



School Newsletter 602

Values – Care – Achievement

Friday 18 September 2026

Headteacher's Introduction

Dear Parents and Carers,



Building on the excellent start made last week, our students have enjoyed another positive and purposeful week. They continue to respond impressively to our high expectations, demonstrating the commitment, kindness and maturity that characterise our school community.

These expectations are not simply about academic success; they help every student develop their gifts, grasp the opportunities available to them and prepare for a life lived in all its fullness.

This week saw the launch of our own 7-in-7 Challenge, inspired by Sir Kevin Sinfield's remarkable fundraising efforts. We will be privileged to see Sir Kevin run past our school as part of his challenge, providing our students with a powerful example of courage, friendship and service to others. Across the school day, on Monday 28 September, students and staff will be completing our charity challenge. Through our participation, we are living out our value of Compassion, raising awareness, funds and demonstrating our shared commitment to supporting those in need.

In Chapel this week, we have also celebrated the distinctive character of our school community. Students have been encouraged to reflect on the part each of us plays within it and on the individual gifts we contribute. Just as every stone has its place within a building, each person is an important part of our spiritual house. Our different talents, qualities and experiences strengthen our community and help us live out our values of Justice, Compassion, Forgiveness and Trust each day.

On Wednesday evening, we were delighted to welcome our Year 11 students and their families to our Study Skills Evening. Together, we explored some of the key habits needed for success in Year 11. Families had an opportunity to begin planning revision timetables and practising effective techniques, including the purposeful use of flashcards. The partnership between school and home is incredibly important in helping every student make the most of each opportunity, approach the year with confidence and ultimately thrive and succeed.

Thank you to our students, families and staff for another excellent week and best wishes for the week ahead.

With best wishes,
Lucie Pond, Headteacher

MAIN SCHOOL OPEN EVENING

Wednesday 14 October, 6.00pm

Values - Care - Achievement

Work with Pathfinder

Are you looking for a new opportunity in education? Pathfinder Multi Academy Trust regularly has a range of vacancies across our schools and central team, from teaching and support roles to leadership and professional services positions.

If you, or someone you know, would like to find out more about working for Pathfinder, visit our [vacancies page](#) to see the latest opportunities.

Upcoming Events

Wed 30 Sept	Y10 GCSE Information Evening
Wed 7 Oct	Senior Leader Parent Clinic
Wed 14 Oct	Open Evening

AHS School Show 2027



We are so pleased to announce our very fitting show for 2027 is - 'High School Musical'! All relevant information for auditions can be found in the school show Google Classroom which can be joined with the following code - gthkijbx

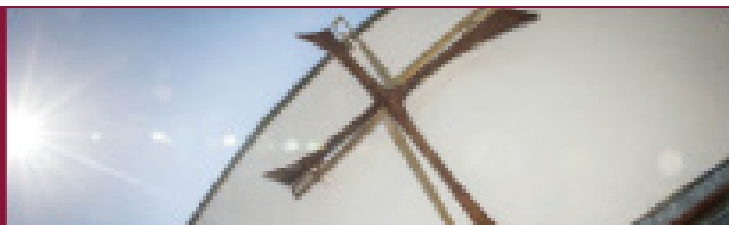
Here you will also find a FAQ document alongside the audition materials. The deadline for submitting video auditions is Thursday 1 October.

There will be a dance audition for those wishing to be considered for a featured dancer role on Thursday 24 September in the Main Hall until 5.00pm.

PLEASE SHARE: If you would like to share students' achievements and events in the community, please email jssissons@ahs.pmat.academy. It's always nice to celebrate our school community.



This Week's School News



AHS - September 'Book of the Month'

We love reading at AHS and therefore, each month, our wonderful librarians will be recommending a 'Book of the Month' for Year 7, KS3 and KS4.

Copies are available in our school libraries so students can pop along at break or lunchtime if they'd like to borrow one. They will also be available at the Merit Mart. Here are our September recommendations:

Year 7 Book of The Month - The Night I Borrowed Time

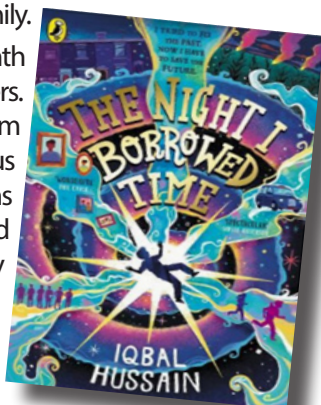
A funny, heartbreaking and uplifting tale about family, bravery and living in the here and now, perfect for fans of Time Travelling With a Hamster and Wonder.

I'm going back in time to save this family.

Eleven-year-old Zubair is a seventh son. This means a LOT of big brothers. But when Zubair's granny arrives from Pakistan and gives him a mysterious amulet, he discovers it means something else, too: he has inherited a gift. The seventh sons in his family have the ability to time-travel.

With his dad a shadow of his former self since his car accident, and his mum always tired and angry, Zubair has a genius idea. He'll use time-travel to fix things between them.

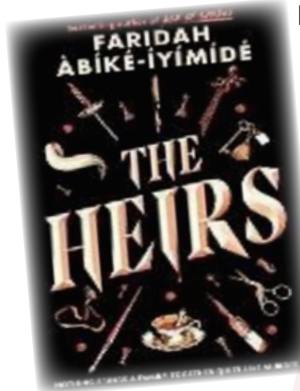
But each trip comes at a cost. If he changes something small in the past, it can have a huge effect on his future. And if he gets it wrong, the results could be devastating...



KS4 Book of The Month - The Heirs

From the author of the acclaimed Ace of Spades comes a gripping high-concept thriller perfect for fans of The Inheritance Games series, as the father of five uniquely gifted children is murdered at the annual Prodigy Ball.

Everyone has heard of the Button heirs: the five genius children of infamous billionaire Leontes Button. Adopted and trained under the "Button Method", they've had no choice but to be brilliant.



But brilliance comes at a deadly price. Because at their father's tenth annual Prodigy Ball, Leontes Button is murdered.

A mansion full of suspects.

As long-buried secrets come to light, one thing is clear: everyone at the ball had reason to want him dead. After all, their father was especially good at making enemies.

KS3 Book of The Month - Such Charming Liars

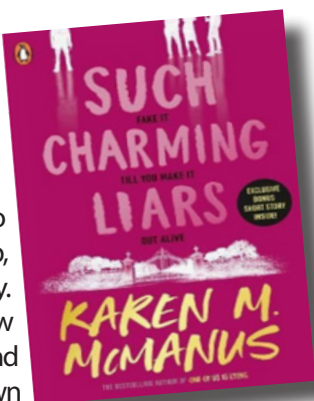
The mega-selling author of One of Us Is Lying spins another edge-of-your-seat YA thriller, as a mother-daughter team of jewel thieves on their intended last heist get an unexpected reminder from the past.

For all of Kat's life, it's been her and her mother, Jamie - except for 12 years ago, when Jamie was married for two days and Kat had a stepbrother, Liam. But all that ended in a swift divorce.

Now Jamie is a jewel thief trying to go straight, but she has one last job, at a billionaire's 80th birthday party. Neither Kat nor her mother know about two surprise guests: Liam and his father, a serial scammer with his own sights set on Ross Sutherland's family.

Kat and Liam are on a collision course to disaster, and when someone dies, the two teens realise they might be in the killer's crosshairs. They can't trust anyone except each other.

Or can they? If there's one thing both of them know, it's how to be such charming liars...



MFL Stars of the Week

Students were nominated by Language staff to receive an Effort merit, a postcard home and appear on the 'Stars Wall' for all their hard work:

KS3 French - Astrid Cave, 7ONs
KS3 German - Antonio Tapie Do Amaral, 9JEI
KS3 Spanish - Lana Marinkovic, 8SBI
KS4 French - Iris Oswald, 11Be
KS4 German - Masie Bennett, 11Be
KS4 Spanish - Isla Hamilton, 10JSt



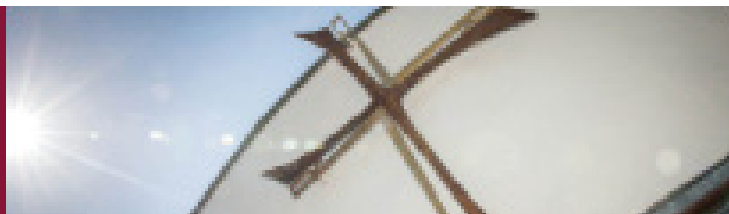
Food for Thought

This week in our Chapel Collective Worship Mrs Pond explored the theme of Wisdom and being Living Stones.

In our Form Tutor Act of Collective Worship our theme is Who am I? We will look at the life of Beethoven and Psalm 139.



This Week's Sixth Form News



Message from Miss Gavin, Assistant Head: Director of Sixth Form

We were really excited to launch the 7-in-7 Sir Kevin Sinfield challenge with our sixth formers this week during their act of collective worship time. Sixth formers have been called to lead by example on the day and do their laps either before or after school. They can sign up to this on their google classroom and they can also sign up to volunteer on the day to help with marshalling / cheerleading for the event. We're so looking forward to cheering on Sir Kev as he passes by our school and seeing our students raise money for some great causes.

Year 12's also started their Wednesday enrichment this week. Students took part in many activities including: playing 'traitors', learning about 'criminal profiling', taking part in a 'courageous advocacy' project, playing Sport at Burnholme Sports Centre, volunteering in Primary schools and care homes, helping with the allotment and so much more! They will be able to choose a different activity each half term to ensure they get great variety into their weekly timetable.

Sixth Form - Sleep Rough

Next week, we are looking forward to our 'sixth form' sleep rough event on Friday 26 September. This event, which is organised by our student leaders, is a charity event to raise money and awareness around homelessness. Sixth formers are invited to spend the night at school 'sleeping rough' in the spiritual garden, which in previous years has been an invaluable experience for them. If you are interested and want to know more, please contact Mr McPaul (cmcpaul@ahs.pmat.academy).

Sixth Form Student Spotlight

During the summer, Avery was selected to have her composition played at King's Place in London, which is a remarkable achievement. I asked Avery to summarise in a few sentences what this meant: 'In March of this year, I was invited to write a choral piece for the ORA Singers along with nine other young composers nationally. Over the summer my piece was performed at King's Place, London, where I received advice and appraisal from a panel of professional composers. From this, I have become a better and more experienced musician, and this will open many doors in furthering my musical progression!' Well done Avery!

We also wanted to highlight the brilliant experience Sam McBride (our School Captain) had during his work experience at the end of the last academic year. Sam had the opportunity to work with the Cabinet Office (specifically their Women and Equalities department) getting to spend his time meeting with politicians and visiting places like No 10!

We are really keen to celebrate the successes of our very talented sixth formers, so please let us know if there is something we can shout about that your student has done in or outside of school that we may not be already aware of. Please do get in touch with a member of the sixth form team.



AHS Feedback

We welcome all feedback and thank all parents for their valuable contributions. If you have a query or simply an observation about the school please complete the form online.



Social Media

Follow our Facebook page to keep up to date with the latest news and events!



PERSONAL DEVELOPMENT

Archbishop Holgate's School

ENRICHMENT • EXTRACURRICULAR • PSHE/RSE • REWARDS • CAREERS • WELLBEING

It's wonderful to be back in full swing for the new academic year and looking forward to an action packed time in our Personal Development Package.

I'd like to start by building up the excitement to our first event of the academic year which is in support of Sir Kevin Sinfield and his 7 in 7 event taking place on Monday 28 September.

At AHS we have created our own '7 Till 7' Challenge, inspired by Sir Kevin's remarkable determination and commitment. Throughout the day, every year group, from Year 7 to Year 13, will complete laps of the school field during their allocated time slot, ensuring that from 7.00am until 7.00pm there will always be staff and students taking part. Members of staff will also be joining in, taking responsibility for the early morning and evening sessions, making this a true whole-school community event.

Between 11.40am and 12.40pm, the entire school will pause the challenge to line the roadside and cheer Sir Kevin on as he passes Archbishop Holgate's School on his own challenge route. We hope this will be a memorable moment for our students and an opportunity to show our appreciation for everything Sir Kevin has done to inspire communities across the country.

We would also love to welcome parents and carers to join us for the evening session of our '7 Till 7' Challenge, between 4.00pm and 7.00pm, to take part in some laps of your own as part of this whole-school community event. If you would like to join us, please complete the google form attached [here](https://docs.google.com/forms/d/e/1FAIpQLSdKRx-KTeeo_P_LwfcNTwTIdSQbS4_EYBfMnN-BTfiaEU0Y4Q/viewform?usp=publish-editor) (https://docs.google.com/forms/d/e/1FAIpQLSdKRx-KTeeo_P_LwfcNTwTIdSQbS4_EYBfMnN-BTfiaEU0Y4Q/viewform?usp=publish-editor) to enable us to plan the event accordingly.

To take part in the '7 Till 7' Challenge, pupils will be asked to make a voluntary contribution of £1. They are also encouraged to gain sponsorship from family members and friends to support their participation. Please find the QR Code for our school 'Go Fund Me' page here:

Funds raised from the event will be divided equally between three very worthy causes - The MND Association, The Archbishop Holgate's School Unity Fund and Mission Uganda 2027.



REWARD & RECOGNITION

We're so excited to launch our rewards and recognition program again this year and we look forward to praising and recognising achievement throughout.

A reminder of rewards and recognition available throughout the year within the table below

Daily/Weekly	Half Termly	Termly	Yearly
House Merits (ALL Staff)	Subject Certificates	AHS Accolades	Reward and Recognition Mornings
HOY Award Nomination (ALL Staff)	Headteachers Breakfast	CEO Award	Sport Day
HOY Award (Year Teams)	House Competitions	Awarding of House Ties/Signature Tie	Announcing the House Winners and Presentation of the House Cup.
Positive Messages/Phone Calls (ALL Staff)	Celebratory ACW and Award Distribution	Whole School Celebrations (Christmas, Easter and Summer)	
House Competitions		House Competitions	
		Whole School Celebrations	

Some key dates for you:

AHS Merit Mart has now reopened its doors! It will be open on Tuesday, Wednesday and Thursday.

Head of Year Award nominations have begun and our first HoY Awards have been distributed.

Headteacher Award nominations will begin towards the end of the half term.

Headteacher Award winners will receive a letter prior to the October half term.



Our Year 7 students this week have been presented with the 'Super 7 Challenge'. Their challenge is to fulfil the 'Joining in' aspect of their AHS Journey. Students are able to do this by taking part in as many extra curricular activities as they can, either at lunch time or after school. Students can collect a booklet from the school Merit Mart.

At the end of the half term students can then post their completed booklets in the post box at the Merit Mart, where they will be awarded house merits and winners awarded a prize.

Head of Year Award Winners

We have 100's of nominations for the first round of our Head of Year Awards. I am absolutely delighted to announce this weeks winners:



Year 8	
Mia Jbira	extremely kind towards a member of staff this week. She has shown all the school values we want to see and support at AHS.
Jaden Yang	For making a superb start to AHS! Well done Jaden, we are all so impressed!
Year 9	
Scarlet Meldrum	Well done - a perfect start back after summer and beginning of Year 9!
Wisdom Olorunfemi	Well done - a perfect start back after summer and beginning of Year 9!
Year 10	
Lily Chapman	For a fantastic start to GCSE art, showing incredible effort and detail in your first classwork-homework. Well done.
Theodore Caple	Brilliant attitude towards learning, enthusiastic and hitting year 10 head on

Year 11	
Thamires Galvao	An amazing start to year 11 science lessons!
Safeea Lalowski-Cumberland	Outstanding attitude to revision and the next set of mocks! There has been clear revision of content covered in Year 10. Well done!
Year 12	
Matty O'Connell	Had such positive feedback from the Sixth Form teaching team regarding Matty. Is settling really well and having a positive influence in form time. Well done.
Sophie Beard	Making a really positive start to Year 12. Well done!
Year 13	
Jason Xia	Amazingly positive feedback from the summer work experience placement. Well done!
Finn Cullivan	Amazingly positive feedback from the summer work experience placement. Well done!

AHS Personal Development Hub and Merit Mart

I am thrilled to announce that the AHS Personal Development Hub and Merit Mart has opened its doors again.

At the Personal Development Hub, students are able to collect information about everyday life, extra curricular activities, trips and visits and careers. There will also be a number of opportunities for students to be able to take part in 'Pupil Voice' to give feedback on a number of 'hot topics' based on the school community.

The Merit Mart is our students' happy place, where they can enquire about their merits and spend them on various items in the shop. Items include:

- Stationary
- Key Rings
- Board Games
- Books
- Water Bottles
- Vouchers
- The opportunity to enter termly raffles



Students will be able to access the Personal Development Hub in line with the Merit Mart opening times: 1.00-2.00pm, Tuesday/Wednesday/Thursday.

Extra Curricular Activities



Archbishop Holgate's School

Values, Care, Achievement

Lunchtime Clubs

Monday	Tuesday	Wednesday	Thursday	Friday
KS4+5 Chess Club Y10-13 13:30 / SC4 / Mr Tilbrook	Werewolf Card Game Y7/8 13:30/ Hi1/ Mrs Field	MFL Film Club Y7 Only 13:30 / ML4 / Miss Leplâtre	Badminton Exam Classes 13:30/ Sports Hall/ Mr Goldsmith	Anti Bullying Ambassadors All years welcome 13:30 / L34 / Mrs Kitney
Writers' Book Club All Years Welcome 3:30 - 4pm EN5 / Miss Donnell	History Society Years 11-13 13:30 / Hi2 / Mr Walker	Science Club Y7 Only 1:40 / Sc3 / Mr Bhatti		KS3 Chess Club Y7-9 13:30 / SC4 / Mr Tilbrook
	Wildlife drawing Y7/8 13:30 / Ar2 / Ms Halifax	Yayoi Kusama Art Club 1:35 / AR3 / Mrs Dugdale		PE and Sport Exam Support Y10 - 12 13:30/ IT4
	Basketball Y8 and 9 13:30/ Gym/ Mr Hartley	Werewolf Card Game Y9-11 13:30 /Hi1/ Mrs Field		
	BTEC Sport Support Y13 13:30/ Gym/ Mrs Beard			

"I have come that they may have life, and have it to the full." John 10:10



Archbishop Holgate's School

Values, Care, Achievement

After School Clubs

Monday	Tuesday	Wednesday	Thursday	Friday
Y10 - 11 Homework Club 15:15-16:00 / B51	Y10 - 11 Homework Club 15:15-16:00 / B51	Y10 - 11 Homework Club 15:15-16:00 / B51	Y10 - 11 Homework Club 15:15-16:00 / B51	Computer Gaming - All years 15:15-16:00 / B51
Y8 - 9 Homework Club 15:15 - 16:00 / B52	Y8 - 9 Homework Club 15:15 - 16:00 / B52	Y8 - 9 Homework Club 15:15 - 16:00 / B52	Y8 - 9 Homework Club 15:15 - 16:00 / B52	Y7 Homework Club 15:15-16:00 / EN 1
Badminton - All years 15:15 - 16:15 Sports Hall	Netball Y9 - 11 15:15 - 16:15 Courts	Y7 Homework Club 15:15-16:00 / EN 1	Debate Club - All years 15.20-16.20 EN9	
Netball Y7 - 8 15:15 - 16:15 Netball Courts	Boys Football Y7 15:15 - 16:15 Back Field		Needlecraft - All years 15:20-16:00 REG	
Girls Football Y9 - 11 15:15 - 16:15 Back Field	Girls Football Y7 - 8 15:15 - 16:15 Back Field		Girls Fitness - All years 15:15 - 16:15 Fitness Suite	
Rugby Y7 - 9 15:15 - 16:15 Front Field	Fitness Y9 - 11 15:15 - 16:15 Fitness Suite		Boys Football Y8 - 10 15:15 - 16:15 Back Field	
Primary Festivals Y9 15:15 - 16:15 Sports Hall	Table Tennis Y7 - 8 15:15 - 16:15 Studio		Y7 Homework Club 15:15-16:00 / EN 1	
Dance Club (Starts 21/09) All years 15:15 - 16:15 Gym	Y7 Homework Club 15:15-16:00 / EN 1			
Y7 Homework Club 15:15-16:00 / EN 1				

"I have come that they may have life, and have it to the full." John 10:10



Physical Education Department

"Equipping students with the knowledge, skills and motivation to live active, healthy lives."



Welcome back to PE everyone. We hope you enjoyed all the fantastic sport that took place over the summer and were inspired by all the amazing performances. We are all looking forward to another exciting year of sport and PE. Please look below for details you need to access PE lessons and extra-curricular activities. If you have any further questions, please feel free to contact school.

Google Classroom

P.E. Google Classroom for each class are active now. On the classroom students will be able to access general P.E. information, their Programme of Study and the Extra-Curricular Programme in the coming days. Messages about lessons will also be on this class room, so please make sure that notifications are on.



Google Classroom

Illness & Injury in P.E. Lessons

In P.E., we endeavour to provide every student with an enjoyable experience by which they progress and achieve their full potential. In doing so, our school policy for illness/injury is stated below and in line with Ofsted guidance. This policy ensures that no student is missing out on vital information and is progressing through the lessons and scheme of work with their peers. They may not be able to take part fully but they will still have a valued role within the lesson.

In the unlikely event that your son/daughter is unable to take part fully in PE lessons due to injury or illness then a signed parental note needs to be presented to their teacher at the start of the lesson. Please state the nature of their injury in your note so that the member of staff teaching your child can use their discretion as to how much the student can continue to be involved.

Despite being unable to take part fully, they may take on an officiating or coaching role or still be able to take part in moderate exercise. For example, if a student has hurt their hand and the planned lesson is Football then the student can still take part at a moderate level. If the student is unwell, again the member of staff would use their discretion to decide how appropriate the lesson plan is for the student and decide on an appropriate role for the student.

On receiving the note, we expect that all students whatever the injury or illness still get changed for PE (If they are excused from swimming, they need to bring AHS shorts and t-shirt). This is to ensure that they can, whatever the weather or activity, continue to participate in the role they are given. If a student arrives without correct kit they will be expected to wear the school's freshly washed spare kit.

This policy ensures that all students are involved in the learning process and that the student will be appropriately dressed for being outside in all weather, with their teacher (there is no alternative supervision for the students so they must remain with their allocated teacher at all times). Please be advised that girls will not be excused from PE (except for swimming lessons) suffering from period pains. Medical evidence suggests that gentle exercise eases these symptoms.

Extra-curricular P.E.

Our new extra-curricular programme for this half term is out now. Remember that our clubs are a relaxed environment with a focus on participation and enjoyment and you don't have to be selected in teams if you don't wish to be involved. You do not need to sign up to P.E. clubs, you just need to show up on the day with the correct P.E. kit for the activity. Fixtures are also back on, so if you would like to be a part of a team then make sure you attend training to be eligible for selection. If you wish your child to be available for fixtures, consent would need to be given for each fixture via Class Charts. Please make sure that you have access to the app.



Duke Of Edinburgh Bronze Award

Mr Goldsmith will be asking for names of any Year 10 student that would like to work towards achieving their Duke of Edinburgh Bronze Award this year. It is a fantastic opportunity to add this to your CV as well as learn new skills and volunteer within the school and wider community. More information to follow later this month, keep your eye on the notices and your google classroom.

Jewellery in P.E. lessons

A reminder that students should not wear any jewellery for PE. In-line with AfPE guidance, we remind students (via lessons and the newsletter) that they will be asked to remove ALL jewellery for PE lessons. This is a health and safety precaution and must be adhered to for the safety of your child and their classmates. If your child has just had their piercing done, they need to bring a note to state when they had them done and when they can be removed (usually 6 weeks). Until then you should provide tape/plasters to fully cover the piercing in the short term, however, they may not be able to take part in certain activities until the piercing is fully removed due to health and safety. Please remember that, in line with the school policy, only a single pair of plain studs and a nose stud are allowed in school and all should be removed for PE. Any cartilage piercings have to be removed for PE, so please ensure that your child is able to remove it by themselves.



Kit Reminders

Please can we remind students that everyone needs to have a **school hoodie or reversible** for their outdoor PE lessons. As the will weather start to turn cold, students need to be dressed appropriately for their lessons as we will be outside in all weathers. Students will also need to ensure that they have shin pads, navy blue football socks and boots for their football and rugby lessons due to health and safety. All PE kit is available from Keal Wear on Walmgate or through the second-hand school UNIFORMD shop. Please see the school website for more details.



EXTRA CURRICULAR PE CLUBS UP TO OCT HALF TERM.

DAY	LUNCH	Venue	Time
MON			
TUE	Basketball Year 8 & 9 (WHy) BTEC Sport Support Year 12 (Be)	Gym	1.30
WED			1.30
THU	Badminton Exam Classes Year 10, 11, 12 (Gs)	SH	1.30
FRI	PE & Sport Exam Support Year 10, 11, 12 (Gs & WHy)	IT4	1.30

After School/Plus Fixtures	Venue	Time
Dance Club All Years (Danielle) From 21/09	Gym	
Badminton All Years (Be)	SH	
Netball Year 7 & 8 (MAnn)	Courts	3.15 – 4.15
Girls' Football Year 9-11 (EWn)	Back Field	
Rugby Year 7, 8 & 9 (LBr & Gs)	Front Field	
Primary Festivals Y9 Sports Leaders (Be & Wd)	SH	3.15 – 5.00
Netball Year 9, 10 & 11 (Be)	Courts	
Boys Football Year 7 (LBr & WHy)	Back Field	
Girls' Football Year 7 & 8 (EWn)	Back Field	3.15 – 4.15
Fitness Years 9 – 11 (G)	Fitness Suite	
Table Tennis Year 7 & 8 (John & Co)	Studio	
Meetings		
Girls' Fitness All Years (EWn)	Fitness Suite	3.15 – 4.15
Boys' Football Year 8, 9, 10 (LBr & WHy)	Back Field	3.15 – 4.15

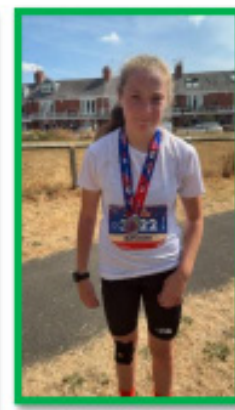
Trainers only at lunchtime and full school PE kit for after school.

Class charts needed by all students and parents for fixture consent.

Biathlon and 10K success

On Sunday 28th July Brodie, Caiden and Paislee Barrow competed in a third series of the Biathlon competition Brodie came 3rd, Caiden came 4th Paislee came 9th. Well done to all of you.

On Sunday 2nd August, Brodie also did the York 10km. She wanted to complete it in under an hour due to an injury and she completed it in 53:26. What great resilience, well done Brodie.



CITY.KICK.ABOUT.

FANCY A KICK ABOUT?



FOUNDATION

MONDAYS HUNTINGTON		THURSDAYS ACOMB	
Huntington Secondary School All Weather Pitches, Huntington Road, YO32 9WT		Energise Leisure Centre All Weather Pitches, Cornlands Road, YO34 3DX	
AGES 8 - 12 YEARS	5-6PM	AGES 8 - 12 YEARS	6.30-6.25PM
AGES 13 - 17 YEARS	6-7PM	AGES 13 - 17 YEARS	6.30-7.25PM

£1 per player

City Kickabout is a social inclusion programme offering football for all, working with various local youth partners, offering positive recreational activity & opportunities. All participants will need to provide parent/guardian contact details in case of emergency. £12's must be completed by parent/guardian. Coaches reserve the right to refuse access to the sessions if details not provided or if the player code is not followed.

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CITY.KICK.ABOUT.

ARE YOU LOOKING FOR SOMEWHERE TO PLAY FOOTIE & HAVE A KICK ABOUT?



FOUNDATION

RUNNING EVERY MONDAY & THURSDAY

at venues across York for young people aged 8 - 17

For further details call 01904 559508 or email inclusion@yorkcityfoundation.co.uk

SPONSORED BY  **Persimmon**

LNER COMMUNITY STADIUM, YORK



ENG U23 VS NORWAY U23



BUY TICKETS NOW

MONDAY 12 OCTOBER | 7.30PM

PLAYERS WANTED

HUNTINGTON ROVERS U13S BLACK



JOIN OUR U13 FOOTBALL TEAM

If your child is starting Year 8 in September and would like to be part of a welcoming, supportive local football team, we'd love to hear from you.

CONTACT US

Phone: 07852 911244

Email: hufcblack@gmail.com

Website: www.huntingtonroversfc.co.uk



 **TEAMWORK**
Plays together

 **RESPECT**
We respect all

 **ENJOYMENT**
We love the game

DEVELOPING PLAYERS. BUILDING CHARACTER. ENJOYING FOOTBALL.

School Menu - Monday 21 September

MONDAY

Gammon & Pineapple

Cheese & Onion
Quiche (v)

Served with
Oven Baked Herby
Diced Potatoes

Oaty Pear Crumble
& Custard

TUESDAY

Honey, Soy & Ginger
Sticky Chicken

Vegan Vegetable
Enchiladas (v)

Served with
Dirty Rice

Jam Sponge
& Custard

WEDNESDAY

Roast Pork

Vegetable Kiev (v)

Served with
Roast Potatoes
Yorkshire Pudding

Apple Pie
& Cream

THURSDAY

Beef Lasagne

Oven Roasted
Vegetable Lasagne (v)

Served with
Garlic Bread

Pineapple Upside
Down Cake & Custard

FRIDAY

Freshly Battered Fish

Veggie Nuggets (v)

Served with
Chips
Mushy Peas
Curry Sauce

Chocolate Sponge
& Chocolate Sauce

All served with a
selection of seasonal
vegetables.

Fresh fruit, cakes and
yoghurts are
available everyday in
the main canteen.

Fresh sandwiches,
jacket potatoes and
a hot snack option
are available from
our grab and go
counters.



If you have any questions prior or issues logging on to the webinar, please contact teww.wimtwsa@nhs.net



Speak to your parents or staff member for more information to support you joining the webinars.

ANXIETY WEBINAR

WEDNESDAY 30TH SEPTEMBER - 6PM TO 7PM

This webinar is aimed at young people and parents needing support and advice around managing anxious feeling.

WEBINAR FOCUS

- Understanding what we mean by anxiety
- Understanding different types of thoughts
- Exploring techniques for managing anxiety.
- Breathing and grounding techniques.



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JOINING INSTRUCTIONS

To join our webinar please scan the QR code and follow the instructions to join using **Microsoft Teams**. You can also join using the following details:

Meeting ID: 364 086 290 656 467
Passcode: j5jR22f9

ONLINE WEBINARS YEARLY SCHEDULE 26/27

If you have any questions please contact teww.wimtwsa@nhs.net

September	October	November	December
ANXIETY	RESILIENCE	FRIENDSHIP	SLEEP
January	February	March	April
LOW MOOD	EMOTIONS	SELF ESTEEM	EXAM STRESS
May	June	July	August
STAFF WELLBEING	TRANSITIONS	5 WAYS TO WELLBEING	TRANSITIONS

ONLINE WEBINAR AUTUMN TERM SCHEDULE 2026

WEBINAR DATES

September - Anxiety

- Wednesday 30th Sept 6pm -7pm

October - Resilience

- Monday 19th October 4pm -5pm

November - Friendship

- Monday 23rd November 4pm -5pm

December - Sleep

- Monday 7th December 4pm -5pm

Follow our **Instagram** or scan the QR code [@wellbeinginmind.mhst](https://www.instagram.com/wellbeinginmind.mhst)

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