for Adulthood 10am - 4pm Drop in - advice and information- All welcome no booking required.
YIKS Autism Hub 4.30pm- 6.30pm Bookable Only via YIKS	YIKS Autism Hub 4.30pm- 6.30pm Bookable only via YIKs	Think Together Team running planned workshops - invite only 10am-4pm	YIKS Parent/carer SEND drop in 9.30am-11am Everyone Welcome- no booking required	Information Session- Welfare Rights Knowing what you may be entitled to as a family with SEND 1pm- 2pm All welcome no booking required
	YIKS Siblings Group 6.45pm- 8.00pm	Specialist Autism Teaching Team 1.30pm-2.30pm Drop in All welcome no booking required	Healthy Child Team 9am - 12pm Drop in - self weigh 0- 5 years 2pm -3.30pm 4 month workshop- invite only.	YIKS Autism Hub 4.30pm- 6.30pm Bookable only via YIKs
		YIKS Autism Hub 4.30pm - 6.30pm	YIKS Post 16 Group 6.30pm -8pm	



This week at

SEND CENTRAL



17th- 21st November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York's Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along
Wellbeing in Mind- Elective Home Education Offer 10am-4pm Drop ins and workshop's	Portage Music Group 1.30pm-2.30pm Workshop- Invite only	Early Years SEND Playgroup supported by a parent volunteer 10am - 11.30 am All welcome no booking required	SEND Casework Duty Worker 10am-4pm Advice and information bookable slots. Please book via SEND.CENTRAL@york.gov.uk or call 01904 555076	NHS Preparation for Adulthood 10am - 4pm Drop in - advice and information- All welcome no booking required.
YIKS Autism Hub 4.30pm- 6.30pm Bookable Only via YIKS	YIKS Autism Hub 4.30pm- 6.30pm Bookable only via YIKs	Think Together Team running planned workshops - invite only 10am-4pm	YIKS/ PCF Parent/carer SEND drop in 9.30am-11am Everyone Welcome	Information Session- Elective Home Education 1pm- 2pm All welcome no booking required
	YIKS Siblings Group 6.45pm- 8.00pm	Specialist Autism Teaching Team 1.30pm-2.30pm Drop in All welcome no booking required	Healthy Child Team 9am - 12pm Drop in - self weigh 0- 5 years 2pm -3.30pm 4 month workshop- invite only.	YIKS Autism Hub 4.30pm- 6.30pm Bookable only via YIKs
		YIKS Autism Hub 4.30pm - 6.30pm	YIKS Post 16 Group 6.30pm -8pm	



This week at SEND CENTRAL



Monday	Tuesday	Wednesday	Thursday	Friday
York’s Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York’s Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York’s Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York’s Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along	York’s Parent Carer Forum Navigator 9.30am-4pm Advice and information drop-in No need to book just come along
Wellbeing in Mind- Elective Home Education Offer 10am-4pm Drop ins and workshop’s	Portage Music Group 1.30pm-2.30pm Workshop- Invite only	Early Years SEND Playgroup Portage 10am - 11.30 am All welcome no booking required	SEND Casework Duty Worker 10am-4pm Advice and information bookable slots. Please book via SEND.CENTRAL@york.gov.uk or call 01904 555076	NHS Preparation for Adulthood 10am - 4pm Drop in - advice and information- All welcome no booking required.
Information Session- ADHD a guide for parents- led by CAMHS 1pm- 2pm All welcome no booking required You do NOT need to have a diagnosis	YIKS Autism Hub 4.30pm- 6.30pm Bookable only via YIKs	Think Together Team running planned workshops - invite only 10am-4pm	YIKS Parent/carers SEND drop in 9.30am-11am Everyone Welcome- no booking required	YIKS Autism Hub 4.30pm- 6.30pm Bookable only via YIKs
YIKS Autism Hub 4.30pm- 6.30pm Bookable Only via YIKS	YIKS Siblings Group 6.45pm- 8.00pm	Specialist Autism Teaching Team 1.30pm-2.30pm Drop in All welcome no booking required	Healthy Child Team 9am - 12pm Drop in - self weigh 0- 5 years 2pm -3.30pm 4 month workshop- invite only.	
		YIKS Autism Hub 4.30pm - 6.30pm	YIKS Post 16 Group 6.30pm -8pm	

10 Top Tips for Parents and Educators

DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



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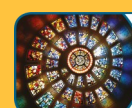


Job	Teaching Assistant Level 3—SEN Support
School	Archbishop Holgate's School
Details	TA Level 3 (Grade 6) pro rata salary – £21,391 32½ hours per week, Term Time Only One year, fixed term, reviewed annually Required As soon as Possible
Closes	Monday 29th September at 08.00am

Job	Teaching Assistant Level 2
School	St Lawrence's CE Primary School
Details	Grade 4 Level 1 (£25,114 per annum) reduced pro-rata to £9,332.91 actual pay. Fixed term contract until the 17 th July 2026. Term time contract Monday to Friday 12pm-3.15pm. 16.25 hours per week
Closes	Thursday 16th October at 5pm

Job	Supply Teaching Assistant
School	Applefields School
Details	Applefields School are seeking to recruit multiple Teaching Assistant Level 2 based at Applefields School's mainsite (Bad Bargain Lane) as part of a Supply Bank. We are keen to support applicants who may be looking for reduced or flexible hours rather than a full 5-day week. Grade 4 (L1-4) £25,114—26,319 per annum., reduced pro rata.
Closes	Friday 31st October 2025

Job	Teaching Assistant L2
School	Applefields School
Details	Grade 4—Level 1 to 4 (£25,114—£26,319) Pro-rata to Term Time and Part Time Six positions available: 2 x 5 days a week, Term time 2 x 4 days a week, Term time 1 x 3 days a week, Term time 1 x 2 days a week, Term time Required As soon as possible
Closes	Thursday 23rd October at 08.00am



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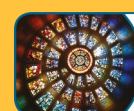
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Job	Teaching Assistant L3
School	Applefields—Minster Provision
Details	There are multiple posts available ranging from 2 to 5 days from 8.45am to 3.30pm on a term time only basis. Grade 6 (L1-4) 28,394—30,975 per annum, reduced pro rata
Closes	Thursday 16th October 2025

Job	Teaching Assistant L2
School	Applefields—Minster Provision
Details	The post is 5 days a week from 8.45am to 3.30pm on a term time only basis. Grade 4 (L1-4) £25,114—26,319 per annum, reduced pro rata.
Closes	Thursday 16th October 2025

Job	School Assistant
School	Archbishop Holgate's School
Details	Grade 4 (currently £18,920 pa, this is the pro rata salary) Permanent, Part Time—32.5hpw Term Time Only Required As soon as possible
Closes	Monday 20th October at 08.00am

Job	Non-Teaching Assistant Head of Year
School	Archbishop Holgate's School
Details	Grade 7 (currently 31,497-£33,727 pa) Full Time, Full Year Required from: November 2025 / as soon as possible
Closes	Friday 17th October at 08.00am



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Job	School Cleaning Assistant
School	Badger Hill Primary School
Details	Grade 2, Level 1, Current hourly rate is £12.60. This is a permanent position. Hours of Work : 3pm-5.30pm Monday to Friday. Term Time Only, plus 4 weeks working in the school holidays to undertake deep cleans.
Closes	Thursday 16th October at Midnight

Job	MSA
School	Rufforth Primary School
Details	Grade 2 Level 1 - 4 (24,309 pro rata) Fixed Term contract 2 days a week, days to be discussed 12.00-1.00pm term time only
Closes	Wednesday 15th October at Midday

Job	MSA
School	Acomb Primary School
Details	Grade 2 Level 1 £24309 per annum reduced pro rata to: £5,307.67 per annum Permanent contract Term time only Monday to Friday 11am -1pm
Closes	Friday 24th October at 5pm

Job	Exam Invigilator
School	Malton School
Details	£12.45 per hour. Casual Contract.
Closes	N/A

Job	Cleaning Assistant
School	Archbishop Holgate's School
Details	Currently £12.60 per hour Full Year or Term Time 20 hours per week, Monday-Friday, 3.30-7.30pm Salary paid monthly over 12 equal payments Required as soon as possible
Closes	N/A

